



WELLESLEY RECREATION

Fall Programs 2020

Warren Building • 90 Washington Street • Wellesley, MA

781.235.2370 • wellesleyrec.org

Office hours: Monday - Friday 8:30am - 4:30pm

SOMETHING FOR EVERYONE @ WELLESLEY RECREATION

The Wellesley Recreation Department offers programs year round and publishes seasonal brochures for fall, winter & spring/summer programs. Registration is held four times a year.

All Recreation Department programs are self-supporting. Fees charged for programs cover the cost of materials, pay instructor salaries and help defray other costs.

The Wellesley Recreation Commission consists of five elected members, who meet regularly to review policy and procedures. The Commission welcomes community input.

A Director, Deputy Director, Associate Director, Program Coordinator, two secretaries and custodians staff the Warren Building, home of the Recreation Department. Program instructors and part time employees are hired on a seasonal basis. We are always interested in speaking to potential instructors.

All park facilities are maintained by the Park & Tree of the Wellesley Department of Public Works.

RECREATION DEPARTMENT STAFF

Matt Chin, CPRP-----Director
 Chad Norton, CPRP-----Deputy Director
 Jennifer Lawlor-----Associate Director
 TBD-----Program Coordinator
 Kris Bemis-----Secretary
 TBD-----Secretary

RECREATION COMMISSION

Paul Cramer-----Chair
 Mark Wolfson-----Vice-Chair
 Jim Rodrigue-----Member
 Laurence Stuntz-----Member

WHO TO CONTACT

For field use, Summertime Concerts and any comments or concerns:

Email: Matt Chin [mchin@wellesleyma.gov]

All programs, Morses Pond and summer jobs at the beach:

Email: recreation@ma.gov

All programs, summer camp and summer camp counselor positions:

Email: Chad Norton [cnorton@wellesleyma.gov]

For Afterschool Programs, Teen Ctr. & Middle School programs:

Email: Jennifer Lawlor [jlawlor@wellesleyma.gov]



IMPORTANT TOWN NUMBERS

Recreation Dept.-----781-235-2370
 DPW-----781-235-7600
 Health Dept.-----781-235-0135
 High School-----781-446-6290
 Middle School-----781-446-6235
 Natural Resources Comm.-----781-431-1019
 ext 2290
 Parks Dept.-----781-235-7600
 ext 2335
 School Administration-----781-446-6200

**Wellesley Recreation is located at:
 90 Washington Street, Wellesley, MA 02481
 781-235-2370 | www.wellesleyrec.org
 Monday - Friday, 8:30am - 4:30pm**



INCLEMENT WEATHER: All classes (day and evening) will be cancelled when Wellesley Public Schools are closed. If Wellesley Public Schools have a delayed opening, all Recreation Department programs WILL STILL START at their regularly scheduled time, unless you are informed otherwise. In the event that we need to cancel evening or weekend events it will be listed on our website and a message will be left on our voice mail (781-235-2370). We will also attempt to call and/or email participants who have registered for these classes.

Working with the Wellesley Board of Health, all fall programs offered have been vetted and will follow Federal, State & Local COVID -19 guidelines. ALL program participants and instructors will be required to wear a face covering during the entirety of the program.

REGISTRATION INFORMATION

REGISTRATION BEGINS

RESIDENTS
CAN REGISTER
NOW!

Due to COVID-19, we are
limiting class size &
enrollment to
residents only



Online Registration: wellesleyrec.org

The Wellesley Recreation Department encourages everyone to register for programs online if possible. However, online registration spaces will be limited, which will allow those who do not have easy access to a computer to register using other methods. You will be required to have a username and password in order to utilize the online registration. If you need assistance, please call the Recreation office during regular hours (M-F, 8:30am - 4:30pm). We HIGHLY recommend that you sign in to the online system a few days before registration to make sure that your account is working properly.

Due to COVID-19, we are limiting class size & enrollments to Wellesley residents only. *Thank you for your understanding.*

PAYMENT: By check payable to Town of Wellesley, Cash, VISA or Mastercard. NOTE: There will be a \$25 additional fee for checks returned by the bank.

COURSE CANCELLATION: Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. Full tuition will be refunded. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

AGE POLICY: Children must be the proper age on the FIRST DAY of class.

COURSE CONFIRMATION: If you provide your email address you will receive an email confirmation/receipt. If a class has reached its maximum enrollment, you can place your name on the waiting list by using the online registration system. If a class does not meet the minimum participant requirements, it will be cancelled and you will be notified. Otherwise, please plan on attending the course.

MAKE UP CLASSES: All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants' inability to attend.

SWITCHING/CHANGING CLASSES: Switching sessions, dates, or classes constitutes a withdrawal from a class and the cancellation fee applies.

TOILET TRAINED: Children must be toilet trained in order to attend any class unaccompanied by an adult.

FILLED CLASSES: You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list. We will try to offer additional classes whenever possible.

PARTICIPANT PHOTOGRAPH POLICY: Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

REFUND POLICY

If a program is scheduled to meet more than 4 times, and you notify the Rec. Dept prior to the second class, a \$20 admin fee will be deducted from your refund. No refunds or credits after the second class.

If a program is scheduled to meet 4 sessions or fewer or meets for 5 consecutive days, and you notify the Rec. Dept prior to the start of the class, a \$20* admin fee will be deducted from your refund. (*summer camps \$25). No refunds/credits anytime after five business days before the start of the class.

COOKING CLASSES: No refunds if you withdraw 3 business days or less before the first class. Withdrawal 4 business days or more before the 1st class, there will be a \$20 administrative fee.

CLASS SPECIFIC REFUND POLICY: Please note that there may be a specific refund policy for a particular class. The specific policy information will be noted in the class description or in a text box near the class description.

A FULL REFUND WILL BE GIVEN FOR A CANCELLED CLASS



facebook.com/recwellesley
instagram.com/recwellesley



YOUTH PROGRAMS

PUDDLESTOMPERS

Act. #415700 • Ages 2 - 5 • Instructor: Puddlestompers Staff

Come explore the wonders of Mother Nature this fall with your young naturalist! Call out to birds getting ready for their southerly migration! Search for insects hiding on the forest floor! Collect acorns for a squirrel feast! Twist and turn as you act out a leaf path and learn why they turn beautiful colors. Explore the various amazing open spaces Wellesley has to offer. Weekly classes include hands-on nature exploration, active movement and play, snack and a story. Younger siblings, up to age 10 months and in a backpack, are welcome. Exceptions to age groupings may be granted by PUDDLESTOMPERS to allow siblings to take class together. All classes will be held outdoors.

Location: Centennial Park • Min: 4/Max: 9 • 8 weeks

S#	Age	Day	Times	Date	Price
01	3 - 7	Tue	9:30 - 10:25 am	Sep 29 - Nov 13	\$185
02	3 - 7	Tue	10:30 - 11:25 am	Sep 29 - Nov 13	\$185

PUDDLESTOMPERS: OUTDOOR EXPLORER

Act. #415702 • Ages 5 - 8 • Instructor: Puddlestompers Staff

Outdoor Explorers program offered by PUDDLESTOMPERS! Come explore nature after school! Explore active fall leaves and discover how animals are preparing for winter. Peek inside animal skulls and feel animal fur! Discover animal homes and how they are made! We will use hands-on exploration activities, active movement and play, crafts, and stories to investigate the natural world around us. Each lesson has been created to meet Massachusetts STEM standards and is specially crafted to be fun and engaging. We will be outside and moving as we explore. Come discover the wonders of Fall with us!

