

Puddlestompers

115700

(Ages 2 - 5)

Instructor: Puddlestompers Staff

Winter is a magical time to explore nature!

This class is designed to allow children to explore and learn about the natural world from inside, with outdoor exploration as temperatures permit. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Search the skies for winter birds and listen for their songs. Observe changes in light through shadows and rainbows. In each class, we will focus on a specific theme using hands-on activities, crafts, games and creative movement. Each class will end with a snack and story. Come enjoy the beauty of winter with your energetic child at the Warren Recreation Center in Wellesley!



Location: Warren Building **Min: 4/Max: 9**

6 weeks

S#	Age	Day	Times	Date	Price
01	2 - 3	Fri	9:30 - 10:25 am	Feb 3 - Mar 17 (No class 2/24)	\$144
02	3 - 5	Fri	10:30 - 11:25 am	Feb 3 - Mar 17 (No class 2/24)	\$144

**For Specific Questions, Please Call Puddlestompers
781.235.6677 or puddlestompers.com**

To Register, Call Wellesley Recreation - 781.235.2370

Puddlestompers Refund Policy

No refund unless you cancel 30 days in advance
Then it is a 50% credit towards another class.

East Coast Gymnastics

125000

(Ages 2.9 - 7)

Instructor: East Coast Gymnastics Staff

East Coast Mobile Gymnastics offers your child the finest specialized gymnastics training available. The Olympic Gymnastics events that are taught are: vaulting, bars, balance beam, and tumbling. Pre-school classes also learn locomotor skills for the development and improvement of general coordination. While learning these physical skills, children are developing self confidence and independence.



Location: Warren Building **Min: 10/Max: 12**

10 weeks

S#	Age	Day	Times	Date	Price
01	2.9 - 3	Mon	1:45 - 2:30 pm	Jan 9 - Mar 27 (No class 1/16, 2/20)	\$216
01	3.6 - 5	Mon	2:30 - 3:15 pm	Jan 9 - Mar 27 (No class 1/16, 2/20)	\$216
01	5 - 7	Mon	3:30 - 4:15 pm	Jan 9 - Mar 27 (No class 1/16, 2/20)	\$216

REGISTRATION INFORMATION
Residents: November 29th
Non-Residents: December 13th

Toddler Movement & Song

111307

(Ages 1.5 - 2)

Instructor: Stephanie Gager

This is a great "first class" for young children and their caretakers offering a combination of music and movement in a relaxed setting that allows children to socialize and be part of a group. Children will sing, dance and play while integrating instruments, puppets, parachutes and more. This program provides a fun and easy way to introduce activities which nurture your child's motor, creative and social skills. In addition, it is a fun place to meet other families with young children and make new friends. Adult participation is necessary for the success of this program.

Location: Warren Building **Min: 4/Max: 12**

9 weeks

S#	Day	Times	Date	Price
01	Mon	9:15 - 10 am	Jan 9 - Mar 27	\$140

(No class 1/16, 2/20, 3/20)

Kid's Movement, Art & Song

111308

(Ages 2 - 3)

Instructor: Stephanie Gager

Come join us for a fun-filled hour of music, movement and art! Along with their adult companion, children will sing, dance and use a variety of rhythm instruments, motor props and art materials to express themselves while having fun socializing with new friends. The class will consist of songs, rhymes and musical games before heading into the mat room for some climbing, building, free play and parachute fun. We will then share a snack with friends and finish off the hour creating a different artistic masterpiece to bring home each week. What could be more fun than parachutes, puppets, paint, glue, feathers and glitter! Snack will be provided. (There is an additional \$15 materials fee payable to the instructor at the first class)

Location: Warren Building **Min: 4/Max: 12**

9 weeks

S#	Day	Times	Date	Price
01	Mon	10:15 - 11:15 am	Jan 9 - Mar 27	\$130

(No class 1/16, 2/20, 3/20)

Gardengate Academy: Children's Drop Off

110888

(Ages 2 - 4)

Instructor: Gabi Maza

Whether it is the first time dropping off or your child needs some extra hours of fun and socialization! This drop off is the perfect combination of tumbling, art, hands on activities, music and science. This is a drop-off program, no potty training is required.

