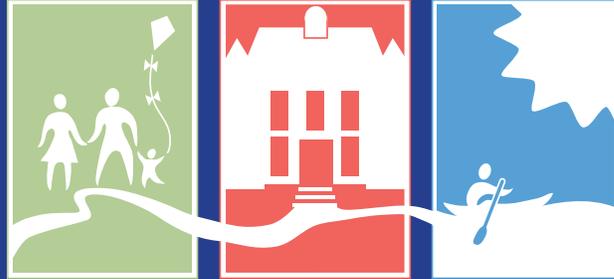
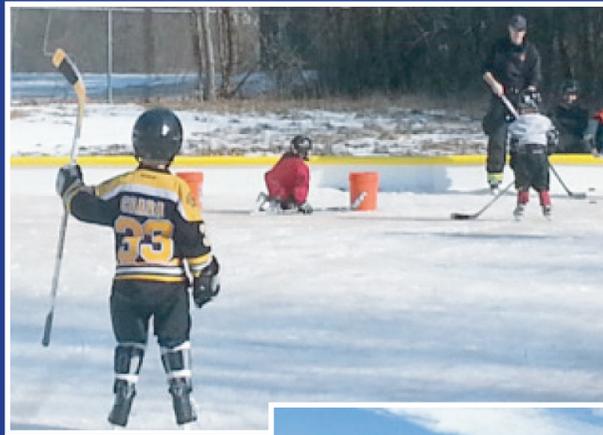


2015 Winter Brochure

WELLESLEY RECREATION



Something for Everyone!



781-235-2370

WARREN BUILDING ❄️ 90 WASHINGTON STREET

WELLESLEY, MA 02481

WWW.WELLESLEYMA.GOV/RECREATION



Never A Dull Moment

The Wellesley Recreation Department offers programs year round and publishes seasonal brochures for fall, winter, spring/summer programs. Registration is held four times a year.

All Recreation Department programs are self-supporting. Fees charged for programs cover the cost of materials, pay instructor salaries and help defray other costs. Non-residents may register for classes and are charged a \$10 non-resident fee.

The Wellesley Recreation Commission consists of five elected members, who meet regularly to review policy and procedures. The Commission welcomes community input.

A Director, Assistant Director, Program Administrator, a part time Public Relations and Marketing Coordinator, two secretaries and custodians staff the Warren Building, home of the Recreation Department. Program instructors and part time employees are hired on a seasonal basis. We are always interested in speaking to potential instructors.

All recreation facilities are maintained by the Park & Tree Division of the Wellesley Department of Public Works.

RECREATION DEPARTMENT STAFF

Director

Jan Kaseta

Assistant Director

Matt Chin

Program Administrator

Kevin Ryder

PR & Marketing

Melissa Roy

Secretary

Kris Bemis

Secretary

Mary Ward

Head Custodian

Richard Finlay

Custodian

Ron Colleton

RECREATION COMMISSION

Chairperson, Steve Burt

Vice Chairperson, Tripp Sheehan

James Conlin

Matthew McKay

Andy Wrobel

Important Phone Numbers

TOWN DEPARTMENTS

DPW	781-235-7600
Health Department	781-235-0135
High School	781-446-6290
Middle School	781-446-6235
Natural Resources Comm.	781-431-1019 ext 2290
Parks Department	781-235-7600 ext 3335
Recreation Department	781-235-2370
School Administration	781-446-6200

SPORT LEAGUES

Little League	welleslylittleleague.org
Men's SloPitch Softball	jrussell@ddjcap.com
Wellesley Youth Football	welleslyyouthfootball.com
Swim Association	welleslyswim.org
United Soccer Club	welleslysoccer.org
Wellesley Youth Basketball	welleslybasketball.org
Wellesley Youth Hockey	welleslyyouthhockey.org
Wellesley Youth Lacrosse	welleslylacrosse.org



Wellesley Recreation Office 781-235-2370

Jan Kaseta for: Field use, SUMMERTIME concerts and any comments or concerns. jkaseta@wellesleyma.gov

Matt Chin for: All adult programs and Morses Pond including summer jobs at the beach. mchin@wellesleyma.gov

Kevin Ryder for: All youth programs including summer camp counselor positions. kryder@wellesleyma.gov

WINTER 2015

Wellesley Recreation Scholarship Program

**Recreation scholarships are for
Wellesley Residents ONLY.**

RECREATION DEPARTMENT CAMPS:

Camp Scholarship requests must be made through the

Wellesley Friendly Aid Association: 219 Washington Street; 781-235-3960. Friendly Aid procedures must be followed in order to be considered for Friendly Aid & Recreation scholarship money. You are urged to contact Friendly Aid in early December if you are interested in Camp Joey, Camp Quest, Camp Odyssey or Project Extreme. You must register for camp at the Recreation office. Please do this at the beginning of the registration period as we will not hold spots. There is no guarantee that your child will have a spot for the entire summer. They may be placed on a waiting list. Camp registration dates will be in the winter Recreation brochure. You will be required to pay the camp deposit fee at the time of registration. The deposit fee is not covered by Friendly Aid or other scholarship funds. The Recreation Department will match the number of weeks that are covered by Friendly Aid. For example, if Friendly Aid is covering the cost of two weeks of camp, Recreation will also cover two weeks of camp. There is no guarantee that your child will receive funds for an entire summer of day camp.

Download Application Forms

@ www.wellesleyma.gov/recreation



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Online Registration

www.wellesleyma.gov

The Wellesley Recreation Department provides online program registration. Online registration spaces will be limited, which will allow those who do not have access to the system to register using other methods. We HIGHLY recommend that you sign in to the online system a few days before registration to make sure that your account is working properly. You will need a username and password in order to utilize the online program registration system. Call the Recreation Office during regular office hours - Monday - Friday 8:30 am - 4:30 pm - to receive your username and password

Registration Dates & Start Times

Online	Resident	Upon receipt of this brochure
	Non Resident	Tuesday, Dec. 16 @ 7 am
Traditional	Resident	Upon receipt of this brochure, during business hours
	Non Resident	Tuesday, Dec. 16 @ 8:30 am

Registration Policy

www.wellesleyma.gov

- Resident registration will begin upon receipt of the brochure.
- Non Residents may register for programs by fax or mail beginning on the "Non Resident Registration Date"
- Any registrations received by mail or fax before 8:30 am on the advertised date of registration will be processed at the end of the business day.
- Non Resident fee is \$10 per class

Registration Information



WALK IN
Recreation Office
90 Washington St
Monday - Friday
8:30am - 4:30pm



BY MAIL*
Recreation Dept.
90 Washington St.
Wellesley, MA
02481



BY PHONE
(781) 235 - 2370
8:30am - 4:30pm
Use VISA or MasterCard

www.wellesleyma.gov

90 Washington Street • Wellesley, MA 02481

781-235-2370

REFUND POLICY

FULL REFUND FOR A CANCELLED CLASS.

IF A PROGRAM MEETS MORE THAN 4 TIMES

Refund minus a \$20 administrative fee if you notify the Recreation Department prior to the second class. No refunds/credits anytime after the second class.

IF A PROGRAM MEETS 4 OR FEWER or MEETS FOR FIVE CONSECUTIVE DAYS

(i.e. CAMPS, VACATION PROGRAMS & SKIING)

Refund minus \$20 administrative fee if you notify the Recreation Department five business days before the start of the class. (Please note, camp refund minus a \$25 administrative fee for Camps Joey, Quest, Odyssey and Extreme.) No refunds/credits anytime after five business days before the start of the class.

COOKING CLASSES

No refunds for cooking classes if you withdraw 3 business days or less before the first class. Withdrawal from a cooking class 4 business days or more before the 1st class, there will be a \$20 administrative fee.

CLASS SPECIFIC REFUND POLICY

Please note that there maybe a specific refund policy for a particular class. The specific policy information will be noted in the class description or in a text box near the class description.

GENERAL INFORMATION

Register for members of your immediate family only.

PAYMENT

Non Residents add \$10 per course.

By check payable to Town of Wellesley, Cash, VISA or MasterCard

NOTE: There will be a \$25 additional fee for checks returned by the bank.

COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. Full tuition will be refunded. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

COURSE CONFIRMATION

If you provide your email address you will receive an email confirmation/receipt. If a class has reached its maximum enrollment, you can place your name on the waiting list by using the online registration system. If a class does not meet the minimum participant requirements, it will be cancelled 48 hours in advance and you will be notified. Otherwise, please plan on attending the course.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants' inability to attend.

SWITCHING/CHANGING CLASSES

Switching sessions/dates/classes constitutes a withdrawal from a class and the cancellation fee applies.

INCLEMENT WEATHER

All classes (day and evening) will be cancelled when Wellesley Public Schools are closed. If Wellesley Public Schools have a delayed opening, all Recreation Department programs will start when school starts, unless you are informed otherwise. In the event that we need to cancel evening or weekend events it will be listed on our website and a message will be left on our voice mail (781-235-2370). We will also attempt to call and/or email participants who have registered for these classes.

FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list. We will try to offer additional classes whenever possible.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

TOILET TRAINED

Children must be toilet trained in order to attend any class unaccompanied by an adult.

WE DO NOT PRORATE COURSES – FULL PAYMENT IS DUE WITH REGISTRATION

Activity #621600



Wellesley Recreation
Ages 5-7
@ Warren Recreation Building

Session 1	June 29 - July 2	\$250
Session 2	July 6 - July 10	\$280
Session 3	July 13 - July 17	\$280
Session 4	July 20 - July 24	\$280
Session 5	July 27 - July 31	\$280
Session 6	August 3 - August 7	\$280
Session 7	August 10 - August 14	\$280
Session 8*	August 17 - August 21	\$280

Activity #731700

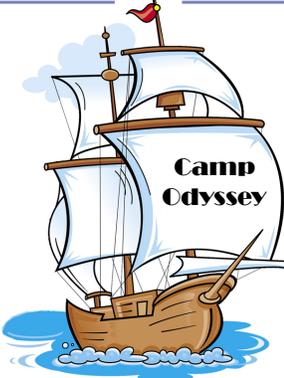


Wellesley Recreation
Ages 8-10
@ Wellesley Middle School

The first session is a reduced rate because there will be just four days of camp. Camp will be closed on Friday, July 3, 2015.

* Session 8 will be entirely located at the Warren Building and will have smaller total numbers for each camp due to the reduced space. There will be no field trip this week, but there will still be daily trips to Moses Pond and a special event/performer during the week at Warren.

Activity #741700



Wellesley Recreation
Ages 11-13
@ Wellesley Middle School



CAMP HOURS:

Monday - Friday 9 am - 4 pm
Drop off begins at 8:15 am & Pick up ends at 4:45 pm

DAILY CAMP INFORMATION

- STAFF:** All Sr. Counselors are 18 or older and all Jr. Counselors are 16 or older and both attend an orientation session that includes First Aid & CPR training. Each counselor is CORI/SORI checked each year.
- RATIOS:** A maximum of 60 campers for Camp Joey. Camp Quest has a maximum of 35 campers and Odyssey has a maximum of 35 campers. Camp staff ratios meet state regulations of 1 staff for every 5 campers under the age of 7 and 1 staff for every 10 campers over the age of 7.
- FIELD TRIPS:** Field trips are mostly within an hours drive from camp. If you do not want your child to attend a field trip, you must arrange to keep the child out of camp that day. Field trips are a part of the camp experience. Field trips are not booked until May or June.
- LUNCH:** Each camper should bring a snack, lunch and beverage daily. Refrigeration is provided except for field trips.
- MORSES POND:** Campers will be bused to Moses Pond to swim and play four days a week, weather permitting.
- CLOTHING:** Campers will receive a camp T-shirt to wear on field trips. Campers should bring a swim suit, towel and sunscreen everyday.

2015 Daily Schedule*

8:15 am - 9 am:	Drop Off
9 am - 12 pm:	Morning Activities
12 pm - 2:30 pm:	Morses Pond
2:30 pm - 4 pm:	Afternoon Activities
4 pm - 4:45 pm:	Pick Up
4:45 pm - 6:15 pm:	Extended Day Pick Up

*Schedule subject to change. Each camp will have slightly different times based on busing to Morses Pond. Weekly schedules will be given out on the first day of each session.

EXTENDED DAY:

Extended afternoon are from 4:45 pm - 6:15 pm. The cost for extended day is \$10 per day or \$50 a week. There is a separate registration for extended day that can be done beginning June 1, 2015 or each morning of camp. You may sign up for extended day online the day before or sign up the morning of.

FORMS TO BE FILLED OUT

1. Health Form

The health form is due ***immediately for all weeks of camp***. If we do not receive your child's health form by May 20th at 4:30 pm your spot for camp will be given away. Each health form must be filled out completely and must have an attached a copy of the child's immunizations with dates, and signed by a physician.

2. Authorization to Administer Medication to a Camper Form

Due the Monday before your child is to begin camp (by 4:30 pm)

All forms & camp information can be found on our website. www.wellesleyma.gov/recreation



**Registration begins
Jan. 6th for residents
and Jan. 20th
for non-residents
Don't Miss Out!**



PAYMENT

DEPOSIT

A \$50/per week deposit is due with registration.

FULL PAYMENT:

Full payment for all sessions is due June 1, 2015. All registrations after May 8, 2015 are paid in full at time of registration.

PAYMENT PLAN:

Payment plans may set up to begin in April or May, but the complete balance must be paid no later than August 3, 2015. You must call the Recreation Office for this option.

HOW CAN I PAY:

Master Card, VISA, Check (to Town of Wellesley) or Cash

REFUND POLICY

CANCELLATION:

There is a \$25 fee for a withdrawal from a single week. You must withdraw at least 5 business days before your camp session. Less than 5 days equals no refund.

SWITCHING SESSIONS:

Switching weeks constitutes a withdrawal and the Cancellation Policy applies.

DISMISSAL FROM PROGRAM:

Removal of a camper by the administrative staff due to behavioral issues will result in no refund.



PROJECT

EXTREME

LEADERSHIP

RESPONSIBILITY

FRIENDSHIP

Each session is a three week commitment. The program is designed to give the CIT's enough time for training, work & fun.

Session One

July 6 - 24
\$450

Session Two

July 27 - August 14
\$450

Project Extreme is designed for teenagers aged 14 & 15. The CIT program is a work-oriented experience, which gives our participants the opportunity to learn and understand the demands and responsibility of a counselor's job. In addition, CIT's will have a series of training workshops where they will have the opportunity to learn more about the different aspects of being a camp counselor, become First Aid and CPR certified and learn first hand how to work with children.

Although CIT participants will have priority into the Summer Camp Jr. Counselor program, enrollment in the CIT program does not guarantee a position as a Jr. Counselor or Counselor.

DETAILS

- Age: 14-15
- Days: Mon - Fri
- Hours: 9 am - 4 pm
- Maximum: 20 CIT's per session.
- CIT's will get 2 T-shirts. They must wear one everyday.
- After full completion of the session CIT's will receive a Red Cross Cert. for: Infant CPR, Child CPR and First Aid training.

For the leaders of tomorrow...

***Application Acceptance Begins
January 12, 2015***

APPLICATIONS

How to apply:

Fill out the CIT application form which is available at the Recreation Office or on the website. We will begin accepting applications January 12, 2015. At the time of application, a non-refundable fee of \$50 is required. Applications for the program will be accepted until February 10, 2015. Spots after this deadline will be limited, so please call for any availability.

LOCATION

Warren Building

The CIT's will have their own space in the Warren Building close to Camp Joey. There they can have CIT meetings, training sessions and time to do activities as a CIT group. Occasionally the CIT's will go on their own field trips to promote team building and to just have fun.

PAYMENT

Final Payment

Full payment is due upon acceptance to the program.

How Can I Pay?:

MasterCard, VISA, Check or Cash.

REFUND POLICY

Cancellation: If you cancel on or before May 29, 2015, you will receive a full refund minus a \$50 fee. If you cancel after May 30, 2015, there is no refund

Switching Sessions:

There is a \$50 fee to switch sessions once you have been accepted.

Dismissal from Program:

If a participant is dismissed from the program, there is no refund.

Sweet Heart Dance

144085-01

Kids, take your "sweetheart" to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities.

Pre-Registration is REQUIRED.

DEADLINE TO REGISTER is January 30.

Location: Warren Building

1 night

Day	Times	Date	Price
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Sat	6:30- 8 pm	Feb 7	\$10 per couple
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DECEMBER VACATION WEEK PROGRAMS



Celebrate your birthday at the Warren Building!
Info on page 13



Help us support those in need during the holiday season. Come watch the Disney smash hit **FROZEN!** Your admission to the movie will be a new, unwrapped present.