Location: Warren Building • Min: 4/Max: 10 • 6 weeks

S#	Day	Times	Date	Price
01	Tue	3:30 - 4:30 pm	Oct 6 - Nov 10	\$180



AWESOME ART WORKSHOPS

Act. #421424 • Grades K - 3 • Instructor: Beth Meditz

Join a creative group of kids for 2 hours of Awesome Art activities. Get yourself “unplugged” with “Hands on” and “Hands in” ART activities! At each workshop, Artists will be presented with interesting starter bases and get to develop their own vision of their creations by choosing from a wide array of inspiring and unusual materials. Abstract and realistic works are created in a relaxed, yet exciting atmosphere. The “Fun Factor” is built into this workshop! Everyone is an Artist so come and join the fun!

Please bring a peanut free snack and a drink. Wear mess-around clothes! Different art activities presented at each workshop, so feel free to sign up for several!

Location: Warren Building • 4/3/5 weeks • Min: 3/Max: 10

S#	Day	Times	Date	Price
01	Mon	3:20 - 4:20 pm	Sep 14 - Oct 12 (No class 9/28)	\$100
02	Mon	3:20 - 4:20 pm	Oct 19 - Nov 9	\$100
03	Mon	3:20 - 4:20 pm	Nov 16 - Dec 14 (No class 11/30)	\$100
05	Tue	3:20 - 4:20 pm	Sep 15 - Oct 6	\$100
06	Tue	3:20 - 4:20 pm	Oct 13 - Nov 3	\$100
07	Tue	3:20 - 4:20 pm	Nov 10 - Dec 1	\$100
08	Tue	3:20 - 4:20 pm	Dec 1 - Dec 22	\$76
09	Wed	3:30 - 5:30 pm	Sep 16 - Oct 7	\$200
10	Wed	3:30 - 5:30 pm	Oct 14 - Nov 4	\$200
11	Wed	3:30 - 5:30 pm	Nov 18 - Dec 16 (No class 11/25)	\$200

FANTASY FAIRY HOUSES

Act. #421498 • Grades K - 6 • Instructor: Ramune Jauniskis

In a relaxed and creative environment kids will use their imagination to make magical fairy houses using a wide variety of materials including cardboard, fabric, glue, paints, lights, shells, moss and more. Please bring a snack and a smock and your imagination! Price includes all materials. To learn more about Ramune please visit: addictedtomermaids.blogspot.com. No refunds for pottery, sewing and fantasy fairy houses classes if you withdraw 3 business days or less before the first class. Withdrawal from a pottery, sewing or fantasy fairy houses class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

Location: Warren Building • Min: 4/Max: 6 • 4 weeks

S#	Grade	Day	Times	Date	Price
01	K - 5	Wed	4:15 - 5:45 pm	Sep 16 - Oct 7	\$173
02	1 - 6	Wed	4:15 - 5:45 pm	Nov 18 - Dec 16 (No class 11/25)	\$173

YOUTH PROGRAMS

BUDDING ARTIST AND A BUDDY

Act. #421401 • Ages 1.5 - 3 • Instructor: Beth Meditz

Your child and Buddy will both enjoy creative fun together. Give your child a head start with “hands on” and “hands in” exciting experiences that enhance learning and social skills. Budding Artists will enhance their self esteem and be so proud of their own artwork. They will explore a wide array of inspiring materials. Bring a take-it-home bag! Wear mess-around cloths.

Location: Warren Building • 6/7 weeks • Min: 6/Max: 10

S#	Day	Times	Date	Price
01	Wed	9:30 - 10:15 am	Sep 16 - Oct 28	\$168
02	Thu	9:30 - 10:15 am	Sep 17 - Oct 29	\$168
03	Wed	9:30 - 10:15 am	Nov 4 - Dec 16 (No class 11/11)	\$145
04	Thu	9:30 - 10:15 am	Nov 5 - Dec 17 (No class 11/26)	\$145

POTTERY & WHEEL THROWING

Act. #421412 • Ages 6 - 16 • Instructor: Ramune Jauniskis

In a relaxed and creative environment kids will learn hand building and wheel throwing techniques while having fun and sharpening their motor skills. Each week new ideas will be presented for inspiration and kids will work on the suggested projects or projects of their own choosing. All pieces will be kiln fired. Please bring a box to class on the last day to bring work home in as well as a smock for the famous “surprise project”. Price includes all materials and firing. To learn more about Ramune please visit: addictedtomermaids.blogspot.com. No refunds for pottery, sewing and fantasy fairy houses classes if you withdraw 3 business days or less before the first class. Withdrawal from a pottery, sewing or fantasy fairy house class 4 business days or more before the 1st class, there will be a \$20 admin fee.

Location: Warren Building • 4/5 weeks • Min: 2/Max: 4

S#	Day	Times	Date	Price
01	Thu	4:15 - 5:45 pm	Sep 17 - Oct 8	\$159
02	Thu	4:15 - 5:45 pm	Oct 15 - Nov 5	\$159
03	Thu	4:15 - 5:45 pm	Nov 12 - Dec 17 (No class 11/26)	\$193

AWESOME ART

Act. #421423 • Grades K - 4 • Instructor: Beth Meditz

Get “unplugged” with “Hands on” and “Hands in” ART activities! Sometimes messy, sometimes not, but always fun and creative! At each class, Artists will be presented with a starter base and develop their own vision of their creations by choosing from a wide array of inspiring and unusual materials. Abstract and Realistic works are created in a relaxed, yet exciting atmosphere. Wear mess around cloths! Bring your creative mind and expand your thinking skills.

Location: Warren Building • 5/6/7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	4:30 - 5:30 pm	Sep 14 - Oct 26 (No class 9/28, 10/12)	\$120
02	Tue	4:30 - 5:30 pm	Sep 15 - Oct 27	\$168
03	Mon	4:30 - 5:30 pm	Nov 2 - Dec 14 (No class 11/30)	\$145
04	Tue	4:30 - 5:30 pm	Nov 3 - Dec 15	\$168

PAINTING & DRAWING MODERN MASTERPIECES

Act. #421488 • Ages 6.5 - 14 • Instructor: D’Ann Hansen

In this class students will produce timeless work that will be cherished for years. These large 16” x 20” pieces of art painted on archival paper are sure to find a home on your walls! Young students use professional tools and nontoxic acrylic paints. Students gain an appreciation for different artists while learning various techniques through step-by-step visual demonstrations. The sunny Art Studio at the Rec. Center provides a perfect creative oasis! More information on D’Ann can be found at her website at dannhansen.com All materials provided with a \$35 materials fee payable to teacher. Please note that D’Ann’s dog, Mason the Corgi, will be in the classroom.

Location: Warren Building • 5 weeks • Min: 6/Max: 8

S#	Age	Day	Times	Date	Price
02	6.5 - 12	Tue	4 - 6 pm	Nov 3 - Dec 8 (No class 11/24)	\$258
05	6.5 - 14	Wed	4 - 6 pm	Oct 7 - Nov 4	\$258



FACE MASK



REQUIRED

For **ALL** classes & programs offered by this fall.

Please contact our office if you have any questions.

Working with the Wellesley Board of Health, all fall programs offered have been vetted and will follow Federal, State & Local COVID -19 guidelines. ALL program participants and instructors will be required to wear a face covering during the entirety of the program.

