



WELLESLEY COA SENIOR LUNCH PROGRAM

October 2015

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are thrilled to announce our new senior lunch program in partnership with Express Gourmet of Wellesley! Guests are charged \$4.00 per meal and must sign up in advance by calling the COA at 781-235-3961. Please be sure to make your reservation no later than 9:30 a.m. the day prior. There is a limit of 26 people on each date and the COA will run a waiting list if needed. Lunch is served at 11:45 a.m. Please note the menu is subject to change. Please call the Wellesley Council on Aging with any questions at 781-235-3961.

TUESDAY	FRIDAY
	<p><u>October 2</u> American Chop Suey Garden Salad Vanilla Pudding</p>
<p><u>October 6</u> Smoked Brisket Corn Bread Cole Slaw Chocolate Cookie</p>	<p><u>October 9</u> Jambalaya with Chicken & Sausage Mixed Vegetables Reese's Peanut Butter Cookie</p>
<p><u>October 13</u> Turkey Delight Sandwich Field Salad with Cranberries, Goat Cheese & Walnuts Chocolate Chip Muffin</p>	<p><u>October 16</u> Pulled Pork Sandwich Potato Salad Chocolate Pudding</p>
<p><u>October 20</u> Chicken, Broccoli & Ziti Garden Salad Oatmeal Raisin Cookie</p>	<p><u>October 23</u> Blackened Salmon over Rice Pilaf Pasta Salad Chocolate Chip Cookie</p>
<div style="display: flex; align-items: center; justify-content: space-between;">  <div style="text-align: center;"> <p><u>October 27</u> Chicken Parmesan over Ziti Garden Salad Fruit Cup</p> <p style="color: purple;"><i>Annual COA Spooktacular at 1:00pm</i></p> <p style="color: orange;"><i>Join us for an afternoon of festive fun!</i></p> </div>  </div>	<p><u>October 30</u> Mediterranean Chicken Sandwich Potato Salad Mixed Danishes</p>

Special thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program! For more information about FWCOA, visit their website:

www.wellesleyfriendscoa.com





Free Friday Movies at the Wellesley Council on Aging

October 2015

Movies start at 12:45 p.m.

October 2: Jersey Boys (2014) Adapted from the hit Broadway musical, this nostalgic look at the Four Seasons and their bumpy offstage lives stretches across four decades. Each of the musical act's four original members presents a different set of memories from their shared past. Rated: R, 134 minutes.

October 9: To Kill a Mockingbird (1962) Southern comforts abound in this big-screen adaptation of Harper Lee's novel as lawyer Atticus Finch (Gregory Peck, in an Oscar-winning role) defends an innocent black man (Brock Peters) against rape charges but ends up in a maelstrom of hate and prejudice. Meanwhile, with help from a friend (John Megna), Finch's children, Jem (Phillip Alford) and Scout (Mary Badham), set their sights on making contact with a reclusive neighbor (Robert Duvall). Rated: NR, 130 minutes.

October 16: Big Eyes (2014) is biopic tells the complex story of Margaret Keane, the American painter who came to prominence in the 1950s and was known for her pop art paintings that often featured children with large doe eyes. Rated: PG-13, 105 minutes.

October 23: Serena (2015) In the Depression-era North Carolina, the barren wife (Jennifer Lawrence) of an ambitious timber baron (Bradley Cooper) sets out to murder the woman who bore her husband an illegitimate son. Rated R, 109 minutes.

October 30: The Longest Ride (2015) old via concurrent stories that ultimately converge, this adaptation of the Nicholas Sparks novel follows an old man consoled by reminiscences of his late wife as he's trapped after a car crash, and a young couple falling in love in a nearby town. Rated PG-13, 128 minutes.