



WELLESLEY COA SENIOR LUNCH PROGRAM

August 2015

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are excited about the success of our new senior lunch program in partnership with La Riviera Gourmet! Guests are charged \$4.00 per meal and must sign up in advance by calling the COA at 781-235-3961.

Please be sure to make your reservation no later than 9:30 a.m. the day prior. There is a limit of 26 people on each date and the COA will run a waiting list if needed. Lunch is served at 11:45 a.m.

Please note the menu is subject to change. Please call the Wellesley Council on Aging with any questions at 781-235-3961.

TUESDAY	FRIDAY
<u>August 4</u> Tuna Sandwich Tomato Soup Brownie	<u>August 7</u> Chicken Marsala Caesar Salad Roll Coconut Square  <i>Join us for a piano concert following lunch!</i>
<u>August 11</u> Turkey Ranch Wrap Homemade Potato Chips Fruit Ambrosia	<u>August 14</u> Grilled Chicken Caesar Salad Dinner Roll Vanilla Pudding
<u>August 18</u> BBQ Pork Potato Salad Watermelon	<u>August 21</u> Turkey Club Sandwich Homemade Potato Chips Chocolate Chip Cookie
<u>August 25</u> Hamburger & Hotdog Cole Slaw Fruit Salad	<u>August 28</u> Pasta with Meatballs Salad Dessert Square

Special thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program! For more information about FWCOA, visit their website:

www.wellesleyfriendscoa.com

Spend an afternoon at the COA! Join us every Friday at 12:45 p.m. for a FREE matinee movie. Please see reverse side for schedule of upcoming films.





Free Friday Movies at the Wellesley Council on Aging

August 2015

12:45 p.m.

August 7: Unbroken (2014) This inspiring tale of survival is based on the real-life experiences of Louis Zamperini, an American pilot held by the Japanese during World War II. After his plane crashes into the Pacific Ocean, Zamperini spends 47 days adrift before his capture. Rated PG-13, 137 minutes in length.

August 14: Wild (2014) Undone by a broken marriage and her mother's death, Cheryl Strayed has been on a years-long reckless tear, fueled by addiction and despair. In a bid to save her life, she decides to hike the entire Pacific Crest Trail -- alone and with no experience. Rated R, 115 minutes.

August 21: Annie (2014) Adapting the blockbuster Broadway musical for the big screen, this heartwarming tale charts the sad childhood of spirited little orphan Annie. But after tycoon Benjamin Stacks rescues her, Annie's life is transformed in ways she never imagined. Rated PG, 118 minutes. ***All are welcome to enjoy this family fun film! Afterwards, enjoy cake and entertainment at our seasonal birthday bash! The celebration begins at 3:00 p.m. and pre-registration is required.***

August 28: American Sniper (2014) Based on his memoir of the same name, this military biopic centers on legendary sniper Chris Kyle, who amassed a record number of kills on the battlefield during his 10-year career as a Navy SEAL. Rated R, 132 minutes.