YOUTH PROGRAMS

DYNAMIC RUNNING

Act. #420209 • Ages 6 - 12 • Instructor: Kathy Fleming

This class will help your child reach new levels in his/her athletic abilities. Your child will not only be faster & stronger, but he/she will be empowered and confident with his new awareness of pacing, sprinting & stamina. Kathy Fleming, the former BC track & field coach, Olympic Trials finalist in the 1500m and a member of the world record Distance Medley Relay team, will share her knowledge about the key ways to build speed and endurance in young athletes. The class will also introduce some of the other track and field events like the hurdles, shot put, javelin and the long jump. The class also teaches proper hydration, stretching and drills. We end each session with a fun relay event. This will be a fun introduction to the sport of track & field and he/ she will have fun and become a better athlete overall. We conduct this course on the field at the Rec center where we have the ability to spread out and adhere to the social distance rules.

Location: Warren Building • 4 weeks • Min: 6/Max: 15

S#	Day	Times	Date	Price
01	Tue	3:15 - 4:15 pm	Oct 6 - Nov 3	\$170

(No class 11/11)

CHESS

Act. #424800 • Grades K - 5 • Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. *Don't miss this exhilarating class.*

Location: Warren Building • 10 weeks • Min: 4/Max: 10

S#	Grade	Day	Times	Date	Price
01	K - 1	Mon	4:35 - 5:35pm	Sep 14 - Nov 23	\$168
(No class 10/12)					
S#	Grade	Day	Times	Date	Price
02	2 - 5	Tue	4:35 - 5:35 pm	Sep 15 - Nov 17	\$168

GIRLHOOD

Act. #420262 • Ages 10 - 12 • Instructor: Ashley Rinaldi

Early teen girls are faced with many factors that can affect their self-esteem. Factors such as changing bodies, friendships, school as well as nutrition, finding exercise they enjoy and keeping a healthy balance can all prove to be overwhelming. Join us for an hour of comradery, empowerment, exercise and nutrition education to help keep your emerging teen happy and healthy. Please wear clothes you can exercise in and sneakers. If Fall weather permits we will exercise outside!

Location: Warren Building • Min: 6/Max: 10 • 8 weeks

S#	Day	Times	Date	Price
03	Wed	1:30 - 2:30 pm	Oct 21 - Dec 16	\$175

SHOWTIME

Act. #423999 • Grades K - 5 • Instructor: Cindy Wright

SHOWTIME! The show must go on! especially in 2020! Children will sing, dance and act to bring a story to life. Time at each class will be spent learning songs, dances and dialogue working toward a performance which will be filmed on the last day and sent to parents. The children will be assigned equitable, age appropriate roles to play. Please dress comfortably and bring a water bottle

Location: Warren Building • 6 weeks • Min: 6/Max: 10

S#	Grade	Day	Times	Date	Price
01	K - 3	Tue	3:30 - 4:30 pm	Sep 22 - Oct 27	\$106
02	K - 3	Thu	3:30 - 4:30 pm	Sep 24 - Oct 29	\$106
03	3 - 5	Tue	4:45 - 5:45 pm	Sep 22 - Oct 27	\$106

YOUNG ENGINEERS

Act. #421436 • Ages 4 - 9 • Instructor: Diane Benson

DESIGN, BUILD, TEST and IMPROVE...Do you like using your imagination to build things that solve problems? If you do, you're thinking like an engineer! Join in on the fun and take part (and take home) some great engineering projects that you are sure to enjoy! Some engineering challenges include: Balloon-Powered Car, Catapult, and MORE! Everything you create you will take home to share with your friends and family!

Location: Warren Building • 5 weeks • Min: 5/Max: 10

S#	Ages	Day	Times	Date	Price
01	4 - 6	Thu	2 - 3 pm	Sep 24 - Oct 22	\$120
02	5 - 9	Thu	3:30 - 4:30 pm	Sep 24 - Oct 22	\$120



DON'T MISS OUT ON NEW PROGRAMS OR VIRTUAL CLASSES

GET OUR WEEKLY EMAILS!

VISIT: WELLESLEYREC.ORG



YOUTH PROGRAMS

AWESOME ART DAYS!

Act. #421491 • Grades K - 4 • Instructor: Beth Meditz

Join a great group of kids and get super creative for 3 hours! Get yourself “unplugged” with “Hands on” and “Hands in” ART activities! At each 3 hour workshop, Artists will be presented with surprise starter bases and develop their own vision of their creations by choosing from a wide array of inspiring and unusual materials. Abstract and Realistic works are created in a relaxed, yet exciting atmosphere. The “Fun Factor” is always built in! Please bring a peanut free snack. Wear mess around cloths.

Location: Warren Building • 1 day class • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Tue	9 am - 12 pm	Dec 22	\$48
02	Tue	12:45 - 3:45 pm	Dec 22	\$48

CREATIVE SEWING

Act. #421452 • Ages 8 - 18 • Instructor: Ramune Jauniskis

Ramune Jauniskis brings her popular sewing class to the Wellesley Recreation Department. Students will learn both hand and supervised machine sewing while having fun and developing concentration. Sewing basics will be reviewed including threading a needle, tying a knot and basic stitching. Exciting, creative ideas will be presented for kids to work on at their own pace. Sewing is a useful practical skill that students will take pride in mastering and completed projects bring a feeling of satisfaction. Price includes all materials. To learn more about Ramune please visit: addictedtomermaids.blogspot.com. No refunds for pottery, sewing and fantasy fairy houses classes if you withdraw 3 business days or less before the first class. Withdrawal from a pottery, sewing or fantasy fairy houses class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

Location: Warren Building • 4 weeks • Min: 4/Max: 6

S#	Day	Times	Date	Price
01	Wed	4:15 - 5:45 pm	Oct 14 - Nov 4	\$173

LEGO MAKE & TAKE ENGINEERING CHALLENGE

Act. #421485 • Grades K - 4 • Instructor: Diane Benson

Join in on the fun, take part AND take home the LEGO creation you designed! Register for 1 or 2! Each afternoon will consist of both self-guided and teacher-led projects to ensure that your child is learning while having FUN!

Session 1: Balloon Powered Car

Session 2: Build & Erupt a LEGO Volcano

Location: Warren Building • 1 day class • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Fri	3:30 - 5 pm	Sep 18	\$55
02	Tue	3:30 - 5 pm	Dec 8	\$55

Holiday Fun!

LEGO ORNAMENTS

Act. #421430 • Ages 5 - 9 • Instructor: Diane Benson

Create one-of-a-kind LEGO Ornaments designed by YOU! Maybe a penguin, a rainbow, a present, a gingerbread man?...The choice is YOURS and the possibilities are endless. All of the ornaments you design and create you will take home to enjoy for years to come! Terrific memories from 2020!

Location: Warren Building • 1 Day Class • Min: 6/Max: 10

S#	Day	Times	Date	Price
01	Tue	3:30 - 5:30 pm	Dec 15	\$72

COOKIES FOR SANTA

Act. #423741 • Grades K - 4 • Instructor: Diane Benson

Let's get baking and make Santa something special this year with some kid-made cookies! He is sure to appreciate the snack break as he travels around the world! PLEASE NOTE: Eggs & dairy will be used in this class

Location: Warren Building • 1 day class • Min: 6/Max: 8

S#	Day	Times	Date	Price
01	Tue	3:30 - 5:30 pm	Dec 22	\$48
02	Wed	3:30 - 5:30 pm	Dec 23	\$48

DESIGN A GINGERBREAD HOUSE

Act. #423716 • Ages 5 - 10 • Instructor: Diane Benson

Design an edible house that will enhance your home décor and impress your friends and family. Using frosting, candies and other fun treats, you will be shown creative ways to decorate and landscape your edible home. Houses are pre-assembled and will be ready to decorate using frosting, candies and other fun treats! Participants will have over 50 different edible decorations to use!!! Please notify instructor if your child has any food allergies. PLEASE NOTE: Some candies used in this class may be made in a factory that also uses nuts.

