

DIRECTOR'S REPORT

Deborah Greenwood, Director of Senior Services, Prepared for: February 20, 2025

ADMINISTRATION

JANUARY 2025

Enrollment

During January the COA acquired 27 new patrons – 13 are Wellesley residents and 14 are non-residents. Of these, 10 are in the 60-69, 9 in the 70-79 age group, and 8 are in the 80+ age group. Additionally, 14 patrons are female and 13 are male. Of the 728 registered patrons, 506 were Wellesley residents and 222 were non-residents.

Sign-Ins/Attendance

We had 4276 Total Event Sign-Ins with 728 active patrons for the entire month.

Programming Stats

- Community Education - 141 (88 unduplicated)
(KevTech, MAC Center, Scam and ID Theft)
- Cultural – 607 (252 unduplicated)
(Art classes, World History Groups, Terrarium Gardening, etc.)
- Fitness Center usage - 438 (90 unduplicated)
- Fitness Instruction - 721 (137 unduplicated)
(Yoga, Cardio Dance, Chair Yoga, Core and More
Fit For Life, Hi-Low, Pilates, Yoga for Better
Balance, and Seated Strength and Balance)
- Wellness/Health Education - 77 (71 unduplicated)
(Keep Well Clinic, Series of Mindfulness, Podiatry Clinic)
- IT Tech Assistance – 8 (5 unduplicated)
- Recreation/Socialization – 1286 (341 unduplicated)
(Bingo, Bridge, Comedy, Cribbage, Drop-Ins, Ping Pong, Movies
Café Visits and Musical Events)
- Outreach - 129 (40 unduplicated)
(Men In Retirement, Women in Retirement
Social Connections)
- Group Support - 38 (25 unduplicated)
(Community Bears, Coffee with the WPD)
- Day Trips, Congregant Meals – 59 (59 unduplicated)
(Chinese New Year)
- SHINE appointments – 8 (8 unduplicated)
- Lunch Attendance – 286 (69 unduplicated)

Gifts:

\$636.42	Friends of the Wellesley COA	Coffee Subsidy January 2025
\$852.00	Friends of the Wellesley COA	Lunch Subsidy January 2025
\$130.00	Almira Simons Fund	Programming/Scholarship January 2025
\$1443.00	Almira Simons Fund	Simons Lunch January 2025
\$100.00	Rusell and Alana Askey	General Donation in Memory of Walter Woods
\$20.00	Harriet Thompson	General Donation
\$50.00	Kwok Fai Lui	General Donation In Memory of Frank Lam

Non- Monetary Gift

Michael Maggard	Puzzles
Betty Wang	Desserts for Chinese New Year 2025

Date	Amount	January Transfers	Charge	Credit
2/7/2025	\$ 2,295.00	Lunch Transfer	29541152-557020- CLNT	28054138-48900- TP014
2/7/2025	\$ 40.00	Art/One Day Workshops Transfer	29541152-557020- CLNT	28054138-48900- TP028
2/7/2025	\$ 60.00	Watercolor Classes Transfer	29541152-557020- CLNT	28054138-48900- TP024
2/7/2025	\$ 5.00	Chair Yoga Transfer	29541152-557020- CLNT	28054138-48900- TP049
2/7/2025	\$ 20.00	Hi Lo Fitness Transfer	29541152-557020- CLNT	28054138-48900- TP064
2/7/2025	\$ 5.00	Yoga for Better Balance Transfer	29541152-557020- CLNT	28054138-48900- TP003
	<u>\$ 2,425.00</u>			

PROGRAMMING

January 2nd – Steve Sweeney

The New Year kicked off with one of Boston's most sought-after comedians, **Steve Sweeney**! His one-hour comedy show brought non-stop laughter, echoing throughout the building. The **max attendance** event even caught the attention of *The Swellesley Report*.

January 6th – Kev Tech

Kev Tech continues to be a **patron favorite**, with every class reaching capacity. His sessions help seniors make the most of their smartphones, covering topics such as photos, texting, apps, contacts, and new features. Kev Tech will continue **twice a month** throughout the year.

