



WELLESLEY COA SENIOR LUNCH PROGRAM

November 2015

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are thrilled with the success of our senior lunch program in partnership with Express Gourmet of Wellesley! Guests are charged \$4.00 per meal and must sign up in advance by calling the COA at 781-235-3961.

Please be sure to make your reservation no later than 9:30 a.m. the day prior. There is a limit of 26 people on each date and the COA will run a waiting list if needed. Lunch is served at 11:45 a.m.

Please note the menu is subject to change. Please call the Wellesley Council on Aging with any questions at 781-235-3961.

TUESDAY	FRIDAY
<p><u>November 3</u> Chicken Cordon Bleu over Rice Vanilla Pudding</p>	<p><u>November 6</u> Brisket Burrito Garden Salad Chocolate Chip Cookie</p>
<p><u>November 10</u> American Chop Suey Carrots and Broccoli Reese's Peanut Butter Cookie</p>	<p><u>November 13</u> Chicken Kabob over Rice Pilaf Chocolate Chip Muffin</p>
<p><u>November 17</u> Pulled Pork Sandwich Mixed Vegetables: Green & Yellow Squash and Carrots Chocolate Pudding</p>	<p><u>November 20</u> Lemon Chicken Piccata over Linguini Garden Salad Oatmeal Raisin Cookie</p>
<p><u>November 24</u> Blackened Salmon over Rice Pilaf Garden Salad Chocolate Chip Cookie</p>	<p><u>November 27</u> The COA will be closed in observance of Thanksgiving</p> 

Special thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program! For more information about FWCOA, visit their website:

www.wellesleyfriendscoa.com





Free Friday Movies at the Wellesley Council on Aging

November 2015

Movies start at 12:45 p.m.

November 6: Aloha (2015) Returning to Hawaii to coordinate the launch of a revolutionary weapons satellite, defense contractor Brian Gilcrest reconnects with an old flame. Before long, however, he's distracted by the alluring Air Force officer assigned to be his escort. Rated PG-13, 105 minutes. Starring: Bradley Cooper, Emma Stone, and Rachel McAdams.

November 13: The Second Best Exotic Marigold Hotel (2015) In a sequel to the Golden Globe-nominated film, hotel owner Sonny is overwhelmed with the task of finding a second property to accommodate the influx of new residents, while his upcoming wedding plans may be too much for the hotel's staff to handle. Rated PG, 123 minutes. Starring Penelope Wilton, David Strathairn, and Judi Dench.

November: 20: Spy (2015) assuming CIA analyst Susan Cooper is far from being a James Bond type, but when she's thrust into the field to investigate the disappearance of her partner, she turns into an improbable superspy. Rated R, 115 minutes. Starring: Melissa McCarthy, Jason Statham, and Rose Byrne.

November 26: COA is closed and the bus will not run—Happy Thanksgiving!