Location: Warren Building • 1 day class • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Thu	3:30 - 5 pm	Dec 17	\$72

FACE MASK



REQUIRED

All programs & classes offered this fall are open to Wellesley residents only.

Thanks for understanding

Check us out @ wellesleyrec.org

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YOUTH PROGRAMS

TENNIS EARLY RELEASE

Act. #425200 • Ages 8 - 11 • Instructor: Mike Sabin

Instruction will cover the basic aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead and strategy. Please bring a racquet and water bottle.

Location: See below • 5 weeks • Min: 6/Max: 16

S#	Age	Day	Times	Date	Price
Hunnewell Tennis Courts • Min: 6/Max: 16					
01	8 - 9	Wed	12:30 - 1:30 pm	Sep 16 - Oct 14	\$125
02	10 - 11	Wed	1:30 - 2:30 pm	Sep 16 - Oct 14	\$125
Warren Building • Min: 6/Max: 10					
03	8 - 9	Wed	12:30 - 1:30 pm	Nov 4 - Dec 16 (No class 11/11, 11/25)	\$125
	10 - 11	Wed	1:30 - 2:30 pm	Nov 4 - Dec 16 (No class 11/11, 11/25)	\$125

THURSDAY TENNIS

Act. #425201 • Ages 5 - 11 • Instructor: Mike Sabin

This is a fun approach to learning tennis. Emphasis will be placed on developing hand eye coordination skills while providing an introduction to the game of tennis. You must provide your own racquet and bring a water bottle.

Location: See Below • 5 weeks • Min: 4/Max: 16

S#	Age	Day	Times	Date	Price
Hunnewell Tennis Courts • Min: 6/Max: 16					
01	5 - 7	Thu	3:30 - 4:30 pm	Sep 17 - Oct 15	\$125
02	5 - 7	Thu	4:30 - 5:30 pm	Sep 17 - Oct 15	\$125
03	8 - 9	Thu	5:30 - 6:30 pm	Sep 17 - Oct 15	\$125
Warren Building • Min: 6/Max: 10					
04	5 - 7	Thu	3:30 - 4:30 pm	Nov 5 - Dec 10 (No class 11/26)	\$125
05	5 - 7	Thu	4:30 - 5:30 pm	Nov 5 - Dec 10 (No class 11/26)	\$125
06	8 - 11	Thu	5:30 - 6:30 pm	Nov 5 - Dec 10 (No class 11/28)	\$125
Hunnewell Tennis Courts • Min: 6/Max: 16					
07	10 - 11	Thu	5:30 - 6:30 pm	Sep 17 - Oct 15	\$125

Check us out @ wellesleyrec.org

SUPER SCIENCE KIDS

Act. #424963 • Grades K - 6 • Instructor: Wicked Cool For Kids

Come on a learning journey! All experiments are hands-on, engaging and FUN! Everything you make you take home to share/show what you did with your family! Some experiments may include (but not limited to)...Glow in the Dark Slime, Sink or Float Snow Globe and MORE!!!

Location: Warren Building • 5 weeks • Min: 5/Max: 10

S#	Grade	Day	Times	Date	Price	S#	Grade	Day	Times	Date	Price
01	4 - 6	Thu	2 - 3 pm	Nov 15 - Dec 10 (No class 11/26)	\$120	02	K - 3	Thu	3:30 - 4:30 pm	Nov 5 - Dec 10 (No class 11/26)	\$120

TENNIS SATURDAY AM

Act. #425203 • Ages 5 - 14 • Instructor: Mike Sabin

Instruction will cover the basic aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead, and strategy. Please bring a racquet and water bottle.

Location: Sprague Tennis Courts • 4 weeks • Min: 4/Max: 16

S#	Age	Day	Times	Date	Price
01	5 - 7	Sat	9 - 10 am	Sep 12 - Oct 17 (No class 9/19, 10/10)	\$100
02	8 - 10	Sat	10 - 11 am	Sep 12 - Oct 17 (No class 9/19, 10/10)	\$100
03	11 - 13	Sat	11 am - 12 pm	Sep 12 - Oct 17 (No class 9/19, 10/10)	\$100

TEEN TENNIS

Act. #425202 • Ages 12 - 16 • Instructor: Mike Sabin

Lessons focus on different aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead, and strategy. You must provide your own racquet and bring a water bottle.

Location: Hunnewell Tennis Courts • 5 weeks • Min: 4/Max: 15

S#	Day	Times	Date	Price
01	Tue	5 - 6:30 pm	Sep 15 - Oct 13	\$160



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YOUTH PROGRAMS

KNUCKLEBONES T-BALL

Act. #423156 • Ages 2 - 6 • Instructor: KnuckleBones Staff

Knucklebones' Micro T-ball engages participants in learning to play like the big leaguers. Each class brings a steady progression of skills and game play; starting with tees, we'll progress to underhand pitching, practice fielding, understanding rules, batting technique & base running. Children will gain the essence of the game and have fun! The last day will be the most fun as the children will take on the parents/guardians in a game for bragging rights! Comfortable clothing and sneakers are required.

Location: Warren Building • 6 weeks • Min: 8/Max: 12

S#	Age	Day	Times	Date	Price
01	2 - 3	Sat	12:30 - 1:20 pm	Sep 26 - Nov 7 (No class 10/10)	\$120
02	4 - 6	Sat	1:30 - 2:25 pm	Sep 26 - Nov 7 (No class 10/10)	\$120

KNUCKLEBONES LITTLE NINJA

Act. #423157 • Ages 2 - 5 • Instructor: KnuckleBones Staff

Does your child love to run, jump, climb and tumble? Then this "play" on American Ninja Warrior is the perfect class. Each week your child will participate in stretching, elements, obstacles and games to help gross motor skills, fitness and fun. From swinging on a high bar to balance beams, climbing structures and tumbling on mats to leaping into a ball pit - your child is sure to have a blast!

Location: Warren Building • 8 weeks • Min: 8/Max: 12

S#	Day	Times	Date	Price
01	Fri	10:05 - 11:05 am	Sep 18 - Nov 6	\$136

PUDDESTOMPERS: DEC VACATION

Act. #415701 • Ages 5 - 9 • Instructor: Puddlestompers Staff

Let us lead your children in discovering the mystery of winter during PUDDESTOMPERS' December Vacation drop-off program. Winter is a magical time to explore! Come see how animals and plants are surviving the cold. Look for animal tracks and investigate other signs of winter activity. Discover who is taking a rest during the cold months and who is still out and about! Children will learn about the day's topic through hands-on investigation, active movement and play, crafts, stories, and songs. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and exploration into your home.