January 7th – Astronomy with Jim McLaren

Lecturer **Jim McLaren** delivered a fascinating talk on astronomy, featuring stunning images from the **James Webb and Hubble telescopes**. Patrons were captivated, and he will be invited back for future presentations.

January 9th – Terrarium Gardening

This hands-on workshop, presented by **Therapy Gardens**, allowed patrons to build **mini terrariums** using materials supplied by the vendor. While no patrons expressed concerns, staff noted that the mini terrariums might have been a bit too small. We provided feedback to the vendor for future sessions.

January 15th – Molasses: From Slave Trade to the Great Flood

Author **Anthony Sammarco** delivered an engaging talk on the **1919 Boston Molasses Flood**, covering the history of the molasses trade and its impact on New England. His storytelling was a hit, and he will be invited back to discuss more of his New England-themed books.

January 16th – "May I Have a Word with You?" (NEW)

Patron **Jeff Zupon** introduced a new **word game activity**, which was an instant success! The **maxed-out** event provided a fun opportunity for patrons to enjoy wordplay with friends.

January 22nd – Scam ID and Theft Awareness with DA Morrissey

This interactive **bingo-style** event, hosted by the DA's office, educated patrons on scams and identity theft. As the presenter covered key scam topics, attendees marked their bingo cards. Winners received **Dunkin' gift cards**, and everyone walked away with valuable scam-prevention knowledge.

January 27th – Mindfulness with Neil Montenko

This free monthly **Zoom program**, led by **Neil Montenko**, helps patrons stay centered by exploring ways to manage stress and change.

January 28th – Fascinating Fungi

Mass Audubon's **Tia Penny** delivered an insightful talk on **mushrooms**, covering their role in nature, how they function, and why they matter.

January 31st – Chinese New Year: Year of the Snake

This year's **Chinese New Year celebration** featured a special highlight—a **traditional lion dance** performed by the **Asian American Cultural Center**! Patrons enjoyed a beautifully decorated event space, traditional Chinese fare, and a lively atmosphere filled with cultural appreciation. The **local Chinese community** played a key role in bringing the event to life.

SOCIAL WORK/OUTREACH

January 2025

TOTAL	<i>Unduplicated residents served</i>	<i>Almira Simons Approved</i>			
Jan	32	2			
MONTH	<i>Social Connections (Attendance 1x/wk.)</i>	<i>Women in Retirement (Attendance 2x/mo.)</i>	<i>Men in Retirement (Attendance 1x/wk.)</i>	<i>Senior Work Off Tax Relief</i>	<i>FUEL Assistance Consults</i>
Jan	37	11	24	3	3
MONTH	<i>In- Office Consults</i>	<i>Telephone Consults</i>	<i>Home Visits</i>	<i>Email referrals</i>	
Jan	9	23	7	26	

The Health & Social Services Administrator works with Wellesley seniors and their families to help individuals navigate challenges and life changes. Consultations are provided via telephone or in person, as requested. The level of time and complexity varies by each situation and crisis level. Common concerns involve topics such as financial distress, family dynamics, anxiety, depression, increasing cognitive impairment, housing issues, and coping with various medical diagnosis.