Who: Toys For Tots

What: Frozen

When: Friday, Nov. 21

Time: 6:30 pm movie starts

Where: Warren Building, Gym

What to bring: Unwrapped present, a blanket to sit on & a non-messy snack

Sponsored by TERRIERS SPORTS

February Vacation Programs!
Indoor & Outdoor Fun
page 30-31

Toddler Movement & Song

111307

(Ages 1.5 - 2)

Instructor: Stephanie Gager

This is a great "first class" for young children and their caretakers offering a combination of music and movement in a relaxed setting that allows children to socialize and be part of a group. Children will sing, dance and play while integrating instruments, puppets, parachutes and more. This program provides a fun and easy way to introduce activities which nurture your child's motor, creative and social skills. In addition, it is a fun place to meet other families with young children and make new friends. Adult participation is necessary for the success of this program.

Location: Warren Building

Min: 4/Max: 12

9 weeks

S#	Day	Times	Date	Price
01	Mon	9:15 - 10 am	Jan 12 - March 23 (No class 1/19 & 2/16)	\$120

Kids Movement, Art, & Song

111308

(Ages 2 - 3)

Instructor: Stephanie Gager

Come join us for a fun-filled hour of music, movement and art! Along with their adult companion, children will sing, dance and use a variety of rhythm instruments, motor props and art materials to express themselves while having fun socializing with new friends. The class will consist of songs, rhymes and musical games before heading into the mat room for some climbing, building, free play and parachute fun. We will then share a snack with friends and finish off the hour creating a different artistic masterpiece to bring home each week. What could be more fun than parachutes, puppets, paint, glue, feathers and glitter! Snack will be provided. (There is an additional \$15 materials fee payable to the instructor at the first class)

Location: Warren Building

Min: 4/Max: 12

9 weeks

S#	Day	Times	Date	Price
01	Mon	10:15 - 11:15 am	Jan 12 - March 23 (No class 1/19 & 2/16)	\$135

Sweet Heart Dance

144085-01

Kids, take your "sweetheart" to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities.

Pre-Registration is REQUIRED.

DEADLINE TO REGISTER is January 30.

Location: Warren Building

1 night

Day	Times	Date	Price
Sat	6:30- 8 pm	Feb 7	\$10 per couple



Puddlestompers

115700

(Ages 2 - 5, with adult)

Instructor: Puddlestompers Staff

Winter is a magical time to explore nature! This class is designed to allow children to explore and learn about the natural world from inside, with outdoor exploration as temperatures permit. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Search the skies for winter birds and listen for their songs. Observe changes in light through shadows and rainbows. In each class, we will focus on a specific theme using hands-on activities, crafts, games and creative movement. Each class will end with a snack and story. Come enjoy the beauty of winter with your energetic child at the Warren Recreation Center in Wellesley!

Location: Warren Building

Min: 4/Max: 9

6 weeks

S#	Age	Day	Times	Date	Price
01	2 - 3	Fri	9:30 - 10:25 am	Jan 30 - March 13 (No class 2/20)	\$120
02	3 - 5	Fri	10:30 - 11:25 am	Jan 30 - March 13 (No class 2/20)	\$120

**For Specific Questions, Please Call Puddlestompers
617-527-2000 or puddlestompers.com**

To Register, Call Wellesley Recreation - 781.235.2370

Intro to Spanish

123501

(Ages 5 - 10)

Instructor: Gardengate Academy Staff

Expose your child to a class rich in learning and full of developmental benefits! Spanish music and movement curriculum is designed for parents and children who have never been exposed to the Spanish language. Games, music and dynamic activities provide a fun way to assimilate new Spanish words and phrases. This is a drop-off class, but parents/caregivers are asked to stay in the building for the class.

Location: Warren Building

Min: 4/Max: 10

8 weeks

S#	Day	Ages	Times	Date	Price
01	Mon	5 - 7	3 - 3:45 pm	Jan 12 - March 16 (No class 1/19, 2/16)	\$125
02	Mon	7 - 10	4 - 5 pm	Jan 12 - March 16 (No class 1/19, 2/16)	\$125



Lower Primary Drama

122355

(Ages 5 - 8)

Instructor: Drama Kids of Metrowest

The developmental drama program provides unique opportunities to develop clear speech, fluent delivery and pleasing social skills. Our program helps to give them the confidence to be participants in all aspects of their lives, able to ask questions, seek answers and share information with others. Children who mix well with others find it easier to make friends and adjust to new situations. They find school an enjoyable adventure! Drama Kids highly trained teachers motivate and inspire the students to become articulate communicators through enthusiastic participation in a wide range of creative activities including speech, creative movement and improvisation.

Location: Warren Building

Min: 6/Max: 16

10 weeks

S#	Age	Day	Times	Date	Price
01	5 - 8	Wed	4 - 5 pm	Jan 14 - March 25 (No class 2/18)	\$175

Upper Primary Drama

122355

(Ages 9 - 11)

Instructor: Drama Kids of Metrowest

The confident, articulate child finds it easier to make friends, accept new challenges and explore new directions. This is designed to help each child achieve these invaluable life skills. Students in the program participate in a wide range of creative activities including speech, dramatic movement, improvisation, snippets and scene starters. In a fun-filled atmosphere, our classes aim to give young people ongoing confidence, self-esteem and skill in verbal communication.

Location: Warren Building

Min: 6/Max: 16

10 weeks

S#	Age	Day	Times	Date	Price
02	9 - 11	Wed	5 - 6 pm	Jan 14 - March 25 (No class 2/18)	\$175



Tea Party Manners

124302

(Ages 3 - 5)

Instructor: Lisa Collins

Have fun learning proper manners at our Princess Tea Party! We'll use games, songs, crafts and a real tea party to learn and practice proper manners, such as hellos and good-byes, sitting still, eye contact, playing nicely with friends and table manners.

Location: Warren Building

Min: 6/Max: 12

4 weeks

S#	Day	Times	Date	Price
01	Fri	10 - 11 am	Jan 23 - Feb 13	\$96



Everyday Manners: Communication Skills

124303

(Ages 10 - 13)

Instructor: Lisa Collins

Are you tired of getting one word answers from your tween? Communication is one of the most important social skills at any age. Good manners are a foundation for communication skills that enable us to build relationships and diffuse uncomfortable situations.

We'll use games and role-play to learn:

- Positive body language and eye contact
- Asking and answering questions and good conversation skills
- Active listening skills
- The importance of a good attitude

Location: Warren Building

Min: 6/Max: 12

4 weeks

S#	Day	Times	Date	Price
01	Wed	3:30 - 4:30 pm	Feb 4 - March 4 (No class 2/18)	\$96



If Wellesley Public Schools are cancelled then the classes at Wellesley Recreation are cancelled as well.

Everyday Manners: Social Skills for Life

124304

(Grades 2 - 5)

Instructor: Lisa Collins

Learn the basics of good social skills through interactive games, role-playing, and practice. Some of the etiquette topics we'll cover include: Making introductions, conversation skills, Digimanners, gift giving and receiving, social grace, table and dining manners and telephone manners and safety.

Location: Warren Building

Min: 6/Max: 12

4 weeks

S#	Day	Times	Date	Price
01	Wed	2 - 3 pm	Feb 4 - March 4 (No class (2/18)	\$96



Parent & Child Pottery

121408

(Ages 4 - 5)

Instructor: Ramune Jauniskis

Spend time working with your child while enjoying working with clay. Use your imagination to invent fantastic clay sculptures with guided instruction. Projects will be suggested but students are encouraged to work on their own ideas if they wish. All projects will be kiln fired. All materials included. Parent/Guardian required.

Location: Warren Building

Min: 5/Max: 8

8 weeks

S#	Day	Times	Date	Price
01	Thu	3 - 4 pm	Jan 15 - March 12 (No class 2/19)	\$145

Pottery and Wheel Throwing

121409

(Ages 5 - 18)

Instructor: Ramune Jauniskis

In this class kids will learn the basics of hand building and wheel throwing while having fun and sharpening their motor skills. All projects will be kiln fired. All materials included.

Location: Warren Building

Min: 5/Max: 8

8 weeks

S#	Age	Day	Times	Date	Price
01	5 - 7	Thu	4:15 - 5:15 pm	Jan 15 - March 12 (No class 2/19)	\$145
02	8 - 18	Thu	5:20 - 6:20 pm	Jan 15 - March 12 (No class 2/19)	\$145



Attitash
Mountain Resort

Discount Ski Lift Tickets

140288

Get discounted direct to lift tickets for Attitash Mountain Resort or Wildcat Mountain! You pay the same price for midweek or weekends. Great opportunity to take the whole family skiing while saving some money! 5 years old and under are free with each paid adult. All tickets must be picked up at the Recreation office M-F, between 9 am - 4 pm. Tickets will NOT be mailed.

Location: Warren Building

Min: 10/Max: 20

Section	Category	Price
01	Adult	\$60 (retail \$75)
02	Young Adult (13-18)	\$50 (retail \$60)
03	Senior (65+) & Junior (6-12)	\$40 (retail \$50)

Young Artists

121402

(Ages 3 - 6)

Instructor: Beth Meditz

Your child will enjoy a class full of Creative Fun! Perceptual, social and emotional skills are enhanced while each child engages in unique "hands-on" and "hands-in" experiences through unique activities! Young Artists will create individual masterpieces that expand thinking and learning skills. They will explore a wide array of inspiring and unusual materials. This class is very age appropriate, so dress for a mess! Find out more about Beth at www.event-full.net.

Location: Warren Building

Min: 6/Max: 12

9 weeks

S#	Day	Times	Date	Price
01	Mon	12:45 - 2 pm	Jan 12 - March 23 (No class 1/19 & 2/16)	\$165

Absolutely Art

121404

(Grades K - 4)

Instructor: Beth Meditz

Choosing from a wide array of inspiring and unusual materials, your young artists will create unique, individual masterpieces that also expand thinking and learning skills. They will be encouraged to experiment and explore materials and create expressive art or unusual useable objects of art. Imagination grows in an atmosphere where no one can be wrong. Creative energies flow! Children will expand their artistic sides and see the world through the eye of an artist! Unique projects are fun, inspiring and designed for success by Beth.

Location: Warren Building

Min: 6/Max: 12

10 weeks

S#	Day	Times	Date	Price
01	Tue	4:30 - 5:30 pm	Jan 13 - March 24 (No class 2/17)	\$155



Budding Artist & a Buddy

121401

(Ages 1.5 - 4)

Instructor: Beth Meditz

Share the joy of creating art together! Unique art activities are specially designed to enhance your child's learning skills and self expression. Each artist will get to take home a wonderful experience, be totally engaged in age appropriate exploration of materials and an individual masterpiece from each class. You'll be amazed at what your toddlers can do! Hands on experiences last forever! We all learn best, by "doing". Wear mess around clothes or bring a smock.

Location: Warren Building

Min: 5/Max: 12

10 weeks

S#	Day	Times	Date	Price
01	Thu	9:30 - 10:15 am	Jan 15 - March 26 (No class 2/19)	\$150
02	Fri	10:30 - 11:15 am	Jan 16 - March 27 (No class 2/20)	\$150

Mixed Media Adventures

121413

(Ages 7 - 10)

Instructor: Liz Archer

Mixed-Media Adventures will take students on an exciting Safari of drawing, painting, and collage. Young artists will use references of well known artists, wildlife magazines, and still-life arrangements to weave their ideas into an inspired artist series. Each student will receive his or her own sketchbook for continued discovery and bring home a complete collection of artwork by the end of the program! (There is an additional **\$30 materials fee** to be paid in the Recreation Office (cash or check only) before the first class, which includes a personal sketchbook, pre-cut mat frame and a wide variety of non-toxic watercolor and collage materials.)

Location: Warren Building

Min: 5/Max: 9

3 weeks

S#	Day	Times	Date	Price
01	Fri	3:45 - 5:15 pm	Jan 16 - Jan 30	\$80

Sketching & Beyond

121410

(Ages 7 - 9)

Instructor: Liz Archer

Turn those doodles and dabs into your very own Artist Series! With fun focus games, experimental paint palettes, and their most expressive drawings yet, young artists will draw, paint and collage their ideas into an exciting collection of artwork. From sketch to finish, students will be encouraged to explore their creativity with pencil, pen, charcoal, and watercolor. Sketchbooks- for continued discovery- and Mat-frames will be provided! (There is a **\$35 materials fee** to be paid in the Recreation Office (cash or check only) before the first class, which includes a pre-cut mat frame, personal sketchbook and a wide variety of watercolor and collage materials.)

Location: Warren Building

Min: 5/Max: 8

5 weeks

S#	Day	Times	Date	Price
01	Mon	3:45 - 5 pm	Jan 26 - March 2 (No class 2/16)	\$125

Positively Me! with Solomon Sire

111309

(Ages 3.5 - 6, with adult)

Instructor: Diane Root

Think building character in your child has to be difficult and boring? This program will make you think again! Join us in this highly interactive class that uses "larger than life" storytelling, music, movement and puppets to help you and your preschooler explore various character themes with a whole lot of laughter and fun! Each week, an adorable mouse character named Solomon Sire helps lead a memorable session of activities and age-appropriate discussion on a different concept of character, including telling the truth, being kind, doing your best, standing up for yourself (against bullying), believing in yourself, and more!

Location: Warren Building

Min: 5/Max: 12

7 weeks

S#	Day	Times	Date	Price
01	Wed	1 - 1:45 pm	Jan 14 - March 4 (No class 2/18)	\$110



Drawing & Painting Modern Masterpieces

121424

(Ages 6.5 - 12)

Instructor: D'Ann Hansen

In this class students will produce timeless work that will be cherished for years. These large 16" x 22" pieces of art painted on archival paper are sure to find a home on your walls! Young students use professional tools and non-toxic acrylic paints. Students gain an appreciation for different artists while learning various techniques through step-by-step visual demonstrations. The sunny Art Studio at the Warren Building provides a perfect creative oasis! All supplies included.

Location: Warren Building

Min: 6/Max: 8

5/4 weeks

S#	Day	Times	Date	Price
01	Tue	4 - 6 pm	Jan 13 - Feb 10	\$195
02	Thurs	4 - 6 pm	Jan 15 - Feb 12	\$195
03	Tue	4 - 6 pm	March 3 - March 24	\$160
04	Thurs	4 - 6 pm	March 5 - March 26	\$160

Valentines Day Workshop

121488

(Ages 6.5 - 12)

Instructor: D'Ann Hansen

In this fun workshop students will interpret a heart painting by the famous contemporary painter Jim Dine. These large 16" x 22" works will be made with professional acrylic paints on archival paper. A second project will be painting and collaging in miniature using Artist Trading Cards. These tiny pieces of art will be in the official 2 1/2 x 3 1/2 size and are being traded around the world. All materials included.

Location: Warren Building

Min: 6/Max: 8

1 class

S#	Day	Times	Date	Price
01	Sat	12:30 - 4 pm	Feb 7	\$65



Learn How To Do Magic

122356

(Ages 8 - 12)

Instructor: Joe Carota

You will not believe what you will be able to do after just one magic lesson! Surprise your family and friends. Entertain at parties! Magic is an art that can develop self-confidence, self-esteem, poise, creativity, and give youngsters a hobby that can last a lifetime. All equipment is included. At the end of each lesson, the tricks that were taught are written in easy to follow booklets to take home. All hands-on instruction is from a professional magician!

Location: Warren Building

Min: 5/Max: 15

5 weeks

S#	Day	Times	Date	Price
01	Wed	4 - 5 pm	Jan 14 - Feb 11	\$125
02	Wed	4 - 5 pm	Feb 25 - March 25	\$125

Music with Babies

125801

(Ages 4 - 18 months)

Instructor: Sarah Gardner

Come on baby do the locomotion! Newborns often recognize parents voices at birth because they've already started learning through sound. Continue their journey with this delightful class where babies and caretakers get to play, bounce and sing along, with instruments and songs just for them! Parent/Guardian required.

Location: Warren Building

Min: 6/Max: 16

8 weeks

S#	Day	Times	Date	Price
01	Fri	11:30 am - 12 pm	Jan 16 - March 13 (No class 2/20)	\$90

Pre-K Keys

125809

(Ages 4 - 6)

Instructor: Sarah Gardner

Introductory keyboard lessons for 4-6 year olds! Children learn simple songs and play music games to connect imagination with the keyboard fostering a musical foundation for future learning. This is the "next level" from Rock-N-Tots/Tot Music and still includes some active play. Kids should bring their own ear buds or headphones.

Location: Warren Building

Min: 6/Max: 8

8 weeks

S#	Day	Times	Date	Price
01	Sat	9:30 - 10:00 am	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$125



Kids on the Keys!

125804

(Ages 6 - 10)

Instructor: Sarah Gardner

Group keyboard lessons are fun! Introductory lessons are taught on electronic keyboards through musical games, animal notes, coloring pages and songs that kids enjoy. Initial focus is on learning to play music and repeat melodies, rather than practice and memorization. Kids should bring their own ear buds or headphones.