Location: Warren Building • 1 day class • Min: 4/Max: 8

S#	Day	Times	Date	Price
01	Mon	9 am - 1 pm	Dec 21	\$65
02	Tue	9 am - 1 pm	Dec 22	\$65
03	Wed	9 am - 1 pm	Dec 23	\$65
08	Mon	9 am - 1 pm	Dec 28	\$65
09	Tue	9 am - 1 pm	Dec 29	\$65
10	Wed	9 am - 1 pm	Dec 30	\$65

KARATE

Act. #421800 • Ages 3 - 16 • Instructor: Steve Nugent

Now celebrating 18 years in Wellesley! 10th Degree Grand Master and 4 Time World Champion Steve Nugent and his Staff bring a traditional Karate program that emphasizes listening, focus, integrity and perseverance. Children learn self-defense in a structured but fun method. Strength, speed and flexibility are all improved while the children stretch, punch and kick their way to fitness. Goal setting and the achieving of belts is all incorporated into the program. They are also taught the importance of proper nutrition, stranger awareness and academic achievement. A uniform and belt are provided free of charge!

Location: Warren Building • 13 weeks • Min: 10/Max: 10

S#	Age	Day	Times	Date	Price
01	3 - 4	Wed	3:30 - 4 pm	Sep 16 - Dec 23 (No class 11/11, 11/25)	\$312
S#	Age	Day	Times	Date	Price
02	5 - 7	Wed	4:15 - 5 pm	Sep 16 - Dec 23 (No class 11/11, 11/25)	\$312
S#	Age	Day	Times	Date	Price
03	8 - 16	Wed	5:15 - 6 pm	Sep 16 - Dec 23 (No class 11/11, 11/25)	\$312

PIANO LESSONS

Act. #425807 • Ages 8 - 15 • Instructor: Dave Medeiros

Have fun exploring the potential of electronic keyboards while focusing on the foundations of the most universally enjoyed musical instrument the piano! Beginner lessons will cover fundamentals of music theory, hand movement, and independent coordination as it applies to note reading of easy melodies. Must bring a keyboard to class.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	5 - 6 pm	Oct 19 - Dec 7 (No class 11/30)	\$150

GUITAR LESSONS

Act. #425808 • Ages 8 - 15 • Instructor: Dave Medeiros

You can stop playing "air guitar" and learn how to play the real thing! Beginner lessons introduce the challenge of musicianship while concentrating on basic music fundamentals in a relaxed atmosphere. Students will learn popular songs while focusing on note reading, chord accompaniment, and simple tuning techniques. Guitar rentals are available for an additional charge of \$50 per session payable to Dave at first class. Please contact the Recreation Department if you are interested in reserving a guitar for the class.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	4 - 5 pm	Oct 19 - Dec 7 (No class 10/12)	\$150

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YOUTH PROGRAMS

JAMES BEDE SOCCER FUN

Act. #422900 • Ages 4 - 6 • Instructor: James Bede Soccer

Fun Soccer is an excellent way to expose your young player to the game of soccer. The program is an introduction of soccer through fun games. We use lots of soccer balls to ensure no player feels left out. Our goal is to foster enthusiasm and love for movement and soccer. Your young player will develop a sense of what it means to be part of a team through positive interactions with coach and players while having fun and learning. Wear shin guards and sneakers/cleats. Remember to bring water.

Location: Warren Building • 12 weeks • Min: 10/Max: 12

S#	Age	Day	Times	Date	Price
01	5	Wed	2:50 - 3:35 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258
02	4	Wed	3:45 - 4:25 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258
03	5 - 6	Wed	4:30 - 5:15 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258

JAMES BEDE JR. ACADEMY

Act. #422956 • Ages 5 - 8 • Instructor: James Bede

Our Academy has three levels which gives your player ample time to develop and learn Smart Soccer to enable them to excel. Jr Academy I: Introduction of skills and lots of games. Jr Academy II: Skills, Introduction of drills and lots of games. Jr Academy III: Skills, drills and game understanding. Most of the learning happens during game time so your player is not even aware of the learning!

Location: Warren Building • 11/12 weeks • Min: 10/Max: 12

S#	Age	Day	Times	Date	Price
01	5 - 6	Wed Sat	5:20 - 6:20 pm 10:30 - 11:30 am (No class 9/19, 10/10, 11/11, 11/25, 11/28)	Sep 9 - Dec 19	\$462
02	6 - 7	Tue Sat	5 - 6 pm 11:30 am - 12:30 pm (No class 9/19, 10/10, 11/3, 11/28)	Sep 8 - Dec 19	\$462
03	7 - 8	Tue Sat	6 - 7 pm 12:30 - 1:30 pm (No class 9/19, 10/10, 11/3, 11/28)	Sep 8 - Dec 19	\$462

JAMES BEDE GIRL EMPOWERMENT

Act. #422999 • Ages 6 - 7 • Instructor: James Bede Staff • Location: Warren Building • 12 weeks • Min: 10/Max: 12

We are excited to offer this girls ONLY class. We will be working on the fundamental skills of soccer as well as game intelligence. Do not miss this great opportunity to progress your game to the next level! It will be intense but FUN.

S#	Day	Times	Date	Price
01	Wed	2 - 2:50 pm	Sep 9 - Dec 9 (No class 11/11, 11/25)	\$258

SUPER SOCCER STARS: TUESDAY

Act. #422925 • Ages 3 - 4.5 • Instructor: Super Soccer Stars

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Location: Warren Building • 9 weeks • Min: 4/Max: 12

S#	Age	Day	Times	Date	Price
01	3 - 4.5	Tue	10:30 - 11:15 am	Sep 15 - Nov 10	\$270

SUPER SOCCER STARS: SATURDAY

Act. #422902 • Ages 3 - 6 • Instructor: Super Soccer Stars

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Location: Warren Building • 8 weeks • Min: 3/Max: 8

S#	Age	Day	Times	Date	Price
01	3 - 4	Sat	8 - 8:45 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
02	4 - 6	Sat	8 - 8:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
03	3 - 4	Sat	9 - 9:45 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
04	5 - 6	Sat	10 - 10:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
05	4 - 5	Sat	10 - 10:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
06	5 - 6	Sat	10:20 - 11:20 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240
07	3 - 4	Sat	11:05 - 11:50 am	Sep 12 - Nov 14 (No class 9/19, 10/10)	\$240

YOUTH PROGRAMS

PREMIER HOOPS

Act. #421288 • Ages 4 - 14 • Instructor: Premier Hoops Staff

Have fun and learn the game of basketball in this incredible 6-week program. Every Monday our professional and D1 trainers will teach all players fun and unique fundamentals of ball-handling, passing, shooting, footwork, and more. This program will improve their confidence and skill set for scrimmage games at the end of each session. This program is also geared to help improve player IQ and in-game performance in other leagues they play in!

Location: Warren Building • 6 weeks • Min: 8/Max: 10

S#	Age	Day	Times	Date	Price
01	6 - 12	Tue	3:30 - 4:20 pm	Sep 15 - Oct 20	\$240
02	4 - 5	Wed	2:35 - 3:05 pm	Sep 16 - Oct 21	\$240
03	6 - 9	Wed	3:20 - 4:10 pm	Sep 16 - Oct 21	\$240
04	10 - 14	Wed	4:25 - 5:15 pm	Sep 16 - Oct 21	\$240
05	4 - 5	Mon	2:35 - 3:05 pm	Oct 19 - Nov 23	\$240
06	10 - 14	Mon	4:25 - 5:15 pm	Oct 19 - Nov 23	\$240

FACE MASK



REQUIRED

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Thanks for understanding

DO THIS NOW!

Sign up for our weekly emails. We add new classes all the time (both virtual & in person)

Sign up by visiting wellesleyrec.org and click on "Subscribe To News"

Also...follow us on Facebook & Instagram

Saturday Workshops!

