



WELLESLEY COA SENIOR LUNCH PROGRAM

May 2016

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are thrilled with the success of our senior lunch program in partnership with Express Gourmet of Wellesley! Guests are charged \$4.00 per meal and must sign up in advance by calling the COA at 781-235-3961.

Please be sure to make your reservation no later than 9:30 a.m. the day prior. There is a limit of 26 people on each date and the COA will run a waiting list if needed. Lunch is served at 11:45 a.m. Please note the menu is subject to change. Please call the Wellesley Council on Aging with any questions at 781-235-3961.

TUESDAY	FRIDAY
<p><u>May 3</u> Blackened Salmon over Rice Pilaf Chocolate Chip Cookie</p>	<p><u>May 6</u> Blackened Chicken Quesadilla Garden Salad Oatmeal Cookie</p>
<p><u>May 10</u> Beef Stew over White Rice Chocolate Muffin</p>	<p><u>May 13</u> Lemon Chicken Piccata over Linguini Steamed Vegetables Chocolate Chip Cookie</p>
<p><u>May 17</u> Roast Turkey Panini with Mayo, Tomato & Bacon Potato Chips Homemade Mint Chip Ice Cream</p>	<p><u>May 20</u> Special luncheon & concert in celebration of National Older Americans Month! (Pre-registration required)</p>  
<p><u>May 24</u> Chicken Kabob over Rice Pilaf Chocolate Chip Cookie</p>	<p><u>May 27</u> Rt. 16 Roast Beef Sandwich with Garlic Herb Butter Spread, Lettuce, Tomato & Caramelized Onions Garden Salad Homemade Vanilla Ice Cream</p>
<p><u>May 31</u> Steak Tips over Garden Salad Chocolate Ice Cream</p>	

Special thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program!
For more information about FWCOA, visit their website:

www.wellesleyfriendscoa.com



Turn page for May
movie schedule!



Free Friday Movies at the Wellesley Council on Aging

May 2016

Movies start at 12:45 p.m.

May 6: Viva Las Vegas (1964) Race car driver Lucky Jackson (Elvis Presley) pulls into Las Vegas, ready for the city's first-ever Grand Prix. He needs money to buy a new engine, so he takes a job as a waiter at a casino. Lucky courts the swimming pool manager, Rusty Martin (Ann-Margret). **NR, 86 minutes.**

May 13: Room (2015) After being abducted, raped and imprisoned in a small windowless room, a young woman gives birth and is forced to raise her son, Jack, in the same improvised space. But after five years, Jack's mother begins planning their escape. Starring: Sean Bridgers, Joan Allen and Brie Larson Rated R (Language and Adult Subject Matter), 113 minutes

May 20: The 33 (2015) Unspooling one of the most compelling true-life tales of survival in the modern age, this gripping drama chronicles the massive 69-day effort to rescue 33 Chilean miners who were trapped more than 2,000 feet underground. Rated PG-13 (Language), 127 minutes.

May 27: Our Brand is Crisis (2015) After leaving the bruising world of Washington, D.C. politics, expert campaign consultant Jane Bodine finds herself lured back into the fray when she agrees to help a reviled Bolivian president hang on to his job