Location: Warren Building

Min: 6/Max: 10

8 weeks

S#	Day	Times	Date	Price
01	Sat	10 - 10:45 am	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$155



Program Registration

Residents: Upon receipt of brochure
via email or mail

Non Residents: December 16 - 7 am

Tot Music

125802

(Ages 12 months - 2.9 years)

Instructor: Sarah Gardner

Toddlers learn basic music skills through a variety of age appropriate songs and exploration of musical instruments, jumping, singing and parachute games. Parent/Guardian required.

Location: Warren Building

Min: 6/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Fri	10:30 - 11:15 am	Jan 16 - March 13 (No class 2/20)	\$105

Rockin' Tots

125803

(Ages 2.9 - 4.5)

Instructor: Sarah Gardner

Preschool aged kids get to explore rhythm, tonal patterns, and harmony in a variety of musical styles. Drumming like an animal, wild dancing, and singing along is encouraged. Younger siblings in tow are welcome to sign up with older ones.

Location: Warren Building

Min: 4/Max: 16

8 weeks

S#	Day	Times	Date	Price
01	Fri	9:30 - 10:15 am	Jan 16 - March 13 (No class 2/20)	\$105



Semi-Private Keyboard Lessons

125811

(Ages 8-12)

Instructor: Sarah Gardner

Lessons for kids who are advanced beginners that want more private instruction. This is for kids who want to learn more about playing their favorite music. Ear training, note reading, time signatures, technique and composition are covered in reference to what they enjoy about their choice of songs and how they can play them best. Lessons will consist of approximately 20 minutes of private instruction and 25 minutes of group time. (Kids should bring their own ear buds or headphones for comfort.)

Location: Warren Building

Min: 2/Max: 5

8 weeks

S#	Day	Times	Date	Price
01	Sat	10:45 am - 1 pm	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$228

Piano and Keyboard

125806

(Ages 8 - 15)

Instructor: Dave Medeiros

Have fun exploring the potential of electronic keyboards while focusing on the foundations of the most universally enjoyed musical instrument the piano! Beginner lessons will cover fundamentals of music theory, hand movement, and independent coordination as it applies to note reading of easy melodies. Must bring a keyboard to class.

Location: Warren Building Min: 5/Max: 10

8 weeks

S#	Day	Times	Date	Price
02	Mon	5 - 6 pm	Jan 26 - March 23 (No class 2/16)	\$125



Guitar

125807

(Ages 8 - 15)

Instructor: Dave Medeiros

You can stop playing "air guitar" and learn how to play the real thing! Beginner lessons introduce the challenge of musicianship while concentrating on basic music fundamentals in a relaxed atmosphere. Students will learn popular songs while focusing on note reading, chord accompaniment, and simple tuning techniques. Guitar rentals are available for an additional charge of \$50 per session payable to Dave at first class. Please contact the Recreation Department if you are interested in reserving a guitar for the class.

Location: Warren Building Min: 5/Max: 10

8 weeks

S#	Day	Times	Date	Price
01	Mon	4 - 5 pm	Jan 26 - March 23 (No class 2/16)	\$120

Sweet Heart Dance

144085-01

Kids, take your "sweetheart" to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities.

Pre-Registration is REQUIRED.

DEADLINE TO REGISTER is January 30.

Location: Warren Building

1 night

Day	Times	Date	Price
Sat	6:30- 8 pm	Feb 7	\$10 per couple

Intro to Dance Level 1

124003

(Ages 3 - 4)

Instructor: Cindy Wright

An introduction to the joy of dance, this is a pre-ballet class which also includes some creative movement. It is appropriate for those children age 3-4 who have never taken a class and / or those who took class at age 2-3. Children should wear any style/color dance-wear and ballet slippers (or a comparable lightweight shoe).

Location: Warren Building Min: 6/Max: 10

9 weeks

S#	Day	Times	Date	Price
01	Thur	12:45 - 1:20 pm	Jan 15 - March 19 (No class 2/19)	\$125

Intro to Dance Level 2

124004

(Ages 3.5 - 5)

Instructor: Cindy Wright

This is a beginning ballet and tap class which also includes some creative movement. It is appropriate for those children age 3-4 who have taken Intro to Dance 1 and/or those age 3 1/2+ who have never taken a class. Children should wear any style/color dance wear, ballet slippers and tap shoes.

Location: Warren Building Min: 6/Max: 10

9 weeks

S#	Day	Times	Date	Price
01	Tue	12:45 - 1:30 pm	Jan 13 - March 17 (No class 2/17)	\$125

Irish Step Dancing

124001

(Ages 6 - 12)

Instructor: Bonnie Pierce

Students will develop an understanding of traditional Irish step dancing through lessons aimed at teaching each student in a supportive and progressive fashion. This is a non-competitive class geared for fun and exercise. Students will keep journals of dance steps taught to practice at home. Skills to improve will be emphasized each week as new steps are added. Each class will include beginner soft shoe steps (reels and jigs), as well as ceili (group/team) dancing. It is hoped that lessons will instill a love and appreciation for Irish dance not only as an art form, but as an important part of Irish culture and history. If you are Irish this is a great way to connect with your heritage! Students should wear T-shirt and shorts, or leotard. Beginner girls may start out in black ballet slippers, beginner boys in a simple black jazz shoe, if you do not have traditional Irish dancing shoes. Please bring a notebook and water bottle to class.

Location: Warren Building Min: 6/Max: 15

8 weeks

S#	Age	Day	Times	Date	Price
01	6 - 8	Sat	11 - 12 pm	Jan 24 - March 28 (No class 2/14, 2/21)	\$90
02	9 - 12	Sat	12 - 1 pm	Jan 24 - March 28 (No class 2/14, 2/21)	\$90

DECEMBER VACATION WEEK PROGRAMS



CoCo Key Water Park Winter Field Trip

Activity #: 410901
(Ages 7 - 12)

Instructor: Recreation Department Staff

Join us as we spend the day at the area's premier indoor water park in Danvers, MA! Kids will have the opportunity to go down the slides, play water basketball or glide along in the lazy river. Lunch will be provided as part of this trip (pizza and soft drink). Please bring money for any snacks.

S#	Day	Times	Date	Price
01	Tues	10 am - 4 pm	Dec 30	\$85

Location: Warren Building
Min: 25/Max: 35
1 day

Thundercat Winter Sports Jam

Activity #: 420906
(Ages 6-12)

Instructor: Thundercat Sports Staff

Play, play, and play some more...the ultimate multi-sport program! Baseball, basketball, and soccer will be core sports in which some skills will be emphasized. But that's not all. Other sports mixed in may include - flag football, floor hockey, volleyball, badminton, dodgeball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played.

S#	Day	Times	Date	Price
01	Mon	9 am - 12 pm	Dec 29	\$49
02	Tues	9 am - 12 pm	Dec 30	\$49
03	Wed	9 am - 12 pm	Dec 31	\$49
04	Fri	9 am - 12 pm	Jan 2	\$49

Location: Warren Building
Min: 8/Max: 20
1 day

Mad Science Winter Fun

Activity #: 424902
(Ages 7 - 12)

Instructor: Recreation Department Staff

We'll have a blast exploring science and how it affects the world around us. Become an honorary Mad Science assistant and learn about some of the awesome stuff from the Mad Science laboratory. The children will get a chance to play with our "cool" equipment and participate in some "hot" demonstrations. Each day we'll have a different science theme with exciting activities, experiments and related games. We'll learn how science helps us protect our planet, and we'll explore the animal kingdom, life cycles and habitats. We'll discover how to send secret messages and how to talk with numbers. Young astronauts will explore the mysteries of space, and junior engineers will check out shapes, investigate arches and learn about structures. And the science doesn't stop when the Mad Scientist goes back to the laboratory...we'll have take-home creations so the fun and learning can continue!

S#	Day	Times	Date	Price
02	Mon - Wed	9 am - 12 pm	Dec 29 - Dec 31	\$130

Location: Warren Building
Min: 9/Max: 20
3 days

Puddlestompers Winter Exploration

Activity #: 415701
(Ages 3 - 6)

Instructor: Puddlestomper Staff

Let us lead your children in discovering the mystery of winter during PUDDLESTOMPERS' December Vacation drop-off program. Winter is a magical time to explore! Come see how animals and plants are surviving the cold. Look for animal tracks and investigate other signs of winter activity. Discover who is taking a rest during the cold months and who is still out and about! Children will learn about the day's topic through hands-on investigation, active movement and play, crafts, stories, and songs. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and exploration into your home. Please send your child with a nut-free lunch.

S#	Day	Times	Date	Price
01	Fri	9 am - 1 pm	Dec 26	\$60
02	Mon	9 am - 1 pm	Dec 29	\$60
03	Tues	9 am - 1 pm	Dec 30	\$60
04	Wed	9 am - 1 pm	Dec 31	\$60

Location: Warren Building
Min: 4/Max: 15
1 day



Help us support those in need during the holiday season. Come watch the Disney smash hit FROZEN! Your admission to the movie will be a new, unwrapped present.

Who: Toys For Tots

What: Frozen

When: Friday, Nov. 21

Time: 6:30 pm movie starts

Where: Warren Building, Gym

What to bring: Unwrapped present, a blanket to sit on & a non-messy snack

Sponsored by TERRIERS SPORTS



Celebrate Your Birthday at Warren!

Selected Saturdays 2:30 pm - 4:30 pm

*Other dates may be available (except Sundays).
Please check with the office.*

Age 6+: Gym + Kitchen
Age 2-6: Children's Room

Birthdays may be booked in person,
by phone, or online!
(Online search Activity #422401)

2 Hours \$135

When booking a party, the family is responsible for providing proper supervision at all times and for all clean up.

2015 Available Dates

- Jan 10 • Jan 24
- Jan 31 • Feb 7 • Feb 28
- Mar 7 • Mar 14 • Mar 21
- Mar 28 • Apr 11
- May 2 • May 9 • May 16

Home Alone

131501

(Ages 8 - 11)

Instructor: Juanita Allen

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. Please bring a snack.

Location: Warren Building

Min: 6/Max: 12

1 day

S#	Day	Times	Date	Price
01	Mon	3:30 - 5:30 pm	Feb 9	\$45

Heartsaver First Aid

131503

(Ages 16+)

Instructor: Juanita Allen

This course teaches rescuers to effectively recognize and treat adult emergencies in the critical first minutes until emergency medical service personnel arrive. The course also provides training in First Aid and in CPR. Upon completion you will receive certification in both First Aid and CPR. Taught under the guidelines of the American Heart Association.

Location: Warren Building

Min: 6/Max: 12

1 day

S#	Day	Time	Date	Price
01	Mon	6 - 9 pm	Feb 9	\$85



Kids Hop and Bop

124000

(Ages 3.5 - 5)

Instructor: Gardengate Academy staff

Our class introduces children to the world of Hip Hop and dance through creative dance promoting imagery while building physical ability. Children will explore the world of dance using exercises that involve imagination and creativity. Your little bopper while be introduced to a wide variety of gross motor skills, balancing skills and rhythmic patterning, while also focusing on performance skills and dance terminology. Most important is that we'll always have fun!

Location: Warren Building

Min: 4/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Mon	10:30 - 11:15 am	Jan 12 - March 16 (No class 1/19, 2/16)	\$145
02	Fri	10:30 - 11:15 am	Jan 16 - March 13 (No class 2/20)	\$145



Program Registration

Residents: Upon receipt of brochure
via email or mail

Non Residents: December 16 - 7 am

Babysitter's Training

131504

(Ages 11 - 15)

Instructor: Alice & Grace Wadley

Designed for 11 to 15 year olds, participants will learn the knowledge and skills necessary to provide care for children and infants. In addition, students will learn the critical skills needed to respond to and manage adult or pediatric first aid, choking or sudden cardiac arrest emergency. The course combines video, activities, hands-on skills training and discussion for a complete learning experience.



Participants will learn how to:

- Prevent, recognize and respond to safety issues
- Problem solve and make decisions under pressure
- Choose safe and age-appropriate toys and games
- Feed, diaper and care for infants and children
- Manage discipline issues
- Launch a babysitting business
- Resume writing
- Interviewing skills
- Recognize and respond to adult and pediatric breathing, cardiac, and first aid emergencies, including the use of the Automated External Defibrillator

Materials include:

- Pocket First Aid Kit
- CPR Breathing Barrier Keychain
- Babysitter's Drawstring Bag
- Folder with course reference materials and Emergency Reference Cards

Certifications Issued:

Students who successfully complete this course will receive:

- Heartsaver Adult and Pediatric CPR/AED and First Aid certification valid for two years
- Babysitter's Training certification with no expiration

(Participants should bring a snack)

Location: Warren Building

Min: 8/Max: 16

1 class

S#	Day	Times	Date	Price
01	Sat	10 am - 4:30 pm	Jan 24	\$110
02	Sat	10 am - 4:30 pm	Feb 28	\$110
03	Sat	10 am - 4:30 pm	March 21	\$110

Sweet Heart Dance

144085-01

Kids, take your "sweetheart" to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities.

Pre-Registration is REQUIRED.

DEADLINE TO REGISTER is January 30.

Location: Warren Building

1 night

Day	Times	Date	Price
Sat	6:30 - 8 pm	Feb 7	\$10 per couple

SKATING IN NATICK!

Tot Learn to Skate (Ages 3-6)



Instructors use songs, games, toys and other fun methods to cater to the learning styles and development of young skaters. 3 to 4 year olds are separated from 5 to 6 year olds initially, but are grouped together in Tot levels 1 - 3. 6 year olds have the option to begin in Youth 1. Classes include 25-30 minutes of group instruction and 10-15 minutes of supervised play time.

PREREQUISITE: Skaters must be at least 3 years of age and potty trained. A helmet, such as a bike helmet or HECC helmet is required.

- Pre Tot (Beginners ages 3-4)
- Tot 1 (Beginners, ages 5-6; and 3-4 year olds who have passed Pre Tot)

Pre-Tot Learn to Skate

123202

(Ages 3 - 4)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena, Natick

Min: 3/Max: 20

7/8 weeks

S#	Age	Day	Times	Date	Price
01	3 - 4	Tues	4:40 - 5:05 pm	Dec 30 - Feb 17	\$109
02	3 - 4	Thu	1 - 1:25 pm	Jan 8 - Feb 19	\$94
03	3 - 4	Tues	4:40 - 5:05 pm *	Feb 24 - April 14	\$109
04	3 - 4	Thu	1 - 1:25 pm	Feb 26 - April 16	\$109

* Time of Session #3 will change to 3:40 - 4:05 pm starting March 3

Tot Learn to Skate

123200

(Ages 3 - 6)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena, Natick

Min: 3/Max: 20

7/8 weeks

S#	Age	Day	Times	Date	Price
01	3 - 6	Tues	4:40 - 5:05 pm	Dec 30 - Feb 17	\$109
02	3 - 6	Thu	1 - 1:25 pm	Jan 8 - Feb 19	\$94
03	3 - 6	Tues	4:40 - 5:05 pm *	Feb 24 - April 14	\$109
04	3 - 6	Thu	1 - 1:25 pm	Feb 26 - April 16	\$109

* Time of Session #3 will change to 3:40 - 4:05 pm starting March 3

Youth Learn to Skate (Ages 6-12)

Youth Learn to Skate levels are designed to teach basic motion, balance and coordination that prepare skaters for hockey, figure skating or the occasional rink visit. Classes consist of at least 30 minutes or more of group instruction and 5-10 minutes of supervised practice.

PREREQUISITE: Skaters must be at least 6 years of age and a helmet, such as a bike helmet or HECC helmet is required.

- Youth 1 (Beginners or those with minimal skating experience, ages 6-12)
- Youth 2 (Skaters ages 6-12 who have passed Youth 1)

BE PREPARED FOR CLASS

- Arrive 15-20 minutes prior to the class start time
- Helmet, such as a bike helmet or HECC helmet is required
- Wear warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens
- Rental skates are available on a first come, first serve basis and are included in the class fee
- You are welcome to bring your own skates although double blade skates are not permitted

Youth Learn to Skate

123201

(Ages 6 - 12)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena, Natick

Min: 3/Max: 20

8 weeks

S#	Day	Times	Date	Price
01	Mon	5:40 - 6:30 pm	Dec 29 - Feb 16	\$129
02	Tues	4:40 - 5:30 pm	Dec 30 - Feb 17	\$129
03	Mon	5:40 - 6:30 pm	Feb 23 - April 13	\$129
04	Tues	4:40 - 5:30 pm *	Feb 24 - April 14	\$129

* Time of Session #4 will change to 3:40 - 4:30 pm starting March 3

Directions to the Natick Skating Rink

(35 Winsor Ave, Natick MA 01760)

- Rt 9 West to For General Questions Call:
- Rt 27 South 1-888-74-SKATE or 508-655-1013
- Right onto West Street For Registration or Refund
- Left onto Windsor Ave Questions Call : 781-235-2370

Visit FMC Web site at www.fmcicesports.com



Knucklebones Tumbling

123103

(Ages 8 months - 4 years)

Instructor: Knucklebones Staff

This class is head over heels fun! Children will gain gross motor & social skills while moving their bodies in a safe and creative environment. From moving their bodies like logs rolling down a 'hill', climbing over 'mountain' and tumbling on the matted floors - your child will have a blast!