All workshops will be held at the Warren Building
Instructor: Ramune Jauniskis • Cost: \$40/person
Activity # for all workshops: #421453 • Min: 2/Max: 6

Duct Tape Wallet Workshop

Join us for this one day workshop and make something that practical and fun to make. All supplies will be provided.

S# 01 • Ages: 5 - 18 • Saturday, Sept. 19 • 11 am - 12:15 pm

Sewing Workshop Cat Fanny Pack

In this one day workshop kids will make a cute and functional fanny pack using hand and supervised machine sewing. All supplies will be provided.

S# 02 • Ages: 6 - 10 • Saturday, Sept. 26 • 11 am - 12:15 pm

Pirate Workshop

Step into the fantasy pirate world for this one day workshop where we will make a pirate hat and buried treasure map. All supplies are included. Come join the fun!

S# 03 • Ages: 6 - 10 • Saturday, Oct. 3 • 11 am - 12:15 pm

Kaleidoscope Workshop

Believe it or not you can make a kaleidoscope that actually works! Come and find out how in this one day workshop. All supplies included.

S# 04 • Ages: 6 - 10 • Saturday Oct. 10 • 11 am - 12:15 pm

Doodling, Stamping & Embossing Workshop

Come and join us for some relaxing doodling with yummy gel pens and learn how to emboss your rubber stamped images. All supplies included.

S# 05 • Ages: 6 - 10 • Saturday Oct. 17 • 11 am - 12:15 pm

Tie Dye T-shirts Workshop

PLEASE INCLUDE CHILD'S SHIRT SIZE WHEN REGISTERING

Make a great looking t-shirt while having a lot of fun and learning about tie dye. All supplies included

S# 06 • Ages: 8 - 18 • Saturday, Oct. 24 • 11 am - 12:15 pm

Collage & Decoupage Workshop

Come join us for a relaxing hour of collage and decoupage while making a beautiful treasure box. All supplies will be provided.

S# 07 • Ages: 8 - 18 • Saturday, Oct 31 • 11 am - 12:15 pm

Pop Up Workshop

Pop up cards are so much fun to make. Come join us for the fun and learn how paper engineering works. Shhhh! Don't tell anyone the secret. All materials will be provided.

S# 08 • Ages: 8 - 18 • Saturday, Nov. 7 • 11 am - 12:15 pm

YOUTH PROGRAMS

HOME ALONE SAFETY

Act. #431503 • Ages 9 - 11 • Instructor: Juanita Allen

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. Please bring a snack.

Location: Warren Building • 1 day class • Min: 6/Max: 10

S#	Day	Times	Date	Price
01	Tue	3:30 - 5 pm	Sep 29	\$48

DINING ETIQUETTE & TABLE MANNERS

Act. #431562 • Grades 2 - 12 • Instructor: Nikki Sawheny

Like to take your school aged children out to eat with you at a fine dining or a large social event but you're a little afraid how they might behave? Present your child with the opportunity to feel self-reliant and confident in any social or dining situation by taking interactive lessons taught by a certified etiquette consultant. Our workshop is designed to teach them how to conduct themselves on the dining table at home, in a restaurant or when meeting new people. Teaching children proper dining skills and table manners helps them to succeed at school, socially, and later, professionally.

- Approaching and seating at the table • The napkin & its uses
- Understanding place setting • How to correctly hold silverware
- The bread & butter plate • The soup course
- Proper use of silverware • American & Continental styles of dining
- Passing food at the table • What to do with unwanted food
- Appropriate table conversation • Excusing yourself from the table
- And so much more!

Introduce your child to proper table manners and dining etiquette today and help build their confidence for any social situation tomorrow! For more information visit www.newenglandsofprotocol.com.

Location: Warren Building • 1 day classes • Min: 5/Max: 10

S#	Grade	Day	Times	Date	Price
01	2 - 12	Mon	4 - 5:30 pm	Sep 21	\$65
02	2 - 12	Sat	11 am - 12:30 pm	Oct 3	\$65
03	2 - 12	Mon	4 - 5:30 pm	Oct 19	\$65

SOCIAL SKLZ

Act. #431589 • Ages 8 - 13 • Instructor: Juanita Allen

In SocialSkLz, we'll cover: Non-verbal and verbal aspects of a first impression, Mastering the handshake, Greeting others and making introductions, Small Talk, Initiating and maintaining conversations.

Location: Warren Building • 1 day class • Min: 4/Max: 8

S#	Age	Day	Times	Date	Price
01	8 - 12	Tue	3:30 - 5 pm	Oct 6	\$60
02	9 - 13	Thu	3:30 - 5 pm	Oct 8	\$60

BABYSITTER'S TRAINING

Act. #431504 • Ages 11 - 15 • Instructor: Alice Wadley

Babysitter's Training with American Heart Association Family and Friends CPR is a 5-hour course that teaches students in grades 5-8 the fundamental skills necessary to provide safe and responsible care for infants and children.

Course content: Injury & accident prevention, choking rescue, adult & pediatric CPR & AED use, basic first aid skills, child care routines (including bottle feeding & diapering practice), positive behavior management, problem solving techniques, and business basics (including resume writing, setting fees, and professionalism). Course materials: pocket first aid kit, drawstring bag, folder with course reference materials and American Heart Association Family and Friends student manual.

Certification: Upon successful completion students will receive an American Heart Association Family and Friends CPR e-Certificate and Babysitter's Training e-Certificate.

Location: Warren Building • 1 day class • Min: 8/Max: 10

S#	Day	Times	Date	Price
02	Sat	10 am - 3 pm	Oct 17	\$120
03	Sat	10 am - 3 pm	Dec 5	\$120

DINING ETIQUETTE: Prep for the holidays

Act. #431563 • Grades 2 - 12 • Instructor: Nikki Sawheny

Holidays are a stressful time of the year and we can all use a little help to brush up on our etiquette, especially children. The aim of this 90-minute workshop is to teach children how to convey confidence, courtesy and be self-reliant in any social or dining situation. During this workshop the students will learn the following:

- The importance of greeting others • Passing food at the table
- Behaving appropriately at other people's homes • The napkin and its use
- Appropriate table conversation • Using "please" and "thank you"
- Respecting dress code
- Approaching and seating at the table
- Understanding place setting
- How to correctly hold silverware
- The bread & butter plate • The soup course
- Proper use of silverware
- American & Continental styles of dining
- What to do with unwanted food
- Other table manners & much more

Location: Warren Building • 1 day classes • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Sat	10 - 11:30 am	Nov 7	\$65
02	Sat	10 - 11:30 am	Dec 12	\$65
03	Fri	4 - 5:30 pm	Dec 18	\$65



facebook.com/recwellesley
instagram.com/recwellesley



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ADULT PROGRAMS

FIERCE WOMENS BOOTCAMP

Act. #441802 • Instructor: Derith Cass

Come join the FIERCE tribe and workout with other amazing women, who want to get stronger both physically and mentally! The positive support and encouragement of Coach D will have you push yourself to reach new goals, all while laughing and connecting with other women! Coach D is much more than a fitness coach and is a cheerleader for every woman at every skill level. Sign up with a friend or come meet new ones at this 8 week training program outdoors at Warren Park. It is a workout that will leave you feeling connected, empowered and FIERCE!