TRANSPORTATION

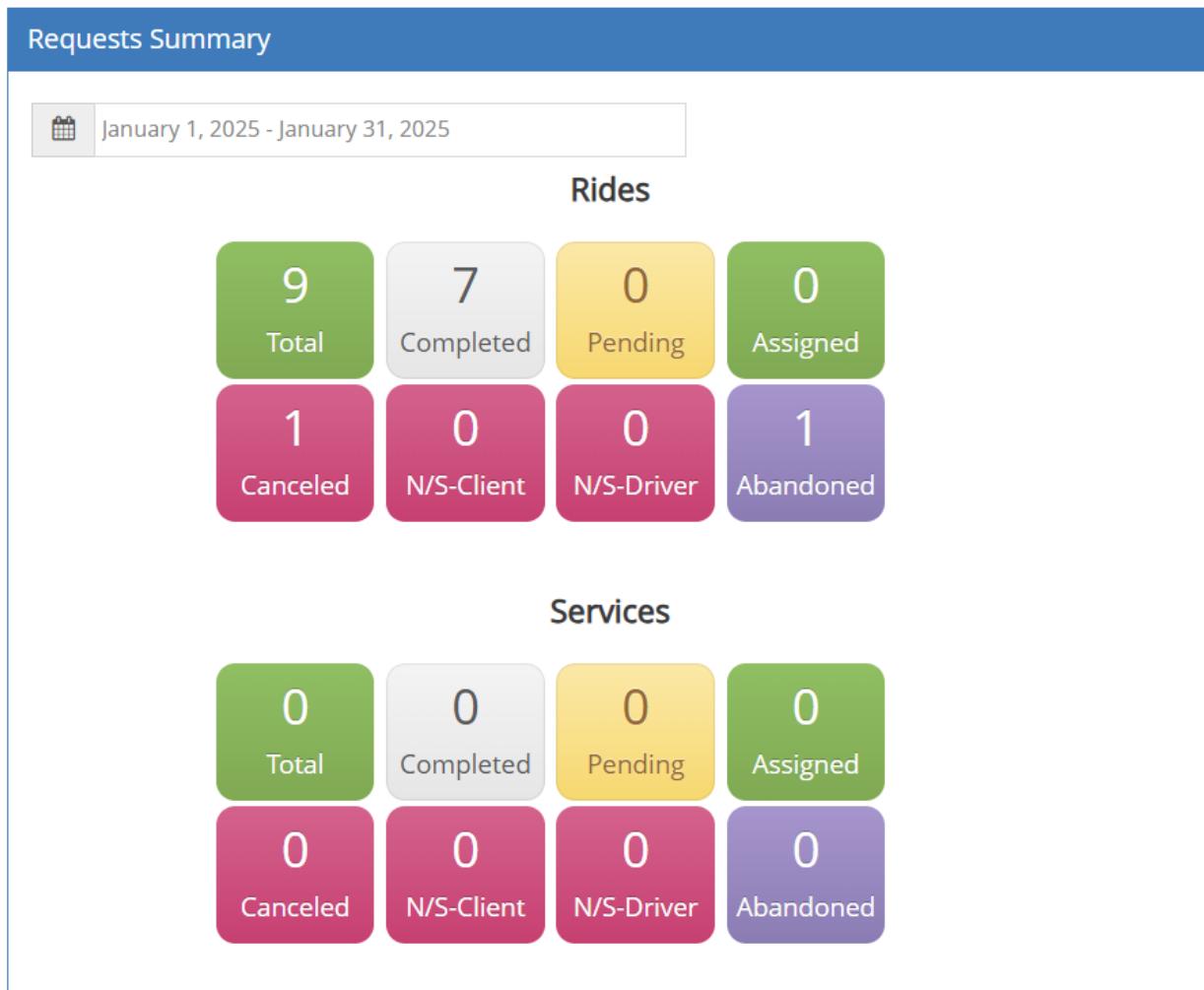
Pick Address1	Pick City
Washington St	WELLESLEY
UNION ST	NATICK
Market PLACE DR	WALTHAM
Chestnut St	NEEDHAM
Chestnut St	NEEDHAM
Worcester Rd	FRAMINGHAM
Rosemary St	NEEDHAM
Washington St	WELLESLEY
Worcester St	WELLESLEY
Walnut St	WELLESLEY
Washington St	WELLESLEY

WALNUT ST	WELLESLEY
Linden St	WELLESLEY
WASHINGTON ST	NEWTON LOWER FALLS
Washington St	WELLESLEY
WASHINGTON ST	WELLESLEY
Washington St	WELLESLEY

Date of Trip Number of Rides

1/2/2025	3
1/3/2025	7
1/6/2025	6
1/7/2025	6
1/8/2025	8
1/9/2025	1
1/10/2025	7
1/13/2025	7
1/14/2025	8
1/15/2025	6
1/16/2025	3
1/17/2025	6
1/21/2025	7
1/22/2025	6
1/23/2025	3
1/24/2025	5
1/27/2025	1
1/28/2025	7
1/29/2025	8
1/30/2025	6
1/31/2025	4
Total Trips	<u>115</u>

Volunteer Driver Program January 2025



VOLUNTEER

Several new volunteers were brought on board during January to fill openings for our lunch and Greeter weekly recurring positions. As our lunch numbers continue to grow, it is important to have a good list of volunteers willing to help when needed. Lunch and Special events continue to be rewarding volunteer opportunities that are easy to fill. Greeters also play a critical role in capturing accurate attendance for programs and exercise classes.