Location: Warren Building

Min: 8/Max: 12

8 weeks

S#	Age	Day	Times	Date	Price
01	8 - 12 months	Wed	9:30 - 10 am	Jan 14 - March 11 (No class 2/18)	\$110
02	2 - 4 years	Wed	10:15 - 11 am	Jan 14 - March 11 (No class 2/18)	\$110



Knucklebones Soccer

123101

(Ages 2 - 3)

Instructor: Knucklebones Staff

This proven clinic will help children learn the beginning skills, technique and etiquette of soccer. Starting with soft Rhino Skin balls, slowly moving up to size 3 soccer balls, children actively engage in learning everything from passing and kicking, to heading and dribbling skills. Each class has a short discussion of the game of soccer, stretching and calisthenics, skill lesson, and end with soccer activities and a soccer game. You will be amazed and your child will feel empowered as they improve throughout this session. Parents are highly encouraged to participate with their child in this program. All must wear appropriate athletic attire and sneakers.

Location: Warren Building

Min: 8/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Mon	11 - 11:45 am	Jan 12 - March 16 (No class 1/19 & 2/16)	\$105

Knucklebones Wide World of Sports

123105

(Ages 1.8 - 6)

Instructor: Knucklebones Staff

This is not your average sports class! Knucklebones Wide World of Sports multi-sports class focuses on strategy, fitness and fun, allowing everyone to get involved and have a good time. Bringing all our own equipment, we'll focus on traditional games such as T-Ball, soccer, hockey and basketball, and add outside-the-box games such as Builders & Bulldozers, Messy Backyard and Powerball. Proper clothing and sneakers are required. Please also bring a water bottle to class. Please note, parents are required to stay for the class (this is not a drop-off class).

Location: Tenacre Country Day School

Min: 8/Max: 15

8 weeks

S#	Age	Day	Times	Date	Price
01	1.8 - 3	Sat	8 - 8:45 am	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$105
02	4 - 6	Sat	9 - 9:50 am	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$105

Fitness, Food & FUN!

123108

(Ages 7 - 12)

Instructor: Knucklebones Staff

Knucklebones is thrilled to offer a combination of healthy eating, living and fitness all in one class. Each week your instructor will lead a mixture of athletic games and activities to get their bodies moving, work together to create healthy snacks and food (from smoothies to Kale chips - YUM) and fun nutritional games to gain knowledge in a unique way. Participants should come prepared to play and enjoy!

* Please also note any food allergies when registering.

Location: Warren Building/Field

Min: 8/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Tue	3:30 - 5 pm	Jan 13 - March 10 (No class 2/17)	\$155



If Wellesley Public Schools are cancelled then the classes at Wellesley Recreation are cancelled as well.

Knucklebones Athletic Games

123100

(Ages 2 - 3)

Instructor: Knucklebones Staff

Knucklebones not only wants to teach children the fundamentals of sports, we want to help build confidence and develop a passion for athletics and fitness that will stay with them for life! Bringing a plethora of unique equipment, we will provide a diverse and fulfilling athletic program that focuses on fundamentals, gross motor development, physical fitness & fun! Proper sneakers are required.

Location: Warren Building

Min: 8/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Fri	10:30 - 11:15 am	Jan 9 - March 6 (No class 2/20)	\$105

Knucklebones Toddler Playspace

123106

(Ages 8 months - 4)

Instructor: Knucklebones Staff

We know how hard it is to find a fun and safe space for your child to get moving, especially in the winter. Come explore a plethora of high quality, unique athletic games and equipment that promote gross motor development, physical activity and fun! We have everything from a ball pool, climbing structure, gymnastics mats, wedges, climbers and fitness machines to Rodys, push/pull toys, ride-ons, balls (Edushape, Kinball, RhinoSkin, Rubbabu, etc) and much more for your child to explore during the open play session.

Location: Warren Building

Min: 10/Max: 16

10 weeks

S#	Day	Times	Date	Price
01	Tue	9:30 - 11 am	Jan 13 - March 24 (No class 2/17)	\$130





Fencing

121801

(Ages 9 - 16)

Instructor: Jim Mullarkey, 3MB Fencing

It's fast; It's fun! Not into team or group sports? Want to win or lose on just your skills? Fencing is the sport for you! Begin your journey into modern swordplay. Nicknamed "Physical Chess," you will train your body and mind to act or react to rapidly changing scenes. You will train: peripheral vision, speed and agility, as well as, hand-eye-foot coordination. All gear is provided for you at each class. All you need to supply is a good learning attitude and your own water bottle, sneakers and loose pants or shorts.

Location: Warren Building

Min: 6/Max: 20

8 weeks

Beginner Fencing

S#	Day	Times	Date	Price
01	Fri	6 - 7 pm	Jan 16 - March 13 (No class 2/20)	\$99

Intermediate Fencing

S#	Day	Times	Date	Price
02	Fri	7:15 - 8:15 pm	Jan 16 - March 13 (No class 2/20)	\$99

Archery

135300

(Ages 8 - 15)

Instructor: On The Mark Archery, LLC

Your archer will learn the fundamentals of archery, including safety, proper form, range procedures, shooting technique and scoring. On The Mark Archery is committed to bringing target archery to youths by providing a safe and fun environment to learn this Olympic sport. All necessary equipment from protective devices to targets, bows and arrows are provided. Sign up early as the "Hunger Games" movies have made the sport of archery very popular.

Location: Warren Building

Min: 12/Max: 20

5 weeks

S#	Age	Day	Times	Date	Price
01	10 - 14	Wed	6:45 - 7:45 pm	Jan 14 - Feb 11	\$135
02	10 - 14	Wed	6:45 - 7:45 pm	Feb 25 - March 25	\$135

Thundercat Mini Sports

120903

(Ages 4 - 5)

Instructor: Thundercat Sports Staff

Thundercat Sports mini version of our popular Sports Jam! Soccer will be a core sport played everyday in which basic skills will be emphasized. Other sports include t-ball, basketball, softie hockey, balloon ball, and kick ball. Other games and activities include finding the Nemo, Sponge Bob tag, thunder relays, Kiddie Cat Olympics, and more. Theme days, including Red Sox Day and Friday Fun Day, add to the excitement creating a non-competitive positive sports experience your child will enjoy. Emphasis will be on basic skills, developing hand eye coordination, teamwork, and FUN!

Location: Warren Building

Min: 7/Max: 14

8 weeks

S#	Day	Times	Date	Price
01	Mon	3:30 - 4:15 pm	Jan 12 - March 16 (No class 1/19 & 2/16)	\$125

Thundercat Sports Jam

120904

(Ages 6 - 8)

Instructor: Thundercat Sports Staff

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized, but that's not all. Other sports mixed in may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played. Program is co-ed and participants should bring water and wear comfortable clothes to run around in.

Location: Warren Building

Min: 7/Max: 14

8 weeks

S#	Day	Times	Date	Price
01	Mon	4:20 - 5:20 pm	Jan 12 - March 16 (No class 1/19 & 2/16)	\$125

Thundercat Basketball

120902

(Ages 4 - 9)

Instructor: Thundercat Sports Staff

Skills, drills, and fun! Instruction includes basic skills like shooting, passing, dribbling, positions, defense and rules of the game. There will be a game each week so skills can be put into action. Sneakers, water bottle and appropriate dress are required. Get ready for some basketball fun with the experienced coaches from the Thundercats!



Location: Warren Building

Min: 8/Max: 24

8 weeks

S#	Age	Day	Times	Date	Price
01	4 - 6	Sat	8:15 - 9:05 am	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$145
02	7 - 9	Sat	9:10 - 10 am	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$145

Karate

121800

(Ages 5 - 16)

Instructor: Steve Nugent & Staff

Voted one of the best Martial Arts programs in America! These classes teach self-defense, proper breathing, stretching, kicking and punching, as well as the importance of academic achievement, discipline, respect, honesty and integrity. The material is presented in a disciplined, structured yet fun format for kids! Uniform and belt are included at no additional cost!!



Location: Warren Building
10 weeks

Min: 10/Max: 30

S#	Age	Day	Times	Date	Price
01	3 - 5	Wed	3:45 - 4:30 pm	Jan 14 - March 25 (No class 2/18)	\$240
02	6 - 8	Wed	4:30 - 5:15 pm	Jan 14 - March 25 (No class 2/18)	\$240
03	9 - 12	Wed	5:15 - 6:00 pm	Jan 14 - March 25 (No class 2/18)	\$240
04	13 - 16	Wed	6:00 - 6:45 pm	Jan 14 - March 25 (No class 2/18)	\$240

SUPER SOCCERSTARS



Super Soccer Stars

122904

(Ages 2 - 4)

Instructor: Super Soccer Stars Staff

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun. For ages 2 and up!

Location: Warren Building
9/10 weeks

Min: 5/Max: 20

S#	Age	Day	Times	Date	Price
01	2 - 3	Tues	10:45 - 11:25 am	Jan 13 - March 24 (No class 2/17)	\$250
02	3 - 4	Tues	11:35 am - 12:20 pm	Jan 13 - March 24 (No class 2/17)	\$250
03	3 - 4	Sat	11:35 am - 12:25 pm	Jan 10 - March 28 (No class 1/17, 2/14, 2/21)	\$225
04	2 - 3	Sat	12:30 - 1:15 pm	Jan 10 - March 28 (No class 1/17, 2/14, 2/21)	\$225

Indoor Tennis

125200

(Ages 5 - 11)

Instructor: Mike Sabin & Staff

This is a fun approach to learning tennis. Emphasis will be placed on developing hand eye coordination skills while providing an introduction to the game of tennis. You must provide your own racquet and bring a water bottle. All classes will be held inside.

Location: Warren Building Gym

Min: 4/Max: 12

7 weeks

S#	Age	Day	Times	Date	Price
01	5 - 7	Thu	3:30 - 4:30 pm	Jan 15 - March 5 (No class 2/19)	\$160
02	8 - 11	Thu	4:30 - 5:30 pm	Jan 15 - March 5 (No class 2/19)	\$160

Early Release Indoor Tennis



125200

(Ages 5 - 11)

Instructor: Mike Sabin & Staff

Instruction will cover the basic aspects of the sport including skill evaluation, forehand, backhand, serve, volley, overhead and strategy. Please bring a racquet and water bottle.

Location: Warren Building

Min: 4/Max: 8

7 weeks

S#	Age	Day	Times	Date	Price
03	8 - 11	Wed	12:30 - 1:30 pm	Jan 14 - March 4 (No class 2/18)	\$160



Celebrate your birthday
at the Warren Building!
Info on page 13

Dynamic Speed & Endurance

120204

(Ages 7 - 12)

Instructor: Kathy Fleming

This class will help your child reach new levels in their athletic endeavors. This class, which is run indoors, will get your athlete moving, empowered and confident with his/ her new awareness of pacing, sprinting, stamina, hurdle and drill technique. Kathy Fleming, the former Boston College Track & Field and Cross Country Coach, Olympic Trials 1500m finalist and a member of the still standing world record distance medley relay team, will share her knowledge about the key ways to better technique, and build speed and endurance in young athletes. This class will introduce other Track and Field events like the shot put, javelin, hurdles and long jump. Proper hydration, nutrition, stretching and drills are a part of the class instruction as well. Each class ends with a fun relay event.

Location: Warren Building

Min: 6/Max: 15

5 weeks

S#	Day	Times	Date	Price
01	Mon	4:30 - 5:30 pm	Jan 26 - March 2 (No class 2/16)	\$120

Munchkin Multi-Sports

122102

(Ages 2 - 5)

Instructor: John Smith Sports Staff

Led by the skilled and experienced coaches from John Smith Sports, your child will get an introduction to a wide variety of sports, including soccer, T-Ball, turf hockey, lacrosse, football, hoola hoops, parachute games and much more! This class also will focus on listening skills and cooperation. But the main focus is to have FUN!

Location: Warren Building

Min: 7/Max: 12

8 weeks

S#	Age	Day	Times	Date	Price
01	2-3	Tues	10 - 10:45 am	Jan 13 - March 10 (No class 2/17)	\$120
02	4-5	Thurs	10 - 10:45 am	Jan 15 - March 12 (No class 2/19)	\$120

John Smith Soccer Academy

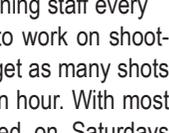
122103

(Ages 6-9)

Instructor: John Smith Sports Staff

Led by the skilled and experienced coaches from John Smith Sports, your child will get an introduction to soccer. The coaches will train your child in individual footskills and then coach him/her in a small sided game each week. This class also will focus on listening skills and cooperation. But the main focus is to have FUN!

Location: Tenacre School gym, Wellesley



Min: 7/Max: 16

8 weeks

S#	Age	Day	Times	Date	Price
01	6-9	Sat	11 am - 12 pm	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$120
02	6-9	Sat	12 - 1 pm	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$120

Basketball Shooting Clinic

121211

(Grades 6 - 10)

Instructor: Isaiah Davis

Join Coach Isaiah Davis and his Game Time training staff every Saturday morning to work on shooting technique and get as many shots up as possible in an hour. With most games being played on Saturdays and Sundays, we want to treat this session as a shooting prep for your upcoming game! Be prepared and



ready to score big in every Metrowest and town game during the winter with this early Saturday morning session. Players will keep track of their shots and we will update their tracker weekly. Space is limited to the first 20 players to join. This is a coed clinic.

Location: Tenacre School gym, Wellesley

Min: 8/Max: 20

8 weeks

S#	Day	Times	Date	Price
01	Sat	10 - 11am	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$150



Terriers Dodgeball League

120601

(Grades 2 - 5)

Instructor: Joe Roberts & Terriers Staff

Kids love the fast paced action, throwing, catching and of course dodging balls in this great game. They also get a great overall workout and develop throwing, catching and agility skills, while enjoying a great time playing one of their favorite games. Teams will be organized by grade into teams and provided with team shirts. Teams play games and cheer on other team's games to create a fun and energetic environment. Mixed with Terriers tunes, they enjoy high-octane fun. At the conclusion of the program teams also enjoy a tournament to sign the coveted Terriers Dodgeball Bucket. Cushioned foam balls are used for safety.

Location: Warren Building

Min: 25/Max: 52

5 weeks

S#	Day	Times	Date	Price
01	Fri	4 - 5:15 pm	Jan 9 - Feb 6	\$110
02	Fri	4 - 5:15 pm	Feb 27 - March 27	\$110

Basketball Skills & Drills

121210

(Grades 3-8)

Instructor: Isaiah Davis

Join Coach Isaiah Davis and his Game Time training staff for this advanced level weekly skills session. These sessions will be detailed, intense and physical. Over the course of the 8 weeks, we will introduce and teach our players a number of different concepts, such as: different ways to finish around the basket, reading screens, moving effectively without the ball and finishing in tight spaces. Each player will receive a minimum of one video breakdown from the GT Elite Coach. We ask that each player record an in-season game and provide it to Coach Isaiah by week 4, in order for us to deliver feedback in a timely manner. Each session will be tracked and provided to participants at the end of the program. We will be offering separate sessions for both boys and girls.

Location: Warren Building

Min: 8/Max: 20

8 weeks

S#	Day	Times	Date	Price
01	Tues	6 - 7 pm (Boys only)	Jan 13 - March 10 (No class 2/17)	\$200
02	Thurs	6:30 - 7:30 pm (Girls only)	Jan 15 - March 12 (No class 2/19)	\$200

Indoor Soccer Fun

122900

(Ages 4 - 6)

Instructor: James Bede & Staff

Get your young player ready to play soccer by learning proper ball skills. All teaching is done through a lot of fun games in a non-threatening environment. We want your child to wear proper soccer equipment; shin guards & sneakers, plus they need to bring a water bottle as well. Program is held in the gym.