Location: Warren Building • 8 weeks • Min: 10/Max: 10

S#	Day	Times	Date	Price
01	Thu	9:45 - 10:30 am	Sep 17 - Nov 5	\$160

GO AFTER IT FITNESS

Act. #440406 • Ages 18+ • Instructor: Ashley Rinaldi

What does “Go After It Fitness” mean? It is our motto to building a stronger you inside and out! Join us for an hour of a boot camp style workout with a catch! Unlike many other boot camp classes, this 8-week session will include a strong focus on nutrition education. Each session will include a modifiable heart pumping workout and nutrition talk. We don’t believe in fad diets so all education will be focused on portion size and lifestyle balance. Our certifications and degrees in Personal Training and M.Ed in Nutrition Education will get you headed towards achieving your goals. Come dressed to work out and don’t forget your water and a mat. All COVID precautions will be adhered to with spacing, sanitizers and masks when necessary. Masks will be required to be worn at all times for this class.

Location: Warren Building • 1 day class • Min: 3/Max: 8

S#	Day	Times	Date	Price
01	Tues & Thu	10:15 - 11:15am	Oct. 20 - Dec 17 (No class 11/26)	\$235



FACE MASK



REQUIRED

All programs & classes offered this fall are open to Wellesley residents only.

Thanks for understanding

FUSION FIT - FIRST CALL

Act. #440450 • Instructor: Bitsy Graham

An innovative combination of cardio, core, strength work, balance and flexibility, all choreographed and set to fun, funky, upbeat music. Class incorporates hand weights, pilates rings, dynabands, ankle bands & balance pads. Strong body, strong bones, strong mind!!!!

Location: Warren Building • 13 weeks • Min: 10/Max: 12

S#	Day	Times	Date	Price
01	Tue, Thu, Fri	6 - 7 am	Sep 22 - Dec 18 (No class 11/3, 11/26)	\$360

FUSION FIT

Act. #440400 • Instructor: Bitsy Graham

An innovative combination of cardio, core, strength work, balance and flexibility, all choreographed and set to fun, funky, upbeat music. Class incorporates hand weights, pilates rings, dynabands, ankle bands & balance pads. Strong body, strong bones, strong mind!!!!

Location: Warren Building • 13 weeks • Min: 10/Max: 12

S#	Day	Times	Date	Price
01	Mon, Wed, Fri	8:45 - 9:45 am	Sep 21 - Dec 18 (No class 10/12, 11/11)	\$360
03	Tue, Thu	8:45 - 9:45 am	Sep 22 - Dec 17 (No class 11/3, 11/26)	\$240

ACRYLIC PAINTING

Act. #441455 • Instructor: D’Ann Hansen

Come and give your creative mind some time to play! By using right brain drawing strategies and step-by-step visual demonstrations, students will successfully draw and paint pieces inspired by Modern Masters or Contemporary Painters. Students use the finest grade acrylics on archival paper. These paints are a joy to use with a thick and buttery consistency and a very forgiving nature! All levels of experience are welcome, including those who have never picked up a paint brush. All classes held in the sunny art studio in the Warren Building, 90 Washington St. More information on D’Ann can be found on her website: dannhansen.com All materials provided with a \$35 materials fee payable to teacher. Please note that D’Ann’s dog Mason will be in the classroom 🐶

Location: Warren Building • 5/4 weeks • Min: 6/Max: 8

S#	Day	Times	Date	Price
01	Tue	10 am - 12 pm	Sep 22 - Oct 20	\$260
02	Tue	10 am - 12 pm	Nov 3 - Dec 8 (No class 11/24)	\$260
04	Wed	10 am - 12 pm	Oct 28 - Dec 9 (No class 11/11, 11/25)	\$260

Check us out @ wellesleyrec.org

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ADULT PROGRAMS

PIANO LESSONS

Act. #445801 • Instructor: Dave Medeiros

An introduction to musicianship through piano/keyboard, these are absolute beginner lessons focusing on the fundamentals of music theory, note reading and independent hand coordination. Building from easy traditional melodies, students will venture into popular, boogie and blues styles. Songbook and handouts provided.

Location: Warren Building

7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	7 - 8 pm	Oct 19 - Dec 7 (No class 11/30)	\$150

GUITAR BEGINNER

Act. #445802 • Instructor: Dave Medeiros

Whether you're an absolute beginner or someone who can strum a few chords or songs, you'll enjoy learning to play the guitar. Our easy approach makes it fun. Instruction will focus on basic theory, reading chord forms, strum patterns and picking styles, and how they apply to popular songs in the folk, rock, blues and country idioms. A limited number of guitar rentals are available at an additional cost of \$50 (for the duration of the course) payable to Dave at first class. Please reserve your guitar when you register. A method/song book will be provided by Dave.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	6 - 7 pm	Oct 19 - Dec 7 (No class 10/12)	\$150

GUITAR CONTINUING

Act. #445803 • Instructor: Dave Medeiros

Instruction will continue with theory, note reading and chord forms. We will concentrate on more complex strum patterns, right hand rhythms, and moving bass lines with chord accompaniment and melody. These techniques along with some classic guitar riffs should have you ready for open mic night! Continuing students should have completed "Beginning Guitar" or have knowledge in sight-reading and chord forms.

Location: Warren Building • 7 weeks • Min: 5/Max: 10

S#	Day	Times	Date	Price
01	Mon	8 - 9 pm	Oct 19 - Dec 7 (No class 10/12)	\$150

PUPPY KINDERGARTEN

Act. #444602 • Instructor: Vera Wilkenson

Create the dog of your dreams! This five week class for puppies under five months of age on the first day of class is a life preparation class designed to teach puppy guardians how to address everyday situations now so to prevent behavior problems later. Learn exactly how to respond to puppy nipping, jumping, inability to be left alone, fearfulness, etc. Please bring your puppy, puppy food and treats and proof of vaccinations to the first class.

Location: Warren Building • 5 weeks • Min: 6/Max: 10

S#	Day	Times	Date	Price
01	Mon	6:30 - 7:20 pm	Sep 14 - Oct 19 (No class 10/12)	\$145
02	Mon	6:30 - 7:20 pm	Nov 2 - Dec 7 (No class 11/30)	\$145

DOG OBEDIENCE 1

Act. #444600 • Instructor: Vera Wilkenson

Love your dog but not all of his behavior? In this five week class for dogs over five months of age, you will learn how to solve the challenges you have at home and out and about. Your dog will learn to respond to your direction rather than jump on your visitors; walk at your side; come when called and more. You will learn to read dog body language to better advocate for your dog, other dogs and people in social settings. This is not a class for reactive or aggressive dogs. Please bring your dog, treats and proof of vaccinations to the first class.

Location: Warren Building • 5 weeks • Min: 6/Max: 10

S#	Day	Times	Date	Price
01	Mon	7:30 - 8:20 pm	Sep 14 - Oct 19 (No class 10/12)	\$145
02	Mon	7:30 - 8:20 pm	Nov 2 - Dec 7 (No class 11/30)	\$145



**DON'T MISS OUT ON
NEW PROGRAMS OR
VIRTUAL CLASSES**

**GET OUR
WEEKLY EMAILS!**

VISIT: WELLESLEYREC.ORG

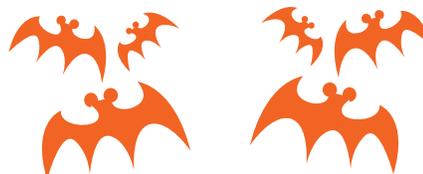
FACE MASK



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ADULT PROGRAMS

TENNIS: Intermediate & Advanced

Act. #445201 * Ages 15+ • Instructor: Mike Sabin & Staff

This class is for the player who is looking to develop their court strategy and improve technique. We will also work on stroke positioning, volley and serve. Please bring a tennis racquet. Classes cancelled due to inclement weather, will be added on at the end of the session. Reduced price for players who have purchased tags.

