



WELLESLEY COA SENIOR LUNCH PROGRAM

DECEMBER 2015

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are thrilled with the success of our senior lunch program in partnership with Express Gourmet of Wellesley! Guests are charged \$4.00 per meal and must sign up in advance by calling the COA at 781-235-3961.

Please be sure to make your reservation no later than 9:30 a.m. the day prior. There is a limit of 26 people on each date and the COA will run a waiting list if needed. Lunch is served at 11:45 a.m. Please note the menu is subject to change. Please call the Wellesley Council on Aging with any questions at 781-235-3961.

TUESDAY	FRIDAY
<u>December 1</u> Chicken Parmesan over Ziti Chocolate Pudding	<u>December 4</u> <i>No Lunch Today</i> Annual COA Happy Holidays Party at 12:30 p.m! 
<u>December 8</u> American Chop Suey Garden Salad Homemade Vanilla Ice Cream	<u>December 11</u> Beef Stew over White Rice Vanilla Pudding
<u>December 15</u> Chicken Kabob over Rice Pilaf Reese's Peanut Butter Cookie	<u>December 18</u> Blackened Chicken Quesadilla Garden Salad Oatmeal Cookie
<u>December 22</u> Pulled Pork Sandwich Cole Slaw Homemade Mint Chip Ice Cream	<u>December 25</u> The COA will be closed for Christmas Day!
<u>December 29</u> Blackened Salmon Over Rice Pilaf Mixed Vegetables Chocolate Chip Cookie	

Special thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program! For more information about FWCOA, visit their website:

www.wellesleyfriendscoa.com



Turn page for December movie schedule!



Free Friday Movies at the Wellesley Council on Aging

December 2015

Movies start at 12:45 p.m.

December 4: No Movie – COA Annual Happy Holidays Party will be held at 12:30 p.m.

December 11: Cinderella (2015) In this live-action retelling of Disney's animated classic, young Ella escapes from a life of drudgery by way of a fairy godmother whose magic brings Ella face-to-face with the prince of her dreams. Rated PG, 105 minutes. Starring: Lily James, Cate Blanchett, and Holliday Grainger.

December 18: Elf (2003) Buddy the Elf doesn't feel like he fits in with the other elves of the North Pole. But this Christmas, when he learns that he's adopted, he journeys to New York to find his real father ... and maybe spread a little Christmas cheer. Rated PG, 95 minutes. Starring: Will Ferrell, and James Caan.

December 25: COA is closed and the bus will not run—Christmas Day!