Location: Warren Building

Min: 10/Max: 20

8 weeks

S#	Age	Day	Times	Date	Price
01	4	Wed	2 - 2:45 pm	Jan 14 - March 11 (No class 2/18)	\$150
02	5	Wed	2:50 - 3:35 pm	Jan 14 - March 11 (No class 2/18)	\$150
03	4	Wed	3:45 - 4:25 pm	Jan 14 - March 11 (No class 2/18)	\$150
04	5 - 6	Wed	4:30 - 5:15 pm	Jan 14 - March 11 (No class 2/18)	\$150



Advanced Soccer Fun

122900

(Ages 6 - 8)

Instructor: James Bede & Staff

Your player is ready for more formal soccer training. This program will teach your player how to play the game through some easy fun drills as well as games. We recommend your player wear shin guards.

Location: Warren Building

Min: 10/Max: 20

8 weeks

S#	Age	Day	Times	Date	Price
05	6 - 7	Wed	5:20 - 6:20 pm	Jan 14 - March 11 (No class 2/18)	\$150
06	7 - 8	Sat	1:15 - 2:15 pm	Jan 10 - March 21 (No class 1/17, 2/14, 2/21)	\$150

Advanced Footskills

122901

(Ages 10 - 12)

Instructor: James Bede & Staff

Join James Bede to learn and advance your foot skills. This session will focus on individual skills; dribbling, moves, shielding and passing. You will bring your game to the next level by participating in this session.

Location: Warren Building

Min: 10/Max: 16

8 weeks

S#	Age	Day	Times	Date	Price
01	10 - 12	Tue	5:00 - 6:00 pm	Jan 13 - March 10 (No class 2/17)	\$150



Beginner Cross Country Skiing

123302

(Ages 6 - 10)

Instructor: Weston Ski Track

A series of five one-hour classes introduces children to beginner and intermediate skiing skills. Instruction combined with game playing, having fun, and five weeks of unlimited practice time allows kids to develop their ski skills and an appreciation of the sport. The cost for rentals is an additional \$40 that the parents will pay on the day of the first class. The reason we do it this way is because several folks have their own equipment!

What To Wear and Bring

Cross-country ski clothes should offer protection from the cold, wind, and snow (even if it's not snowing, you are likely to fall a time or two). The challenge in cross-country skiing is to stay warm without over-dressing.

- Base & Insulating Layers: Wear several thin layers of wool or synthetic clothing (fleece, running tops and/or tights, polypro outdoor apparel, etc.) that can be easily added or removed.
- Top Layer: Wind- and water-resistant jackets and pants are highly recommended.
- Hat and Gloves are required.
- On Your Feet: Wool/Smartwool socks are best.
- Avoid cotton clothing (jeans, most T-shirts) as it will not keep you dry or warm.
- Don't overdress – sweating doesn't help you stay warm.

WEATHER CANCELLATIONS: Because we make our own snow, we are capable of holding classes in almost any weather. Rarely are classes cancelled due to a lack of snow, though we do not hold classes in steady rain. Please call Weston Ski Track (781-891-6575) if you have any question as to whether classes will be held. No refunds will be granted for missed classes.

Weston Ski Track reserves the right to cancel classes due to unsafe weather conditions and will make final decisions two hours before the start time of the event.

IMPORTANT NOTE: For cancellations received fewer than 48 hours before your scheduled activity, we are unable to offer any refunds.

Location: Leo J. Martin Golf Course, 190 Park Rd., Weston

Min: 3/Max: 12

5 weeks

S#	Day	Times	Date	Price
01	Wed	1:15 - 2:15 pm	Jan 7 - Feb 4	\$94



Nashoba Wednesday Ski Program

123300

(Ages 8 - 11)

Instructor: Nashoba Valley Ski Resort

Now is the best time to learn to ski or snowboard. If you already ski or snowboard, you can polish your skills. This program includes transportation to Nashoba Valley, lessons and lift tickets. Please indicate if your child is a first time skier and if they will snowboard or ski. All participants must be enrolled in grades 3 - 5. If you need rental equipment you MUST attend the prefit, Thursday, Dec 11th @ 7pm. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program.

Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price
04	Wed	12:45 - 5:30 pm	Jan 7 - 28	\$280

Nashoba Friday Ski Program

123301

(Ages 11 - 14)

Instructor: Nashoba Valley Ski Resort

Just imagine blazing down the slopes of Nashoba Valley under the lights instead of staying home on Friday night. Join your friends and enjoy four weeks of skiing or snowboarding. Participants should bring a bag lunch/supper or they may purchase something at Nashoba. No lessons on Friday nights. Children must be enrolled in grades 6-8. If you need rental equipment you MUST attend the prefit, Thursday, Dec 11th @ 7pm. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program.



Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price
01	Fri	3:45 - 9:30 pm	Jan 9 - 30	\$270

Nashoba Snow Tubing

123306

(Ages 8 - 11)

Instructor: Nashoba Valley Ski Resort

What could be better than spending the afternoon at New England's largest tubing park? Well, nothing! Join Wellesley Recreation as we experience the newest winter recreational activity when we head to Nashoba Valley in Westford, MA for an afternoon filled of snow tubing. The trip will include three hours on the tubing trail and bus transportation to and from Nashoba Valley. All participants must be enrolled in grades 3 - 5.

Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price
01	Wed	12:45 - 5:30 pm	Feb 25	\$75

A NOTE TO PARENTS FOR NASHOBA SKI

The Recreation Department has been offering ski lessons at Nashoba Valley for a number of years. There are a few things that you can do to help us. We do ask that your child wear the ski band provided by us, so that we can identify those in our group. WE ARE NOT RESPONSIBLE FOR ARTICLES LEFT BEHIND. YOUR CHILD MUST MAKE SURE THEY HAVE EVERYTHING BEFORE WE LEAVE NASHOBA. Children are not allowed to wear ski boots on the bus. Every child who goes to Nashoba on the bus will return to the Warren Building parking lot on the bus. If you must pick your child up at Nashoba, then you will also be responsible for getting them to Nashoba that day. Last, but not least, we ask that you BE ON TIME TO PICK UP YOUR CHILD. The bus is usually back at the Warren Building parking lot by 5:15 pm at the latest for the Wednesday program, and for the Friday night program by 9:30 pm.

Rentals are an additional \$85 to be paid at prefit. Prefit for rentals will be held at the Warren Building on Thursday, Dec. 11 from



Pony Power

132202

(Ages 2 - 6)

Instructor: Century Mills Stable

Our wonderfully patient small ponies are ready to teach your child the basics of horsemanship. Children will learn how to handle, groom, and tack up the pony, and will spend time in the saddle as well, working on basic control and position. Parents are encouraged to actively participate in the learning experience, and will be taught how to work safely around the animals and how to help their child have a safe and positive experience with the ponies. Century Mill Stables has an indoor ring for classes to run in all weather.

Location: Century Mill Stables

Min: 2/Max: 6

4 weeks

S#	Day	Times	Date	Price
01	Wed	2 - 2:50 pm	Jan 7 - Jan 28	\$150
02	Sat	2 - 2:50 pm	Jan 10 - Jan 31	\$150
03	Wed	2 - 2:50 pm	March 4 - March 25	\$150
04	Sat	2 - 2:50 pm	March 7 - March 28	\$150



Directions to Century Mills Stable 185 Century Mill Road, Bolton, MA

Route 495 from Wellesley via Route 9 or via Route 128 to the Mass Pike West. North on Route 495. Take exit 27 (Bolton/Stow exit) and at the end of the ramp take a left onto Route 117 toward Stow and then an IMMEDIATE right onto Route 85. Go one mile on Route 85 and take a right onto Century Mill Road. Century Mill Stables (#185) is one mile down on the right. Please call (978-779-2934) if you have trouble finding the stable.

Mother Goose Story Time

132210

(Ages 1 - 5)

Instructor: Sweet Meadow Farm Staff

During this 45 minute Mommy & Me class, your child will learn while interacting with our small animals. They will listen to their favorite mother goose stories while holding a wide variety of cuddly and friendly small animals. Then they will enjoy feeding the miniature ponies their hay for lunch!

Location: Sweet Meadow Farm

Min: 1/Max: 5

3/4 weeks

S#	Day	Times	Date	Price
01	Tue	11 - 11:45 am	Jan 13 - Jan 27	\$45
02	Wed	11 - 11:45 am	Jan 14 - Jan 28	\$45
03	Tue	11 - 11:45 am	Feb 3 - Feb 24 (no 2/17)	\$45
04	Wed	11 - 11:45 am	Feb 4 - Feb 25 (no 2/18)	\$45
05	Tue	11 - 11:45 am	Mar 3 - March 24	\$60
06	Wed	11 - 11:45 am	Mar 4 - March 25	\$60

Hoof Beats

132200

(Ages 6 - 13)

Instructor: Century Mills Stable

This group riding lesson will focus on improving basic riding skills. This class is designed for both beginning riders and those with some experience. Work on control and position at the walk and trot, learn basic jumping principles, and develop confidence in the saddle. You will also learn to groom and tack up a horse safely. Our licensed, upbeat instructors and happy, well-trained horses will make sure you have a positive riding experience. Century Mill Stables has an indoor ring for classes to run in all weather.

Location: Century Mill Stables

Min: 2/Max: 6

4 weeks

S#	Day	Times	Date	Price
01	Sat	4 - 4:50 pm	Jan 10 - Jan 31	\$185
02	Sat	4 - 4:50 pm	March 7 - March 28	\$185

Horse Power

132201

(Ages 6 - 12)

Instructor: Century Mills Stable

Have a horse crazy child? Horse Power is designed to give both children and their parents a broad-based introduction to horses in a fun, interactive class. Start each session by learning to handle, groom and tack up a horse. End each week with a group riding lesson where kids get to learn the basics in the saddle and parents can learn how to safely help them. Our licensed, upbeat instructors and happy, well-trained horses will make sure you and your child have a positive first horse experience. Century Mill Stables has an indoor ring for classes to run in all weather.

Location: Century Mill Stables

Min: 2/Max: 6

4 weeks

S#	Day	Times	Date	Price
01	Sat	3 - 3:50 pm	Jan 10 - Jan 31	\$185
02	Sat	3 - 3:50 pm	March 7 - March 28	\$185

Exotic Animal Adventure

132212

(Ages 1 - 6)

Instructor: Sweet Meadow Farm Staff

A great hands-on animal science experience for children who love animals! Friendly and well trained animals like miniature cows, miniature horses, miniature goats, and miniature donkeys are perfect for them! Children will learn to feed, groom, care for, train, and hold our friendly barnyard and exotic animals including a kangaroo, baby deer, small animals (rabbits, guinea pigs, gerbils and ferrets). They will also have access to our bird room where they can hold and feed our friendly birds in a safe environment. All this is in our brand new insulated and heated barn!

Location: Sweet Meadow Farm

Min: 1/Max: 5

2/3/4 weeks

S#	Day	Times	Date	Price
01	Mon	1 - 1:50 pm	Jan 12 - Jan 26 (no 1/19)	\$50
02	Mon	1 - 1:50 pm	Feb 2 - Feb 23 (no 2/16)	\$75
03	Mon	1 - 1:50 pm	March 2 - March 23	\$100

Barn Buddies

132207

(Ages 4 - 12)

Instructor: Sweet Meadow Farm Staff

Children will start their day feeding breakfast to our friendly barnyard animals. Then will groom and learn how to walk miniature horses on a leadline, feed new babies their bottle, and play with the baby miniature animals. Head over to the small animal room to learn to hold, feed, and care for a variety of small animals in our brand new insulated and heated barn! This is a drop off class.

Location: Sweet Meadow Farm

Min: 1/Max: 5

3/4 weeks

S#	Day	Times	Date	Price
01	Sat	10 am - 12 pm	Jan 17 - Jan 31	\$150
02	Sat	10 am - 12 pm	March 7 - March 28	\$200

Early Release Riding

132209

(Ages 4 - 12)

Instructor: Sweet Meadow Farm Staff

Your child will enjoy a one on one riding lesson as well as a unique and exciting hands-on animal science experience. They will feed, groom, and care for our friendly barnyard and exotic animals (including a kangaroo and Mini Cows), and our small animals (rabbits, guinea pigs, gerbils and ferrets). They will also have access to our bird room where they can hold and feed our birds, all this in a safe environment.

Location: Sweet Meadow Farm

Min: 1/Max: 5

1 day

S#	Day	Times	Date	Price
01	Wed	1 - 3 pm	Jan 7	\$85
02	Wed	1 - 3 pm	Feb 4	\$85
03	Wed	1 - 3 pm	March 4	\$85

Saddle Club

132205

(Ages 5 - 10)

Instructor: Sweet Meadow Farm Staff

This program is perfect for children with little or no horseback riding experience. Each week students kick off the class with an educational horse activity. Next they will get hands on experience with our wide variety of animals, learning proper handling diet and care for guinea pigs, bunnies, ferrets, hedgehog, miniature horses, mini cows, miniature kangaroo, miniature pig, goats, chickens and kittens. After the one-on-one riding lesson, students walk their horses back to the stable along with their instructor, to untack the horse and put them into their stall. Then the group feeds all the animals and learns regiments and proper medicinal care. The program is designed to accommodate all school dismissal times, so drop off starts at 3:30.

Location: Sweet Meadow Farm

Min: 1/Max: 3

2/3/4 weeks

S#	Day	Times	Date	Price
01	Mon	3:30 - 6 pm	Jan 12 - Jan 26 (no 1/19)	\$180
02	Tues	3:30 - 6 pm	Jan 13- Jan 27	\$270
03	Mon	3:30 - 6 pm	Feb 2 - Feb 23 (no 2/16)	\$270
04	Tues	3:30 - 6 pm	Feb 3 - Feb 24 (no 2/17)	\$270
05	Mon	3:30 - 6 pm	March 2 - March 23	\$350
06	Tues	3:30 - 6 pm	March 3 - March 24	\$350

All About Ponies

132213

(Ages 4 - 8)

Instructor: Sweet Meadow Farm Staff

Beginning horsemanship for the animal lovers! In this drop-off class, children will learn to handle, care for, groom, tack up and ride our gentle and well-trained ponies. The focus of the class will be on ponies, however, they will spend time interacting with our friendly barnyard and exotic animals including a kangaroo, baby deer and small animals (rabbits, guinea pigs, gerbils and ferrets). As a group, we will have a chance to enjoy our bird room where they can hold and feed our friendly birds in a safe environment. At the end, they will have the opportunity to feed the ponies and put them to bed. All this is in our brand new insulated and heated barn!

Location: Sweet Meadow Farm

Min: 1/Max: 5

3/4 weeks

S#	Day	Times	Date	Price
01	Tues	1 - 1:50 pm	Jan 13 - 27	\$150
02	Tues	1 - 1:50 pm	Feb 3 - Feb 24 (No class 2/17)	\$150
03	Tues	1 - 1:50 pm	March 3 - March 24	\$200

Mini Riders

132211

(Ages 1 - 6)

Instructor: Sweet Meadow Farm Staff

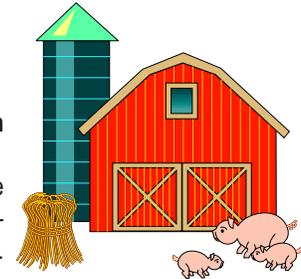
Our patient, well-trained and gentle miniature horses are ready to introduce your child to a lifelong love. He/she will learn how to handle, and groom and tack up the miniature horse. They will then spend time in the saddle riding the hand-led pony. Parents are welcome and encouraged to participate in their child's one-on-one learning experience. Our focus is teaching how to work safely around the animals, while having a fun positive experience with the pony. After feeding and putting the ponies away, your child will have a chance to come into our brand new insulated and heated barn and play with our trained and friendly small animals (rabbits, guinea pigs, gerbils, chinchilla, birds and ferrets) for an all-around wonderful experience.

Location: Sweet Meadow Farm

Min: 1/Max: 5

3/4 weeks

S#	Day	Times	Date	Price
01	Thu	10 - 10:45 am	Jan 15 - Jan 29	\$75
02	Thu	1 - 1:45 pm	Jan 15 - Jan 29	\$75
03	Thu	10 - 10:45 am	Feb 5 - Feb 26 (no 2/19)	\$75
04	Thu	1 - 1:45 pm	Feb 5 - Feb 26 (no 2/19)	\$75
05	Thu	10 - 10:45 am	March 5 - 26	\$100
06	Thu	1 - 1:45 pm	March 5 - 26	\$100



Directions to Sweet Meadow Farm 111 Coolidge Street, Sherborn, MA 01770

Sweet Meadow Farm is a short 10 minute drive from downtown Wellesley. Head towards Natick on Central St/ MA-135 W for a little over 4 miles. Take a left turn onto Speen St and follow for 1 mile. Then take a left onto Coolidge St. Sweet Meadow Farm will be located on the right. For any questions/troubles please contact Sweet Meadow Farm 508-308-9194.