Location: Warren Building **Min: 5/Max: 12**

11 weeks

S#	Day	Times	Date	Price
01	Fri	9:30 - 11:30 am	Jan 13 - Mar 31	\$192

(No class 2/24)



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Instagram: @recwellesley



Budding Artist and a Buddy

121401

(Ages 1.5 - 4)

Instructor: Beth Meditz

Share the joy of creating art together! Unique art activities are specially designed to enhance your child's learning skills and self expression. Each artist will get to take home a wonderful experience, be totally engaged in age appropriate exploration of materials and take home an individual masterpiece from each class. You'll be amazed at what your toddlers can do! Hands on experiences last forever! We all learn best, by "doing". Wear mess around clothes or bring a smock.

Location: Warren Building Min: 5/Max: 12

10 weeks

S#	Day	Times	Date	Price
01	Tue	9:30 - 10:15 am	Jan 10 - Mar 21 (No class 2/21)	\$162
02	Thu	9:30 - 10:15 am	Jan 12 - Mar 23 (No class 2/23)	\$162

Pottery & Wheel Throwing

121409

(Ages 5 - 18)

Instructor: Ramune Jauniskis

In this class kids will learn the basics of hand building and wheel throwing while having fun and sharpening their motor skills. All projects will be kiln fired. All materials included.

Location: Warren Building Min: 5/Max: 8

8 weeks

S#	Age	Day	Times	Date	Price
01	5 - 7	Thu	4:05 - 5:05 pm	Jan 12 - Mar 9 (No class 2/23)	\$145
02	8 - 18	Thu	5:25 - 6:25 pm	Jan 12 - Mar 9 (No class 2/23)	\$145



Awesome Art

121432

(Grades K - 4)

Instructor: Beth Meditz

Come to an exciting and relaxed atmosphere to let your creativity flow! Artists will be presented with a base idea and choose from a wide array of inspiring and unusual materials to create their individual works of Art. Abstract and Realistic works are created while each participant is encouraged to experiment with materials and to express themselves. Find out more about Beth Meditz, M.Ed at www.event-full.net

Location: Warren Building Min: 6/Max: 12

10 weeks

S#	Day	Times	Date	Price
01	Tue	4:30 - 5:30 pm	Jan 10 - Mar 21 (No class 2/21)	\$174
02	Wed	4:30 - 5:30 pm	Jan 11 - Mar 22 (No class 2/22)	\$174
03	Thu	4:30 - 5:30 pm	Jan 12 - Mar 23 (No class 2/23)	\$174

Parent & Child Pottery

121408

(Ages 4 - 5)

Instructor: Ramune Jauniskis

Spend time working with your child while enjoying working with clay. Use your imagination to invent fantastic clay sculptures with guided instruction. Projects will be suggested but students are encouraged to work on their own ideas if they wish. All projects will be kiln fired. All materials included.

Parent/Guardian required.

Location: Warren Building Min: 5/Max: 8

8 weeks

S#	Age	Day	Times	Date	Price
01	4 - 5	Thu	3 - 4 pm	Jan 12 - Mar 9 (No class 2/23)	\$145

Drawing & Painting Modern Masterpieces

121424

(Ages 6.5 - 13)

Instructor: D'Ann Hansen

In this class students will produce timeless work that will be cherished for years. These large 16" x 22" pieces of art painted on archival paper are sure to find a home on your walls! Young students use professional tools and non-toxic acrylic paints. Students gain an appreciation for different artists while learning various techniques through step-by-step visual demonstrations. The sunny Art Studio at the Warren Building provides a perfect creative oasis! All supplies included. More information on D'Ann can be found at her website at www.dannhansen.com

Location: Warren Building Min: 6/Max: 8

5 weeks

S#	Day	Times	Date	Price
01	Tue	4 - 6 pm	Jan 10 - Feb 7	\$195
02	Tue	4 - 6 pm	Feb 28 - Mar 28	\$195
03	Thu	4 - 6 pm	Jan 12 - Feb 9	\$195
04	Thu	4 - 6 pm	Mar 2 - Mar 30	\$195