We are delighted to add JoAnn Miles to our Library Care team. Her experience as a Circulation Specialist at the Wellesley Free Library is an excellent addition to our volunteer team. Our volunteer Chinese Translator, Michelle Fang, was instrumental in helping the Asian Community sign up and attend our annual Chinese New Year Event. The guests especially loved the performance by the Chinese Lion Dancers.

We are very fortunate to have such a generous pool of volunteers in our community.

Policy updates Discussion

Filled Classes/Waitlist current wording.

You are encouraged to register as soon as possible. Programs are filled on a first-come, first-served basis. We do not “hold” spots. Once a program fills, you may call or visit the COA to be added to the waiting list. For programs requiring pre-registration and/or fee-based programs, drop-ins are not permitted. To check your waitlist status, please call the COA.

Program Cancellation

Programs that do not attain the minimum enrollment will be cancelled one business day in advance of the scheduled start date. Full tuition will be refunded. We reserve the right to reschedule or change classes. You will be notified by phone and/or email if your class is cancelled, otherwise, plan on attending.

Due to myseniorcenter software this is no longer an issue about cancelling classes due to enrollment. I am proposing we remove this line from the online policy list.

COA In Person/Drop in Activities

Rooms are reserved for each of these programs and we look forward to your attendance. All activities are **drop-in** Monday–Friday 9 a.m. – 4 p.m. unless otherwise noted.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 9:00 – 4:00 Billiards	 9:00 – 12:30 Card/Game/Billiards	 9:00 – 11:30 Community Service Bears	 9:00 – 12:30 Card/Game/Billiards	 9:00 – 4:00 Billiards
 9:00 – 12:30 Card/Games	 10:00 – 12:00 Billiards Match	 9:00 – 12:30 Bridge Group	 10:00 – 12:00 Billiards Practice	 9:15 – 10:15 Walking Group <i>Meet at Morses Pond</i>
 9:15 – 10:15 Walking Group	 12:30 – 4:00 Cribbage Groups	 9:00 – 4:00 Card/Game/Billiards	 12:30 – 4:00 Mah Jongg	 12:30 – 4:00 Ping Pong
 12:30 – 4:00 Ping Pong		 9:15 – 10:15 Walking Group	 1:00 – 3:00 BINGO (Third Thursday)	 12:30 – 4:00 Mexican Dominoes
		 10:00 – 11:00 Keep Well at TPC (First and Third)	 2:00 – 4:00 Knitting Group	 1:00 – 3:30 Painting
		 12:30 – 4:00 Scrabble Group		

In review of the drop in numbers they vary from day to day, it made more sense to group usage into the actual room.

Pezlcar Card/Game Room

Billiards 3 - 15 per day
Cards& Games 3 - 4 twice per week (Scrabble & Mah Jonng)
Bingo 8 - 17 once per month

American Legion Room

Ping Pong 2 – 11 twice per week (Mon – Fri)
Cribbage 9 - 11 once per week (Tues)
Bridge 3 – 7 once per week (Wed)
Mah Jongg 4 – 10 once per week (Thurs)

Arts & Crafts

Knitting 3 - 8 once per week (Thurs)
Painting 0 - 3 once per week (Fri)
Community Bears 3 – 7 once per week (Wed)

Café / Lounge

Walking Group 7 – 19 three times per week (M – W – F)
Mexican Train 2- 8 once per week (Fri)

Lee Conference Room

Keep Well 0 – 5 once per week (Wed)