STEM is Fun for Tots

124922

(Ages 3 - 5)

Instructor: STEM Beginnings Staff

It's never too early to spark our little children's interest in the fields of Science, Technology, Engineering, and Math. It is during the early years that children start to wonder, ask, think, explore and discover things around them. With each STEM for Tots class, the children will learn STEM concepts through hands-on activities, engaging stories, music and movement, challenges and even simple experiments ideal for little hands. Each day will be a fun, learning experience for your little ones!

Location: Warren Building
8 weeks

Min: 6/Max: 10

S#	Day	Times	Date	Price
01	Fri	9:30 - 10:30 am	Jan 16 - March 13 (No class 2/20)	\$130



STEM is Fun for Kids

124922

(Ages 5 - 8)

Instructor: STEM Beginnings Staff

"STEM is FUN!" That's what we want to hear from our students. Through hands-on activities and STEM challenges, children will think, construct, experiment, discover, and develop the desire to learn more. The children will explore the use of different learning tools - from Lego bricks, Kapla blocks, K'nex education sets, Snap Circuits, and other STEM toys to doing experiments using the simplest everyday materials. Every class, we learn something new and experience a different kind of fun. After all, learning is BEST when kids are having FUN!

Location: Warren Building
8 weeks

Min: 7/Max: 12

S#	Day	Times	Date	Price
03	Mon	4 - 5 pm	Jan 12 - March 16 (No class 1/19, 2/16)	\$130

Mad Science: There's Science EVERYWHERE!

124901

(Ages 5 - 8)

Instructor: Mad Science Staff

Join the Mad Science hands-on science fun! We're crazy about science, and hope you are too! In this program, we'll have a blast exploring science and how it affects the world around us. There will be exciting hands-on activities, spectacular demonstrations, inquiry-based discussions and amazing projects to make and take home. We'll explore the world's most abundant animal-bugs; investigate the powerful processes that shape the Earth and form rocks, minerals and gems; try out different types of simple machines, levers, incline planes, wheels and pulleys; and discover how hurricanes, tornadoes and thunderstorms develop and how powerful they can be. We'll also learn firsthand how advances in science and technology are behind our favorite movie special effects; explore the energy of motion and how energy can be conserved; get our left and right brains working together and discover the links between science and art; and examine and investigate what life is like under the sea.

Location: Warren Building
8 weeks

Min: 8/Max: 20

S#	Day	Times	Date	Price
01	Thurs	3:30 - 4:30 pm	Jan 15 - March 12 (No class 2/19)	\$160



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Saturday, November 22
@ North Hill
All Welcome

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- First-year dues \$299 for most business with 5 or fewer employees

www.WellesleyChamber.org

781-235-2446

American Girl Doll Create & Play Theme: Frozen Princess

121406

(Ages 5 - 10)

Instructor: Diane Benson & Beth Meditz
Event-FULL!, LLC (www.event-full.net)

Join Diane and Beth and bring your special friend (an American Girl Doll or your favorite stuffed animal) for three fun-filled hours of "Frozen Princess" crafts and play! Bring your creative mind and "Let it Go!" What you make and take home will lead to several hours of continued play and enjoyment. Please send your child with a nut-free snack and drink.



Location: Warren Building
1 day

Min: 8/Max: 15

S#	Day	Times	Date	Price
01	Sat	9 am - 12 pm	Jan 31	\$55

American Girl Doll Create & Play Theme: Bake Shop

121406

(Ages 5 - 10)

Instructor: Diane Benson & Beth Meditz
Event-FULL!, LLC (www.event-full.net)

Join Diane and Beth and bring your special friend (an American Girl Doll or your favorite stuffed animal) for 3 fun-filled hours of "Bake Shop" crafts and play! The pretend play and bake shop treats that you make and take home will lead to several hours of continued play and enjoyment. Please send your child with a nut-free snack and drink.

Location: Warren Building
1 day

Min: 8/Max: 15

S#	Day	Times	Date	Price
01	Sat	9 am - 12 pm	March 14	\$55

Super Hero Training Academy

121431

(Ages 5 - 10)

Instructor: Diane Benson & Beth Meditz
Event-FULL!, LLC (www.event-full.net)

BAD GUYS BEWARE!!! Join Diane and Beth and channel your inner Super Hero! Each participant will make their own Super Hero adventure journal, a protective shield and take part in Super Hero Challenges to learn what it's all about to be a crime fighter! Please send your child with a nut-free snack and drink.

Location: Warren Building

Min: 8/Max: 15

1 day

S#	Day	Times	Date	Price
01	Sat	9 am - 12 pm	Feb 7	\$55

LEGO Master Builders

121407

(Ages 5 - 10)

Instructor: Diane Benson & Beth Meditz
Event-FULL!, LLC (www.event-full.net)

GET INSPIRED, DESIGN & BUILD!!! Join Diane and Beth and have the opportunity to build your own creations using hundreds of thousands of LEGO bricks! Participants will not use directions sheets, instead they will be using their own creative minds and imagination to design their very own LEGO structure and become a Master Builder! This unique program will encourage individual thought as well as fostering teamwork and making new friends. All participants will go home with a framed photo of themselves taken with the creation they designed. The LEGOs stay with us but the fun memories will last a lifetime. Please send your child with a nut-free snack and drink.

Location: Warren Building

Min: 8/Max: 15

1 day

S#	Day	Times	Date	Price
01	Sat	9 am - 12 pm	March 7	\$50

Chess Lessons

124800

(Ages 5 - 14)

Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. Don't miss this exhilarating class.

Location: Warren Building

Min: 4/Max: 12

6/7 weeks

Beginner Level

S#	Day	Times	Date	Price
01	Mon	4:30 - 5:30 pm	Jan 26 - March 16 (No class 2/16)	\$125
03	Fri	3:45 - 4:45 pm	Jan 30 - March 13 (No class 2/20)	\$105

Intermediate Level

S#	Day	Times	Date	Price
02	Mon	5:35 - 6:35 pm	Jan 26 - March 16 (No class 2/16)	\$125
04	Fri	4:50 - 5:50 pm	Jan 30 - March 13 (No class 2/20)	\$105



Program Registration

RESIDENTS: Upon receipt of brochure
via email or mail

NON RESIDENTS: December 16 - 7 am

Pottery February Vacation

121417

(Ages 8 - 13)

Instructor: Ramune Jauniskis

In this four day course kids, will learn the basics of hand building and wheel throwing while working on suggested projects as well as projects of their own choosing. All work will be kiln fired and must be picked up the following week. Please bring a snack. Price includes materials fee.

Location: Warren Building

Min: 6/**Max:** 8

1 week

S#	Day	Times	Date	Price
01	Tue - Fri	9am - 12 pm	Feb 17 - 20	\$165

Junior Barn Buddies February Vacation Program



132214

(Ages 4 - 8)

Instructor: Sweet Meadow Farm Staff

Experience a week of fun and learning feeding, playing, planting a garden and learning how to take care of animals such as Miniature Cows and Horses, Goats, Baby Chicks, Guinea Pigs, Bunnies, Hamsters, Ferret, and more.

Location: Sweet Meadow Farm

Min: 1/**Max:** 5

1 Day

S#	Day	Times	Date	Price
01	Mon	9 am - 12 pm	Feb 16	\$60
02	Tues	9 am - 12 pm	Feb 17	\$60
03	Wed	9 am - 12 pm	Feb 18	\$60
04	Thurs	9 am - 12 pm	Feb 19	\$60
05	Fri	9 am - 12 pm	Feb 20	\$60

February Vacation Riding Program



132215

(Ages 4 - 13)

Instructor: Sweet Meadow Farm Staff

A week of fun and a daily one-on-one riding lesson for beginner to advance riders! Start the day waking all the barnyard animals up for breakfast, and then grooming and walking the miniature horses. Then join the small animal room for hands-on learning experience with the guinea pigs, bunnies, hamsters, ferrets, birds, miniature pig and cows. Each student will have a one-on-one horseback riding lessons and be properly paired with both an instructor and a horse based on their individual riding ability. From there, they will lead the horse to our indoor arena and learn to ride and master the cues for walk, trot, and canter. They will learn how to groom, clean and tack up (put the saddle and bridle on) their horse. Extended day available, visit www.sweetmeadowfarm.com for more information.

Location: Sweet Meadow Farm

Min: 1/**Max:** 5

1 Week

S#	Day	Times	Date	Price
01	Mon - Fri	9 am - 3 pm	Feb 16 - 20	\$625

February Vacation Painting & Drawing

121491

(Ages 6.5 - 13)

Instructor: D'Ann Hansen

Step-by-step visual demonstration on how to draw and paint two artworks by modern or contemporary masters. Subject may include an animal, a still life or a figure. Students will learn about composition, color theory, shading and handling the paint brush to create different textural effects. Painted with professional quality acrylics on the finest papers, these 16" x 22" paintings will fit into standard size frames. You'll want to make room on your walls for these! All supplies included.

Location: Warren Building

Min: 6/**Max:** 8

3 classes

S#	Day	Times	Date	Price
01	Tue -Thur	1 - 4:30 pm	Feb 17 - 19	\$195

Puddlestompers February Vacation

115702

(Ages 3 - 6, drop off)

Instructor: Puddlestompers Staff

Let us lead your children in discovering the beauty and wonder of late winter and early spring during PUDDLESTOMPERS February Vacation Week Drop-Off Program. Activity will be based at Warren Building where we will venture outside along the adjacent trail as much as temperature and weather allow. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Investigate the re-appearance of animals and the new growth of plants as Mother Nature promises warmer weather in the months ahead. We will learn about the day's topic through hands-on exploration, active movement and play, crafts, stories, and songs with our integrated curriculum. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and nature discovery into your home. Bring a nut-free lunch.

Location: Warren Building

Min: 4/**Max:** 20

1 day

S#	Day	Times	Date	Price
01	Tue	9 am - 1 pm	Feb 17	\$62
02	Wed	9 am - 1 pm	Feb 18	\$62
03	Thu	9 am - 1 pm	Feb 19	\$62
04	Fri	9 am - 1 pm	Feb 20	\$62

Chess February Vacation

124801

(Ages 6 - 12)

Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. Don't miss this exhilarating class.

Location: Warren Building

Min: 4/**Max:** 14

1 week

S#	Day	Times	Date	Price
01	Tue-Fri	4 - 5:30 pm	Feb 17 - 20	\$105

February Cross Country Skiing

123303

(Ages 6 - 16)

Instructor: Weston Ski Track

A three-day version of our ski series to get the kids outdoors for the snowy February school vacation week. The classes are one hour each day for the Tuesday, Wednesday, and Thursday of Presidents' Week. The cost for rentals is an additional \$24 that parents will pay on the day of the first class. The reason we do it this way is because several folks will have their own equipment!



What To Wear and Bring

Cross-country ski clothes should offer protection from the cold, wind, and snow (even if it's not snowing, you are likely to fall a time or two). The challenge in cross-country skiing is to stay warm without over-dressing.

- Base & Insulating Layers: Wear several thin layers of wool or synthetic clothing (fleece, running tops and/or tights, polypro outdoor apparel, etc.) that can be easily added or removed.
- Top Layer: Wind- and water-resistant jackets and pants are highly recommended.
- Hat and Gloves are required.
- On Your Feet: Wool/Smartwool socks are best.
- Avoid cotton clothing (jeans, most T-shirts) as it will not keep you dry or warm.
- Don't overdress – sweating doesn't help you stay warm.

WEATHER CANCELLATIONS: Because we make our own snow, we are capable of holding classes in almost any weather. Rarely are classes cancelled due to a lack of snow, though we do not hold classes in steady rain. Please call Weston Ski Track if you have any question as to whether classes will be held. No refunds will be granted for missed classes.

Weston Ski Track reserves the right to cancel classes due to unsafe weather conditions and will make final decisions two hours before the start time of the event.

IMPORTANT NOTE: For cancellations received fewer than 48 hours before your scheduled activity, we are unable to offer any refunds.

Location: Leo J. Martin Golf Course, 190 Park Rd., Weston

Min: 2/Max: 5

3 days

S#	Day	Times	Date	Price
01	Tue-Thu	9:30 - 10:30 am	Feb 17 - 19	\$59



Program Registration

Residents: Upon receipt of brochure via email or mail

Non Residents: December 16 - 7 am

Mad Science Vacation Fun

124901

(Ages 5 - 10)

Instructor: Mad Science of Greater Boston

We'll have a blast exploring science and how it affects the world around us. Become an honorary Mad Science assistant and learn about some of the awesome stuff from the Mad Science laboratory. The children will get a chance to play with our "cool" equipment and participate in some "hot" demonstrations. Each day we'll have a different science theme with exciting activities, experiments and related games. We'll learn how science helps us protect our planet, and we'll explore the animal kingdom, life cycles and habitats. We'll discover how to send secret messages and how to talk with numbers. Young astronauts will explore the mysteries of space, and junior engineers will check out shapes, investigate arches and learn about structures. And the science doesn't stop when the Mad Scientist goes back to the laboratory...we'll have take-home creations so the fun and learning can continue!

Location: Warren Building
1 Week

Min: 12/Max: 20

S#	Day	Times	Date	Price
02	Tue-Thu	9 am - 12 pm	Feb 17 - 20	\$195

TERRIERS

Terriers Sports February Vacation



120605

(Grades 2 -6)

Instructor: Terriers Staff

Our February vacation program will begin with an open gym, with supervised but self-structured fun and activity. Kids will shoot hoops, play knockout, pick up basketball, wall ball, practice skills, or just relax and have fun with friends. Sessions will include basketball skill development sessions with instruction provided by members of the Wellesley High School Basketball team. Basketball games will also be played each day – "Terriers style" with action, energy and a focus on fun and sportsmanship. Sessions will also offer our popular Dodgeball games. Kids love the fast paced action, throwing, catching and, of course – dodging balls in this great game. Weather permitting; our sledding hill will also be available for outdoor fun! Teams and games will be divided and structured by grade as appropriate in each session. Participants bring their own lunch.

Location: Warren Building

Min: 20/Max: 30

4 days

S#	Day	Date	Times	Price
01	Tues	Feb 17	10:30 am- 2:30 pm	\$45
02	Wed	Feb 18	10:30 am- 2:30 pm	\$45
03	Thurs	Feb 19	10:30 am- 2:30 pm	\$45

Are you in grades 7 - 9 and interested in being a Terriers Sports CIT (Counselor-in-Training)? Very limited spots are available for February Vacation week. If interested, please contact terrierssports@verizon.net or visit www.terrierssports.com for more information.

Hula Hoop Fitness

140462-01

Instructor: Wild Kat Hoops

Hooping is so much fun! With adult hoops, anyone can learn this nostalgic exercise craze. Learn to unleash your inner child with cardio-based hula hooping! It is an exciting way to broaden your workout while creating a healthy body and mind while burning up to 600 calories an hour. The class is a fun, exhilarating workout that will condition your body while the time flies by. Hooping strengthens your core, works on proper body alignment, boosts flexibility, stability, and lowers stress with an exhilarating aerobic total body weight loss workout. No prior hooping experience is required - wear exercise clothes, bring a water bottle and an open mind, and watch as you laugh your way to a "new" you. Visit us at www.wildkathoops.com.

Location: Warren Building **Min: 10/Max: 20**

8 weeks

Day	Time	Date	Price
Mon	10 - 11 am	Jan 26 - Mar 23 (No class 2/16)	\$95



Heartbeat for Adults

140403-01

Instructor: Bitsy Graham

A fully choreographed comprehensive and fast paced fitness program featuring aerobics, core strengthening, upper and lower body toning, balance and flexibility. Come build a stronger heart, stronger muscles, stronger bones and improved brain power. "Younger every day" is our motto.

Location: Warren Building **Min: 15**

10 weeks, 2 or 3 days per week

Day	Time	Date
Tu, Th, Fr	6:05 - 6:55 am	Jan 6 - Mar 20 (No class Feb 10 -13)

\$180 for three days per week

\$125 for two days per week

Fusion Fit

Instructor: Bitsy Graham

140402-01

An innovative combination of cardio, core, strength work, balance and flexibility, all choreographed and set to fun, funky, upbeat music. Class incorporates hand weights, pilates rings, dynabands, ankle bands & balance pads. Strong body, strong bones, strong mind!!!!

Location: Warren Building **Min: 10**

10 weeks, 2 - 5 days per week

S#	Day	Time	Date	Price
01	M-F	8:45 - 9:45 am	Jan 5- Mar 20 (No class 1/19 & Feb 10 -16)	\$200/2x/week \$250/3x/week \$285/4x/week \$375/5x/week



Adult Drop-In Sports

Play pick-up games, once a week. There are no referees, this is just a great opportunity to play some pick-up basketball or volleyball. Please check the website : www.wellesleyma.gov/recreation; click on "Open Gym." Times are subject to change.

There is a \$5 drop in fee per night or \$50 for the Winter season.