Sewing For Kids

121427

(Grades 3 - 8)

Instructor: Dorothy Theodore

Interested in the world of Fashion? Even if you're not an aspiring fashion student you'll enjoy this class. This class is a beginners guide to the world of fashion design, led by an industry professional. If you want to learn how to sew a button and more, this sewing and dressmaking class is for you! It can help you learn a variety of sewing techniques from basic to advanced. This course is an excellent opportunity to combine your creativity with your technical skills that could turn into a rewarding new career. A list of necessary supplies will be handed out at the first class for you to purchase and bring to future classes. You may bring your own sewing machine otherwise, sewing machines will be provided by the instructor.

Location: Warren Building Min: 6/Max: 12

6 weeks

S#	Day	Times	Date	Price
01	Tue	5:30 - 6:45 pm	Jan 10 - Feb 14	\$300

Valentine's Cookies



110899

(Grades 1 - 6)

Instructor: Gardengate Staff

Join us for a fun Valentine's Cookie Decoration! Our class is based on creativity and inspiration, each student will bring home their creations to share! This class is all about cutting, chopping, stirring, mixing, measuring and teamwork! All skill levels are welcome. In each 1-1/2 hour drop off class, the students will learn about kitchen safety, measurements, following directions, healthy habits and of course they will have over 10 different materials to choose from for cookie decorations. All materials included. Peanut / nut free recipe.

Location: Warren Building Min: 6/Max: 15

1 Day

S#	Day	Times	Date	Price
01	Sat	10:30 am - 12 pm	Feb 11	\$15

Wednesday Early Release Care

110801

(Grade K - 3)

Instructor: Gardengate Academy

Let your child enjoy this time of the week in a fun environment with various classes to choose from! Gardengate Academy™ will be offering after care program on every Wednesday 12:00 to 3:00 pm at the Wellesley Recreation for the rest of the school year. Transportation is available for Sprague Families. Children can also be dropped off at the Recreation Center (Children's Room) Small snack will be provided. We dedicate our curriculum in building a supportive environment for kids! This program is all about creating opportunities for our students to practice certain competencies including Hip Hop dance or art/science in addition to outdoor play and homework lab. All classes included! For more information about pick availability, classes and program call (508)720-0033 or email at info@gardengateacademy.com Transportation is available for Sprague school families for an additional fee of \$55.

Location: Warren Building Min: 4/Max: 15

11 weeks

S#	Day	Times	Date	Price
01	Wed	12 - 3 pm	Jan 11 - Mar 29 (No class 2/22)	\$240

SPRING 2017: 210801

11 weeks

S#	Day	Times	Date	Price
02	Wed	12 - 3 pm	Apr 5 - June 21 (No class 4/19)	\$240

Tie Dye Cookies



123701

(Grade K - 3)

Instructor: Diane Benson

Spend your afternoon baking some delicious, one-of-a-kind cookies for your friends and your family! Please note on the registration form if your child has any food allergies. Eggs will be used in this class.

Location: Warren Building Min: 5/Max: 8

1 Day

S#	Day	Times	Date	Price
01	Mon	3:30 - 5:30 pm	Mar 27	\$45

Make It! Bake It! Take It!

123711

(Grade K - 3)

Instructor: Diane Benson

Kids in this class will learn the basic steps to cooking and baking! With fun-to-make recipes from tasty deserts to pizza, kids will satisfy their taste buds while practicing math skills and teamwork! In addition to being fun, fixing your own food can help develop self-esteem and can turn fussy eaters on to new foods! Eggs will be used in this class. Don't worry if you have taken this class before, recipes are NEVER repeated!!! Please note on registration form if your child has any food allergies. Price includes food fee

Location: Warren Building

Min: 6/Max: 8

8 weeks

S#	Day	Times	Date	Price
01	Fri	3:30 - 5 pm	Jan 13 - Mar 17 (No class 2/10, 2/24)	\$280



Little Chefs

123798

(Ages 3 - 14)

Instructor: Kelly Barry

Healthy Cooking Classes for Kids is interactive, energetic, collaborative cooking classes for our youngest chefs. We teach age appropriate cooking skills and we teach the importance of making healthy food choices. The children have a blast getting into the cooking experience and trying new foods. We even make a fun art project to take home!