Location: Hunnewell Tennis Courts • 5 weeks • Min: 6/Max: 16

S#	Day	Times	Date	Price
01	Tue	10:30 am - 12 pm	Sep 15 - Oct 13	\$170
02	Thu	6:30 - 8 pm	Sep 17 - Oct 15	\$185
03	Fri	10:30 am - 12 pm	Sep 18 - Oct 16	\$170

TENNIS: Beginner

Act. #445205 • Ages 15+ • Instructor: Mike Sabin & Staff

This is an introduction to the sport covering the most basic aspects: fore-hand, backhand, serve and learning the rules of the game. Please bring a tennis racquet. Classes cancelled due to inclement weather, will be added on at the end of the session. Reduced price for players who have purchased tags.

Location: Hunnewell Tennis Courts • 5 weeks • Min: 6/Max: 12

S#	Day	Times	Date	Price
01	Tue	9 - 10:30 am	Sep 15 - Oct 13	\$170
02	Wed	6:30 - 8 pm	Sep 16 - Oct 14	\$185
03	Fri	9 - 10:30 am	Sep 18 - Oct 16	\$170

TENNIS DRILL & PLAY

Act. #445225 • Instructor: Mike Sabin & Staff

This class will include fast paced drilling with a hitting partner and then match play. Classes canceled due to inclement weather, will be added on at the end of the session

Location: Hunnewell Tennis Courts • 5 weeks • Min: 6/Max: 20

S#	Day	Times	Date	Price
01	Wed	9:30 - 11 am	Sep 16 - Oct 14	\$170

CARDIO TENNIS

Act. #445289 • Instructor: Mike Sabin & Staff

A fast paced, fun way to get your heart pumping and hit a lot of balls. Instructors will construct drills designed to get you moving around the court, and hitting a variety of shots. Emphasis on the movement, less instructional, and is open to all who have played tennis before, from advanced beginners on up.

Location: Hunnewell Tennis Courts • 5/4/weeks • Min: 10/Max: 20

S#	Day	Times	Date	Price
01	Wed	8 - 9 am	Sep 16 - Oct 14	\$115
02	Fri	8 - 9 am	Sep 18 - Oct 16	\$115
03	Mon	6 - 7 pm	Sep 14 - Oct 5	\$92

ROUND ROBIN TENNIS

Act. #445290 • Instructor: Mike Sabin & Staff

A chance to meet new players and work on your game in a fun, social atmosphere. One of our tennis coaches will be there to provide balls and coordinate groupings that will produce even matches. After a period of time, you'll get to play with a new group. Open to many levels of players, you need to know basics of strategy and scoring.

Location: Hunnewell Tennis Courts • 2 weeks • Min: 10/Max: 20

S#	Day	Times	Date	Price
01	Mon	7 - 8:30 pm	Sep 14 - Oct 5	\$87

(No class 9/30, 10/14)



FACE MASK



REQUIRED

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Thanks for understanding



More info on the great program for kids in the fall! Sign up for emails so you don't miss out!



Don't miss out on new programs or virtual classes! Get our weekly emails! Visit: wellesleyrec.org

Wellesley Recreation is located at:
90 Washington Street, Wellesley, MA 02481
781-235-2370 | www.wellesleyrec.org
Monday - Friday, 8:30am - 4:30pm

Working with the Wellesley Board of Health, all fall programs offered have been vetted and will follow Federal, State & Local COVID -19 guidelines. ALL program participants and instructors will be required to wear a face covering during the entirety of the program.

ADULT PROGRAMS

POTTERY

Act. #441414 • Ages 15+ • Instructor: Ramune Jauniskis

Learn hand building and wheel throwing techniques in a relaxed and encouraging environment. Each week new ideas and techniques will be presented for inspiration. Students are free to work on their own ideas or on suggested projects. No experience is necessary all are welcome. All work will be kiln fired. Price includes materials and firing. To learn more about Ramune please visit: addictedtomermaids.blogspot.com. No refunds for pottery, sewing and fantasy fairy houses classes if you withdraw 3 business days or less before the first class. Withdrawal from a pottery, sewing or fantasy fairy houses class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

Location: Warren Building • 4/5 weeks • Min: 6/Max: 8

S#	Day	Times	Date	Price
01	Thu	12 - 1:30 pm	Sep 17 - Oct 8	\$159
02	Thu	12 - 1:30 pm	Oct 15 - Nov 5	\$159
03	Thu	12 - 1:30 pm	Nov 12 - Dec 17 (No class 11/26)	\$193

DUMPLINGS AROUND THE WORLD

Act. #443797 • Ages 16+ • Instructor: Roberta Hing

Oh, those magical pockets of delicious dough! Found in any country of the world, dumplings can be sweet or savory -- filled with meat or vegetables -- and their shapes are endless! Come explore dumpling favorites from around the globe. Participants will create the Latin American and Spanish favorite, Empanadas - the flakiest crust wrapped around a savory meat filling. Next, move on to the pride of Poland, Pierogi -- dumplings filled with potato, caramelized onions and mushrooms. The class rounds out with the Salvadoran street food--Pupusas. These crispy, cheese filled dumplings made with masa dough are the perfect portable snack. At the end of class, we'll eat our creations and debate our favorites. If you prefer not to eat in the classroom, please bring a container to take your food home with you.

Location: Warren Building • 1 day class • Min: 3/Max: 8

S#	Day	Times	Date	Price
01	Thu	10 am - 12:30 pm	Nov 5	\$60



ALEXANDER TECHNIQUE:

For improving posture & relieving pain

Act. #442602 • Instructor: Jill Geiger

Interested in improving your posture, moving with ease, and relieving stiffness, pain, and tension? Poor posture, stress, and neck/back/shoulder pains are often caused by unrecognized habits of muscular tension. By teaching how to recognize and unlearn these common habits, the Alexander Technique provides the means to restore innate good posture, balance and poise, enabling you to look and feel better and move with ease. For over 120 years, performers, athletes, and individuals of all ages have used this educational method to improve performance of all activities and reduce tension and stress. Its effectiveness in enabling long-term relief from chronic pain is supported by research. This class will introduce the technique: its history, principles and application to everyday activities. Class includes one private lesson in instructor's Newton office.

Location: Warren Building • 1 day class • Min: 3/Max: 10

S#	Day	Times	Date	Price
01	Thu	7 - 9 pm	Sep 30	\$55

FRESH RICOTTA & ITALIAN FAVORITES

Act. #443799 • Ages 16+ • Instructor: Roberta Hing

Join us in a hands-on Italian culinary experience that starts with learning to make fresh ricotta along with a sweet and savory onion jam for our crostini. Next we'll make arancini. These crispy fried risotto balls will be stuffed with goat cheese or mozzarella. You'll finish off with "dolci" by making Individual apple crostatas with fresh whipped cream. At the end of class, we'll eat our creations. If you prefer not to eat in the classroom, please bring a container to take your food home with you.

Location: Warren Building • 1 day class • Min: 3/Max: 8

S#	Day	Times	Date	Price
01	Thu	6:30 - 9 pm	Oct 22	\$60



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NEW PROGRAMS OR
VIRTUAL CLASSES**

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