Location: Warren Building Gym

Sport:

Women's Basketball: #141233
 Tues. 7 - 9 pm Jan 6 - Mar 17 (No drop-in 2/17)
 Co-Ed Volleyball: #141133
 Thurs. 7:30 - 9 pm Jan 8 - Mar 19 (No drop-in 2/19)

Archery for Adults

140210-01
(Ages 15+)



Instructor: On the Mark Archery Staff

Wellesley Recreation & Natick Recreation and Parks Department has partnered with "On the Mark Archery" to provide a wonderful introduction to archery. Participants will learn the fundamentals of archery; including safety, skill technique, range procedures and scoring. On the Mark Archery will provide all equipment.

Location: East School, 90 Oak Street, Natick **Min: 10/Max: 15**
4 classes

Day	Times	Date	Price
Mon	7:30 - 8:30pm	Jan 5 - Feb 2 (No class 1/19)	\$94

Fitness Through Boxing

140452



Instructor: Flor Kausel

In this class you will experience a full body workout by learning traditional boxing techniques. The art of boxing is demanding and engages all the muscles in the body making it a great tool to achieve your fitness goals. You will perform foot work, punching combinations, defensive moves and cardio exercises that will prepare you for your boxing experience or just get you in the greatest shape of your life. Wraps and boxing gloves will be provided.

Location: Warren Building **Min: 8/Max: 15**
5 weeks

Act #	Day	Time	Date	Price
01	Thu	7- 8 pm	Jan 15 - Feb 12	\$65
02	Thu	7- 8 pm	Feb 26 - Mar 26	\$65



Futsal

142988-01

Instructor: James Bede

Join us Wednesday nights from 8- 9:30 pm for organized pick-up Futsal! Futsal is played between two teams each with five players, one of whom is the goalkeeper. Unlimited substitutions are permitted. Unlike some other forms of indoor soccer, the game is played on a hard court surface delimited by lines; walls or boards are not used. Futsal is also played with a smaller ball with less bounce than a regular soccer ball. Teams will be organized at the start of each evening. You can also pay a drop in fee of \$15 per night.

Location: Warren Building **Min: 10/Max: 20**
9 weeks

Day	Time	Date	Price
Wed	8 - 9:30 pm	Jan 14 - Mar 18 (No class 2/18)	\$55

Dynamic Running

140488-01

Instructor: Kathy Fleming

Don't let the winter months be an excuse for failing to get in shape. Running can be the easiest and most efficient way to stay in shape and youthful. The first step to a good running program is learning the do's and do nots of a successful training regime? This class is 50% running drills and 50% dynamic running. The drills we do train the body to use the appropriate muscles for running faster and more efficiently. Although this class is geared toward the beginner, veteran runners who would like to get faster and improve form will benefit from the class as well.

Location: Warren Building **Min: 6/Max: 12**
5 weeks

Day	Times	Date	Price
Tue	9:30 - 10:30 am	Jan 20 - Feb 24 (No class 2/17)	\$165



Attitash[®]
Mountain Resort

Discount Ski Lift Tickets

140288

Get discounted direct to lift tickets for Attitash Mountain Resort or Wildcat Mountain! You pay the same price for mid-week or weekends. Great opportunity to take the whole family skiing while saving some money! 5 years old and under are free with each paid adult. All tickets must be picked up at the Recreation office M-F, between 9 am - 4 pm. Tickets will NOT be mailed.

Location: Warren Building **Min: 10/Max: 20**

Section	Category	Price
01	Adult	\$60
02	Young Adult (13-18)	\$50
03	Senior (65+) & Junior (6-12)	\$40



WILDCAT
MOUNTAIN

Ashtanga Yoga: Beginner

140517-02

Instructor: Julie Pernokas

This class is for someone who has always wanted to try yoga but didn't know where to start, or for someone who wants to be sure they are learning yoga correctly. This class offers a great introduction to yoga technique in a safe, gentle, and slower-paced setting. All levels are welcome.

Location: Warren Building	Min: 12/ Max: 20	10 classes
Day	Time	Date
Wed	10:30 - 11:30 am	Jan 14 - Mar 25 (No class 2/18)
		Price
		\$150

Zumba: Tuesday

144043

Instructor: Meghan Collins

Working out and getting in shape has never been so much fun! Zumba is a Latin-inspired, dance fitness class that incorporates a variety of music with a focus on Latin and International music and dance. The dance routines feature easy-to-follow moves that tone your body while burning calories. Zumba welcomes everyone - from any fitness level or any age. Ditch the workout and join the party! Please wear sneakers or dance shoes, fitness attire, and bring a water bottle to class.

Location: Warren Building	Min: 8/ Max: 15		
7 weeks			
Day	Time	Date	Price
Tu	9:30 - 10:30 am	Jan 13 - Mar 3 (No class 2/17)	\$80

Zumba: Wednesday

144088-01

Instructor: Tanya Novobrantseva

Zumba® is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving people toward joy and health. Zumba® classes feature exotic rhythms set to high-energy Latin and international beats. Come join the party and you will have fun exercising to the tunes of Salsa, Merengue, Cumbia and Reggaeton among others. Bring a bottle of water, comfortable work-out clothes and a smile:)

Location: Warren Building	Min: 8/ Max: 20			
5 weeks				
Act #	Day	Time	Date	Price
01	Wed	7 - 8 pm	Jan 14 - Feb 11	\$35
02	Wed	7 - 8 pm	Feb 25 - Mar 25	\$35

Tai Chi

140519-01

Instructor: Leslie Worris

This is a Tai Chi class that also incorporates gentle yoga, chi gong and meditation. Increase flexibility and strength, improve, balance, posture, agility, endurance, mobility, circulation, prevent falls, and decrease stress. Breath work and relaxation techniques included. Please bring water. Chairs are available.

Location: Warren Building	Min: 8/ Max: 15		
8 weeks			
Day	Time	Date	Price
Tu	11 am - 12 pm	Jan 13 - Mar 24 (No class 2/3)	\$115

Ashtanga Yoga

Instructor: Julie Pernokas

Ashtanga Yoga is a sequence of poses or postures coordinated with a specialized breathing technique (Ujjayi breath). The powerful sequence is designed to align the body, build strength, tone muscles, and improve concentration. When practiced regularly, students experience the inner calm and lightness of the body, mind and spirit. No previous yoga experience is necessary (it's OK if you can't touch your toes!). All levels are welcome. Please bring a yoga mat and a small towel or strap.

Location: Warren Building	Min: 12/ Max: 20		
10 weeks			
140545-01			
Day	Time	Date	Price
M/W/F	9 - 10:15 am	Jan 12 - Mar 27 (No class 1/19, 2/16, 2/18, 2/20)	\$150/1 day \$190/2 days \$260/3 days

10 classes			
140555-01			
Day	Time	Date	Price
Tue	7 - 8 pm	Jan 13 - Mar 24 (No class 2/17)	\$150

All yoga classes require a yoga mat.



Register Online
wellesley.ma.gov/recreation

Yoga for Living Well

140513

Instructor: Leslie Worris

Discover the joys of Hatha yoga at a gentle, accessible pace. This class is for boomers, seniors and those living with a chronic illness. Postures are modified as needed and students are encouraged to work within their limits to build strength, flexibility and improve their balance and posture. Each class incorporates breath work, relaxation and meditation. You will learn stress reduction techniques that will broaden your ability to practice the art of relaxed living. The session can be of benefit to all levels of yoga practitioners, including beginners. Please bring water and a towel.

Location: Warren Building	Min: 8/ Max: 15			
10 weeks				
S#	Day	Time	Date	Price
01	Tue	1:45 - 3 pm	Jan 13 - Mar 24 (No class 2/3)	\$115
02	Thu	1:45 - 3 pm	Jan 15 - Mar 26 (No class 2/5)	\$115

Ballroom: Introduction

144007-01
Instructor: Carol Lanzillo, Arthur Murray Dance Studio of Natick



We will teach you the basic fundamentals of ballroom dancing; learn how to lead, follow and feel great on the dance floor. You will also learn about timing, rhythm and posture. We will Cha Cha, Rumba & Hustle! Add passion and excitement to your life today! Please bring leather-soled shoes.

Location: Warren Building Min: 10/Max: 20 cpl.

8 weeks

Day	Times	Date	Price
Mon	7 - 8 pm	Jan 26 - Mar 23 (No class 2/16)	\$180/cpl

Ballroom: Intermediate

144007-02
Instructor: Carol Lanzillo, Arthur Murray Dance Studio of Natick

This class is for any student that has had prior ballroom dance training or taken the Introduction course that is offered through Wellesley Recreation. This intermediate class is designed to help you advance with your dancing and skill level by teaching you more difficult steps and technical components. Please bring leather-soled shoes. Various types of dances and patterns will be introduced throughout the weeks.

Location: Warren Building Min: 10/Max: 20 cpl.

8 weeks

Day	Times	Date	Price
Mon	8 - 9 pm	Jan 26 - Mar 23 (No class 2/16)	\$180/cpl

Sweet Heart Dance

144085-01

Kids, take your "sweetheart" to the Warren Building for a night of dancing. You can bring that special adult in your life! There will be a DJ, light refreshments and photo opportunities. **Pre-Registration is REQUIRED.** DEADLINE TO REGISTER is January 30.

Location: Warren Building

1 night

Day	Times	Date	Price
Sat	6:30- 8 pm	Feb 7	\$10 per couple

generously sponsored by



Irish Step Dancing for Adults

144013-01
Instructor: Bonnie Pierce



You know you've always wanted to try it! Come and celebrate Irish culture through the art of Irish step dance. This is a non-competitive class geared for fun and exercise. Students will develop skills in solo step dancing, as well as ceili (team) dancing. Designer ladies may start out in black ballet slippers. Men may wear a basic black jazz shoe or sneaker. Please wear T-shirt and shorts or leggings.

Location: Warren Building Min: 5/Max: 10

8 weeks

Day	Time	Date	Price
Sat	1 - 2 pm	Jan 24 - Mar 28 (No class 2/14 & 2/21)	\$120

Tap Dance

144012-01
Instructor: Valery Marcantonio

Experience the joy and discipline of Tap Dance! Valery shares her love of tap and focuses on the fundamentals of tap, technique, combinations, listening to music, all set to jazz, latin, blues and swing music. Tap Shoes are required. Tap shoes can be purchased at: dancerswarehouse.com & www.downtowndancewear.com

Location: Warren Building Min: 5/Max: 10

5 weeks

Act #	Day	Time	Date	Price
01	Thur	6:30 - 7:30 pm	Jan 8	FREE
02	Thur	6:30 - 7:30 pm	Jan 15 - Feb 12	\$90
01	Thur	6:30 - 7:30 pm	Feb 26 - Mar 26	\$90



We will do our best to make up any classes that are cancelled due to snow or inclement weather.

Guitar: Beginning (Age 16 – Adult)

145802-01

Instructor: Dave Medeiros

Whether you're an absolute beginner or someone who can strum a few chords or songs, you'll enjoy learning to play the guitar. Our easy approach makes it fun. Instruction will focus on basic theory, reading chord forms, strum patterns and picking styles, and how they apply to popular songs in the folk, rock, blues and country idioms. A limited number of guitar rentals are available at an additional cost of \$50 (for the duration of the course) payable to Dave at first class.

Location: Warren Building Min: 5/Max: 10

8 weeks

Day	Time	Date	Price
Mon	6 - 7 pm	Jan 26 - Mar 23 (No class 2/16)	\$125



Guitar: Continuing (Age 16 – Adult)

145803-01

Instructor: Dave Medeiros

Instruction will continue with theory, note reading and chord forms. We will concentrate on more complex strum patterns, right hand rhythms, and moving bass lines with chord accompaniment and melody. These techniques along with some classic guitar riffs should have you ready for open mic night! Continuing students should have completed "Beginning Guitar" or have knowledge in sight-reading and chord forms.

Location: Warren Building Min: 5/Max: 10

8 weeks

Day	Time	Date	Price
Mon	8 - 9 pm	Jan 26 - Mar 23 (No class 2/16)	\$125

Instant Piano (For Hopelessly Busy People)

145810-01

Instructor: Valerie Lyons

Music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just three hours, you can learn enough secrets of the trade to give years of musical enjoyment. The difference is, regular piano teachers teach note reading, while piano playing professionals use chords. In one session you will learn all the chords you need to play any song, any style, any key. You'll learn how to play several songs in class, and then perfect your technique at home using an exclusive CD specially designed by the instructor. It's easy, fun and musically correct! If you can find middle C and know the meaning of "Every Good Boy Does Fine", you already know enough to enroll in this workshop. After this one session you can go home and play any song from any piece of sheet music or song book.

Location: Warren Building Min: 6/Max: 10

1 class

Day	Time	Date	Price
Mon	6:30 - 9:30 pm	Feb 9	\$75

Piano Lessons (Age 16 – Adult)

145801-01

Instructor: Dave Medeiros

An introduction to musicianship through piano/keyboard, these are absolute beginner lessons focusing on the fundamentals of music theory, note reading and independent hand coordination. Building from easy traditional melodies, students will venture into popular, boogie and blues styles. Songbook and handouts provided.

Location: Warren Building Min: 5/Max: 10

8 weeks

Day	Time	Date	Price
Mon	7 - 8 pm	Jan 26 - Mar 23 (No class 2/16)	\$125



Play Piano By Ear

145811 -01

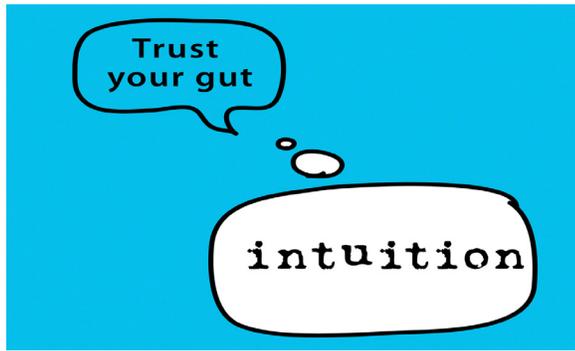
Instructor: Valerie Lyons

After taking Instant Piano, return for this follow-up class if you want to learn to play piano by ear. Professional piano players don't need sheet music, and neither will you after this session. Learn how to pick out melodies on the piano--and then add the correct chords to make the music complete. You'll get an extensive book plus a CD that has 15 sample songs for you to learn to play by ear. You won't get this information from music teachers. It's all the music theory you need to succeed, gently explained and simplified for the non-musician. You'll be amazed at what you can do. Whether you want to be able to jam with other musicians or just save money on sheet music, you'll learn it all in this one class. It is recommended students take Instant Piano (or prior chord knowledge) before taking this course. Required course book and CD will be provided by instructor for additional \$30 fee.

Location: Warren Building Min: 6/Max: 10

1 class

Day	Time	Date	Price
Mon	6:30 - 9:30 pm	Mar 9	\$75



Take A Walk On The Intuitive Side

143850-01

Instructor: Mary Daisley

Everyone has one, but not everyone knows how to listen to that "little voice", that "gut feeling" much less what to do with it or how to turn it on at will. This two hour class will allow participants to explore ways of getting in touch with their own energy and the energy around them. Participants are asked to bring a wire coat hanger to class.

Location: Warren Building **Min: 6/Max: 12**

1 class

Day	Time	Date	Price
Thu	7 - 9 pm	Mar 12	\$25



Voice-Overs: You're On the Air Webinar

143502

Instructor: Such a Voice

Voice-overs are hot today! There are more opportunities to use your voice on commercials, films, and videos than ever before. If you have thought about doing this ...THIS COULD BE A GAME CHANGER! Full-time, part-time, or just sometimes, you can be having the time of your life, potentially making more money than you ever imagined possible, and record voice-overs for paying clients right on your computer! Lots of people "think" about getting into voice-overs. Now, finally, this could be your opportunity to MAKE IT HAPPEN!! We encourage you to join us for our online, interactive classes which includes a live Q&A session. As the class gets closer, you will receive a link to log on to the class. All you need is a computer with internet connection and phone line to call in and read a script!



Location: online **Max: 40**

1 day

S#	Day	Times	Date	Price
01	Tue	8 - 10 pm	Jan 20	\$45
02	Wed	8 - 10 pm	Feb 11	\$45
03	Thu	8 - 10 pm	Mar 5	\$45
04	Mon	8 - 10 pm	Mar 23	\$45

Buffer Zones for Sensitives

143849-01

Instructor: Mary Daisley

Do you feel other people's aches, pains and bad moods? Do you feel exhausted after being around large groups? Well as they say in Star Trek, "Shields UP!" This psychic shielding class is a two hour experiential class that explores grounding, centering, aura play, and guided meditations to create a crystal fortress. This class is ideal for the slightly sensitive to the gifted psychic, with helpful information for all.

