

Wellesley Board of Health  
Meeting Minutes  
March 8, 2012

Present:

Board:

Shepard Cohen, Chairman

Marcia Testa Simonson, Vice Chairman

Lloyd Tarlin, MD, Secretary

Carol Hannenberg, MD, Associate

Staff:

Holly Detroy, Environmental Health Specialist

Deadra Doku Gardner, Administrator

Lenny Izzo, Director

Krisann Miller, Public Health Nurse

Cheryl Lefman, Community Health Coordinator

In attendance:

Linda Corridan, Director of Nursing, Wellesley Public Schools

Rob Evans, Director, HRS

Vanessa Pettigrew, resident and student Regis College

Chaitanya Halaharvi, student Regis College

The meeting was called to order at 9:35 am.

The meeting minutes for February 16, 2012 were approved.

## **1. Mental Health**

### **a) Question, Persuade, Refer (QPR)**

Cheryl Lefman reviewed the QPR programming for Linda Corridan, Director of School Nursing. Ms Corridan suggested that this be one of the offerings for the Nursing Professional Development. Ms Lefman and Ms. Corridan will try to schedule the training before June 2012.

### **b) Mental Health - Human Relations Services-**

Dr. Rob Evans of HRS reported on the continued shortage of mental health providers for children and adolescents. He reported on a 30% increase in provider hours to Wellesley residents in the last year. There has not been a significant increase of new cases, however an increase in more complicated cases and these cases require more staff hours. Dr. Evans defined these cases as multi-problem situations which include cases of depression, anxious behaviors, school truancy, dysfunctional families, marital frictions, substance abuse etc.

Dr. Evans reported that in cases when a child needs hospitalization, HRS directs patients to Metrowest Hospital, while more serious cases are directed to McClean Hospital.

Dr. Evans reported that HRS does all mental health counseling for Babson College students. Wellesley College has its own counseling center. HRS staff collaborates with the Wellesley Public school mental health staff at the High School and Middle School on a regular basis. Counselors present their cases at the meeting. Twice a month HRS staff meets with the elementary school psychologists. Dr. Evans reported that individual mental health screening is not done in the public schools.

Dr. Evans reported that there are no mental health counselors in the Wellesley elementary schools, but the nursing staff is outstanding in picking up issues and concerns. Linda Corridan reported that when a school nurse has a concern about a child the information is immediately reported and addressed.

c) Mental Health -Newton Wellesley Hospital

Shep Cohen reported that he will be meeting with Dr. Michael Jellineck of Newton Wellesley Hospital to discuss the needs of the Wellesley community.

Additional information will be provided at the next meeting.

## **2. Administrative**

a) Personnel Update

Leonard Izzo reported that a job posting for Per Diem nurses is on the website. Thus far he has interviewed one candidate for the position.

The Board of Health agreed that there is an immediate need for a sanitarian on a contract or per diem basis.

b) Fy13 Budget

Deadra Doku Gardner reported that Financial Services will be reducing the Board of Health approved FY13 budget by \$24,500. Town Meeting is expected to

approve the article establishing a Facilities Maintenance Department. The funding will be transferred to this department.

### **3. Community Health**

#### a) West Suburban Community Health Network Area (CHNA 18)

The Board of Health reviewed the data presented in the Community Health Needs Assessment (Phase I). This data was presented on Monday March 5, 2012 to the nine participating communities.

#### b) Nursing Report

The Board of Health reviewed the nursing report for February 2012.

#### c) Housing Authority- Barton Road

Shepard Cohen reported that he has been in contact with Michael Price, Chairman of the Housing Authority. Mr. Price has indicated that there is nothing that the Housing Authority can do to assist the Health Department with programming in Wellesley Public Housing.

At the last meeting two meetings Leonard Izzo reported that Pam Allen (Housing Authority) offered to provide a list of health and human services and a list of the volunteer groups currently available to the Barton Road residents. This list has not been received to date. The Board does not anticipate receiving this list.

#### d) Healthy Wellesley Programming

Cheryl Lefman reported on the three part Healthy Wellesley Cooking Class being offered through the Recreation Department and supported by the Health Department.

Ms. Lefman reported on the third annual Healthy Brain Workshop scheduled for May 17, 2012. This program is being co-sponsored by the Library.

Ms Lefman reported that the Fun and Health for Pets Annual Dog Show will be scheduled for the Wellesley Celebrations Weekend in May. Last year more than 100 residents and their dogs participated.

### **4. Environmental Health**

#### a) Mosquitoes

Leonard Izzo reported that due to the mild winter it is anticipated that New England will have an increase in mosquitoes this summer.

#### b) Ticks

Leonard Izzo reported that due to the mild winter it is anticipated that New England will have an increase in ticks in the coming months.

c) Camp Orientation

Leonard Izzo reported that Camp Orientation is scheduled for March 29, 2012.

**5. Emergency Preparedness**

a) Update

Cheryl Lefman provided a general update of NC7 activities.

Ms. Lefman reported that the following programs will be offered to volunteers.

- Breakfast and Learn – March 9, 2012
- CPR/AED Training: March 28 and April 4

The next meeting of the Board of Health will be announced

The meeting was adjourned at 11:10a.

Respectfully submitted,  
Deadra Doku Gardner