Location: Warren Building **Min: 6/Max: 12**

1 class

Day	Time	Date	Price
Thu	7 - 9 pm	Feb 26	\$25



REGISTRATION

RESIDENTS:

Upon receipt of this brochure via mail or email

NON RESIDENTS:

Tuesday, December 16 @ 7am

Online • Walk-in • Phone
Mastercard & Visa accepted

Alexander Technique

142602-01

Instructor: Jill Geiger

Interested in improving your posture, moving with ease and reducing stiffness, pain and tension? Whether you're walking, running, driving or sitting at a computer you're "using" yourself. Poor posture, stress and neck/back/shoulder pains are often caused by unrecognized habits of tension or "misuse." Alexander Technique is a practical, educational method that provides the means to restore the good posture, balance and poise we are normally all born with. By learning how to recognize and unlearn habits of misuse, people of all ages can reduce tension and stress, and experience lasting relief from chronic pain. This class will introduce the technique: its history, principles and application to every-day activities. Class includes one private lesson.

Location: Warren Building **Min: 6/Max: 12**

2 weeks

Day	Time	Date	Price
Wed	7:30 - 9 pm	Jan 21 & 28	\$45

Conflict Resolution

143846

Instructor: Jennifer Bancroft DaSilva

Are you finding that there is more conflict than you want in your life? This lively, interactive workshop by Jennifer DaSilva and Carolyn Ringel of Stonegate Mediation Group, LLC will give you tips and tools for resolving disputes that may arise in your daily life - whether in the workplace or in your neighborhood.

Location: Warren Building

Min: 4/Max: 8

1 day

S#	Day	Times	Date	Price
01	Tue	7 - 9 pm	Jan 20	\$45
02	Thu	7 - 9 pm	Mar 5	\$45



"A Taste of India" Intro to Indian Dishes

143716-01

Instructor: Vanessa LaBranche

Come enjoy a fun night learning how to make delicious Indian food full of flavor and warm spices. In this class, you will learn how to make Chicken Tikka Masala, a chicken dish with a combination of spices in a flavorful sauce. To accommodate this meal, you will also learn the technique on how to make "Roti" bread. This is a flat bread used frequently in Indian meals. Another tasty vegetable to go with our meal will be Fried Okra with spices dusted with fine chickpea flour, accompanied with Tamarind Chutney Sauce that we will make in class. To end on a sweet note, we will make a dessert with Carrot & Raisins. A handout with recipes will be provided. Food fee included in price.

Location: Warren Building

Min: 1/Max: 6

1 day

Day	Time	Date	Price
Thur	6:30 - 9:30 pm	March 5	\$95



Secrets from a Professional Organizer

143177-01

Instructor: Lauren Zalkind

Getting organized doesn't need to be overwhelming when you have the right tools. Learn time-tested strategies that will take your home or office from crazy and cluttered to calm and collected. Taught by Lauren Zalkind, a Professional Organizer with 20 years of real-life experience.

Location: Warren Building

Min: 6/Max: 12

1 class

Day	Time	Date	Price
Tue	7 - 8:30 pm	Jan 27	FREE



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mchin@wellesley.ma.gov
Contact Kevin Ryder for youth classes at:
kryder@wellesley.ma.gov



Party Planning 101

143857

Instructor: Lisa Collins

Does the idea of hosting a holiday or gathering at your home make you want to run for the hills? We'll take the anxiety away with a step-by-step guide and helpful tips for hosting everything from a small dinner party to a cocktail party for 50 at your home. You'll walk away with all the confidence you need to be the perfect party host!

Location: Warren Building

Min: 4/Max: 8

1 class

S#	Day	Times	Date	Price
01	Tue	7-9 pm	Jan 27	\$50
02	Tue	7-9 pm	March 10	\$50



Puppy Kindergarten (3-6 months)

144602

Instructor: Vera Wilkinson CDBC, CPDT-KA

This covers basic obedience and socializes the puppy to other dogs and people. Getting your pup off to the right start means fewer training problems later. Please bring a certificate or veterinarian bill confirming that the puppy is up to date on all shots, i.e. rabies and distemper. At time of registration, please give name, age, & breed of dog. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend.

Location: Warren Building **Min: 6/Max: 10**
5 weeks

Day	Time	Date	Price
Mon	7:15 - 8:05 pm	Jan 26 - Mar 2 (No class 2/16)	\$125



Dog Obedience (6 months and up)

144601

Instructor: Vera Wilkinson CDBC, CPDT-KA

This course covers basic obedience including sit, stay, come, and heel. Training is gentle and motivational, and specific attention is given to individual problems. Teaching tricks and general care will also be covered. Please bring a certificate or veterinarian bill confirming that the dog is up to date on all shots, i.e. rabies and distemper. At time of registration, please give name, age, & breed of dog. The handler should be the same person every week, and be age 11 or older, but all family members are encouraged to attend.

Location: Warren Building **Min: 6/Max: 12**
5 weeks

Day	Time	Date	Price
Mon	8:15 - 9:05 pm	Jan 26 - Mar 2 (No class 2/16)	\$125



Intermediate Bridge

144103-01

Instructor: Dee Roberts

These are lessons for advanced beginner to intermediate players who have taken lessons with instructor Dee Roberts.

Location: Warren Building **Min: 12/Max: 16**
8 weeks

Day	Time	Date	Price
Tue	10 - 11:45 am	Jan 13 - Mar 3	\$105

Bridge: Beginner

144102 -01

Instructor: Parul Jain

The emphasis in this class will be on learning the logic associated with "The Standard American 5 Card Majors" bidding system. Every session will include instruction followed by supervised bidding and play.

Location: Warren Building **Min: 12/Max: 20**
8 weeks

Day	Time	Date	Price
Fri	2:30 - 4:30 pm	Jan 16- Mar 6	\$105

Bridge Clinic

144188 -01

Instructor: Anand Lele, ACBL Accredited

Designed for beginning and advanced beginning players, this Clinic class is a great opportunity to play bridge with others at your level and receive useful instruction and tips along the way.

Location: Warren Building **Min: 12/Max: 20**
8 weeks

Day	Time	Date	Price
Thu	10 am - 12 pm	Jan 15 - Mar 12 (No class 2/19)	\$145



Register Online
wellesleyma.gov/recreation

Pottery for Adults

143403

Instructor: Ramune Jauniskis

Students will have the opportunity to learn the basics of hand building and wheel throwing. You will be encouraged to explore your own interests and work on your own individual project. All pieces will be kiln fired.

Price include supplies

Location: Warren Building Min: 6/Max: 8

8 weeks

S#	Day	Time	Date	Price
02	Thu	12 - 2 pm	Jan 15 - Mar 12 (No class 2/19)	\$205



Painting with Acrylics for Adults

141455

Instructor: D'Ann Hansen

Come and give your creative mind some time to play! By using right brain drawing strategies and step-by-step visual demonstrations, students will successfully draw and paint pieces inspired by modern masters and contemporary painters. Students use the finest grade acrylics on archival paper. These paints are a joy to use with a thick and buttery consistency and a very forgiving nature! All levels of experience are welcome, including those who have never picked up a paint brush. All classes held in the sunny art studio in the Warren Building. Price includes supplies.

Location: Warren Building Min: 6/Max: 8

3/5 weeks

Act	Day	Time	Date	Price
01	Tue	10 am - 12 pm	Jan 20 - Feb 24 (No class 2/17)	\$195
02	Wed	10 am - 12 pm	Jan 21 - Feb 25 (No class 2/18)	\$195
03	Thu	12 - 2 pm	Feb 5 - Mar 12 (No class 2/19)	\$195
04	Tue	10 am - 12 pm	Mar 10 - 24	\$120
05	Wed	10 am - 12 pm	Mar 11 - 25	\$120



Pottery, Pizza & Family

121411-01

(Parent & child Ages 6+)

Instructor: Ramune Jauniskis

Have some pizza, do some pottery and spend some time with your family! Learn basic hand building (and wheel throwing) techniques while creating beautiful, functional and decorative pieces. Participants will be encouraged to explore their own ideas as well as work on suggested projects that will be demonstrated at the beginning of class. All work will be kiln fired. This class provides a relaxed environment for participants to unwind and use their creativity and imagination. Sign up alone or with family members all are welcome. All materials & pizza included.

Location: Warren Building Min: 5/Max: 8

3 weeks

S#	Day	Time	Date	Price
01	Thu	6:30 - 8:30 pm	Jan 15 - 29	\$100/family
02	Thu	6:30 - 8:30 pm	Feb 5 - 26 (no class 2/19)	\$100/family



Get the Most Out of Your Digital Camera

143901-01

Instructor: Phyllis Mays

Whether you just bought your digital camera or you have been using it as a point and shoot for a year or two, you can expand your digital photography skills in this class. Learn what's inside the camera, how to maximize its options, and how to adjust settings for the best results. One meeting will focus on editing techniques, another on getting good prints. Explore various ways to move photos to your PC. Finally, we will create online photo albums to share with family and friends. Students should be familiar with computer basics. Please bring your camera, cable and manual to class. Please be sure batteries are freshly charged.

Location: Warren Building Min: 4/Max: 6

5 weeks

Day	Time	Date	Price
Wed	10 am - 12 pm	Feb 25- Mar 25	\$155

Welcome!

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. It's no wonder that many long-lasting friendships have formed in our lively and intelligent discussion areas.

All courses run for six weeks (with a two-week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

How to Get Started:

1. Call Wellesley Recreation to register and pay for your desired course(s)
2. Visit our Online Instruction Center:

www.ed2go.com/wellrec

3. Click the Orientation link and follow the instructions to enroll. During orientation, you will learn important information about your course. You will also be provided an opportunity to choose the name and password you will use to access your course.
4. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with the name and password you selected during orientation.

Start Dates:

A new section for every online course in this catalog will begin on:

Jan 14: #143800-01

Feb 18: #143800-02

March 18 #143800-03

Requirements:

All courses require Internet access, e-mail, the Netscape Navigator, or the Microsoft Internet Explorer. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

Business Courses

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more. **\$95.**

Administrative Assistant Fundamentals

Prepare to take advantage of the many new job opportunities in health care, legal services, and other industries. **\$95.**

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Become indispensable to any organization by understanding how to identify and meet customer needs. **\$95.**

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Discover how to begin a successful and rewarding career in sales. **\$95.**

Building an Ethical Business

Give your business an advantage by building a strong and just foundation. **\$95.**

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Master the art of managing sales teams from a sales pro. **\$95.**

Successful Construction Business Management

Gain a powerful and permanent advantage over the competition by practicing expert management. **\$95.**

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Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts. **\$95.**

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Improve your company's ability to deliver on time and on budget, while increasing customer satisfaction. **\$95.**

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Gain the skills you'll need to succeed in the fast-growing field of project management. **\$95.**

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Build vital leadership skills to attract, retain, and inspire top-notch technical professionals. **\$95.**

Hire Smart

Develop recruiting techniques that will help you hire the best people. **\$95.**

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Learn to handle human resource functions to ensure the best possible results. **\$95.**

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Learn the basics of employment law so you can legally hire, evaluate, and manage employees. **\$95.**

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Auction pros teach you how to work from home or earn extra income by buying and selling goods online. **\$95.**

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Learn cooking and business secrets from a professional caterer. **\$95.**

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Master the five critical factors of highly effective communication used by all skilled communicators. **\$95.**

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Acclaimed speed reading expert teaches you how to save yourself time by reading faster with better comprehension. **\$95.**

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Become more confident in social, professional, and romantic situations. **\$95.**

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Use humor to disarm, befriend, motivate, inspire, and inform others. **\$95.**

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Learn a variety of fun exercises to shift your mind and body from stress and anxiety to joy and peace. **\$95.**

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Learn how to have more successful relationships with difficult bosses, co-workers, students, neighbors, or relatives. **\$95.**

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Learn to use hypnotic suggestion on yourself and others with amazing results. **\$95**

Handling Medical Emergencies

Every second counts during a medical emergency. Learn how to respond if someone needs your help. **\$95.**

Outdoor Survival Techniques

Learn the essential skills you will need to survive in a remote or stranded condition. **\$95.**

Digital Photography**Photoshop Elements for the Digital Photographer**

Learn to edit digital images to correct or repair deficiencies and bring out the best in all your photographs. **\$95.**

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Expert shows you how to take beautiful pictures of adults, children, and babies. **\$95.**

Entertainment**Marketing Tools for Actors**

A working casting director teaches effective strategies to secure film and television work. **\$95.**

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Learn how to write and sell professional-quality screenplays from a Hollywood veteran. **\$95.**

Songwriting Success

A professional songwriter and recording artist teaches you how to generate extra income by selling the songs you write. **\$95.**

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Learn the fundamentals of music theory. Be able to read, write, and play simple music. **\$95.**

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Learn six easy recipes to glue Spanish words together into sentences, and you'll be speaking Spanish in no time. **\$95.**

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Discover how easy it can be to learn common words and phrases for both leisure and business. **\$95.**

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Prepare for a rewarding career as a transcriber by learning to write and read the language of the blind. **\$95.**

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If English is your second language, this course will teach you the principles you'll need to succeed. **\$95.**

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An introduction to the most important works of European art, with a wealth of commentary and interesting historical information. **\$95.**

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Thought-provoking exploration of human nature, symbolism, dreams, and artistic expression. **\$95.**

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Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems. **\$95.**

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Follow in the footsteps of the great philosophers in this lively discussion of human thought and conduct. **\$95.**

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Gain an appreciation of the filmmaker's art. Find deeper meaning in any filmed story. **\$95.**

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Begin an exciting and fascinating exploration of your roots. **\$95.**

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C++ for the Absolute Beginner

Learn to program in C++, even if you have no prior programming experience! **\$95.**

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Learn the fundamentals of computer programming with the new C# programming language. **\$95.**

Introduction to Visual Basic .NET

Experienced programmer and teacher shows you how to create Windows applications using Visual Basic .NET. **\$95.**

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Active Server Pages (ASP) technology makes it easy for you to build a Web site that can interact with its users. Learn how to request information from your visitors, respond to their requests, and create an online database. **\$95**

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Learn a programming skill that will make you a more valuable Web developer or system administrator. **\$95.**

Introduction to the Game Industry

Leading game designer prepares you for a career in game development, design, and production. **\$95.**

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Prepare for a career creating special effects for games, movies, television, print publications, and the Web. **\$95.**

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Introduction to PC Troubleshooting

Learn to decipher and solve almost any problem with your PC. **\$95.**

Creating a Home or Small Office Network

Slash expenses and improve efficiency by learning how to share printers, Internet connections, drives, and documents with Windows. **\$95.**

Introduction to Networking

Learn the fundamentals of networking and prepare for a career in a new and fast-growing field. **\$95.**

Intermediate Networking

Gain practical experience in a hot new career field. Topics include VPNs, security, and Internet connectivity. **\$95.**

Wireless Networking

Industry expert shows you how to plan, deploy, and connect to wireless networks. **\$95.**

Introduction to PC Security

What you don't know can really hurt you. Learn what you can do to protect yourself. **\$95**

New Courses!

Human Anatomy and Physiology

Learn how our organ systems work together to allow us to process sensations, think, communicate, grow, move, and reproduce.

Instant Italian

Be prepared to speak Italian in a wide variety of settings and situations. Hear and practice Italiano with a simple click of your mouse! Cultural tips are included in each lesson to help you better understand the Italian people and their way of life.

Writing For Children

Find out how to write picture books, contemporary fiction, historical fiction, and modern fantasy for children. Complete weekly writing assignments and find out which children's books and reference materials are essential for you to read before you begin.

Medical Coding and Billing

Learn medical coding and billing from a professor and physician with years of hands-on experience in the field.

Building Wealth

Discover how most wealthy people really accumulated their fortunes, and develops the discipline you'll need to create and build wealth for yourself.

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- **Call Wellesley Recreation to register and pay for your desired course(s)**
- **Visit our Online Instruction Center: www.ed2go.com/wellrec**
- **Click the Orientation link and follow the instructions to enroll. During orientation, you will learn important information about your course. You will also be provided an opportunity to choose the name and password you will use to access your course.**
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Start Dates:

Jan 14: #143800-01
Feb 18: #143800-02
March 18 #143800-03

Requirements:

All courses require Internet access, e-mail, the Netscape Navigator, or the Microsoft Internet Explorer. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

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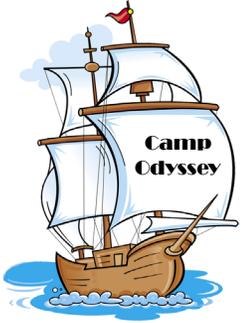


Wellesley Recreation

Ages 5-7
@ Warren Recreation Building



Ages 8-10
@ Wellesley Middle School



Ages 11-13
@ Wellesley Middle School

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See page 4 for more information



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