Location: Warren Building

Min: 6/Max: 10

5 weeks

S#	Age	Day	Times	Date	Price
01	3 - 5	Wed	1:30 - 3 pm	Jan 18 - Feb 15	\$150
02	6 - 8	Wed	3:30 - 5 pm	Jan 18 - Feb 15	\$150
03	9 - 14	Wed	5:30 - 7 pm	Jan 18 - Feb 15	\$150
04	3 - 5	Wed	1:30 - 3 pm	Mar 1 - 29	\$150
05	6 - 8	Wed	3:30 - 5 pm	Mar 1 - 29	\$150
06	9 - 14	Wed	5:30 - 7 pm	Mar 1 - 29	\$150
07	3 - 5	Thu	1:30 - 3 pm	Jan 19 - Feb 16	\$150
08	6 - 8	Thu	3:30 - 5 pm	Jan 19 - Feb 16	\$150
09	9 - 14	Thu	5:30 - 7 pm	Jan 19 - Feb 16	\$150
10	3 - 5	Thu	1:30 - 3 pm	Mar 2 - 30	\$150
11	6 - 8	Thu	3:30 - 5 pm	Mar 2 - 30	\$150
12	9 - 14	Thu	5:30 - 7 pm	Mar 2 - 30	\$150

Intro to Dance: Level 1

124003

(Ages 2.9 - 4)

Instructor: Cindy Wright

A fun introduction to the wonderful world of dance; this is a creative movement and pre-ballet class. Students will develop gross motor skills, coordination, group skills and self-confidence. Dance games and props will be included and dancers will be encouraged to use their imaginations to explore/create their own individual styles. Students should wear ballet slippers or non-skid socks and any style/color dance wear or comparable attire. There will be a small recital on June 3. Participation is optional. Complete information will be given at class.

Location: Warren Building

Min: 6/Max: 10

9/8 weeks

S#	Day	Times	Date	Price
01	Fri	11:45 am - 12:30 pm	Jan 13 - Mar 17 (No class 2/24)	\$140

SPRING: #224000

S#	Day	Times	Date	Price
01	Fri	11:45 am - 12:30 pm	Mar 24 - May 26 (No class 4/14, 4/21)	\$125



Intro to Dance: Level 2

124004

(Ages 3.5 - 5)

Instructor: Cindy Wright

A fun introduction to the wonderful world of dance; this is a creative movement and pre-ballet class. Students will develop gross motor skills, coordination, group skills and self-confidence. Dance games and props will be included and dancers will be encouraged to use their imaginations to explore/create their own individual styles. Students should wear ballet slippers or non-skid socks and any style/color dance wear or comparable attire. **There will be a small recital on June 3. Participation is optional. Complete information will be given at class.**

Location: Warren Building

Min: 6/Max: 10

9/8 weeks

S#	Day	Times	Date	Price
01	Thu	12:30 - 1:15 pm	Jan 12 - Mar 16 (No class 2/23)	\$140
04	Fri	10:45 - 11:30 am	Jan 13 - Mar 17 (No class 2/24)	\$140

SPRING: #224005

S#	Day	Times	Date	Price
01	Thu	12:30 - 1:15 pm	Mar 23 - May 25 (No class 4/20)	\$140
02	Fri	10:45 - 11:30 am	Mar 24 - May 26 (No class 4/14, 4/21)	\$125

Dance/Theater

124097

(Ages 4 - 5)

Instructor: Cindy Wright

It starts with a story. Through dance, dialogue and drama (and comedy!), the children will tell the story. We'll add some costumes and props and present an informal performance at the final class. This is a dance class focusing on basic ballet and jazz/hip-hop (age appropriate moves and music). It is also a class that will introduce young children to acting and how acting, music and dance create musical theater. Children should wear any style dance wear or comparable clothes and ballet slippers or non-skid socks. **There will be a small recital on June 3. Participation is optional. Complete information will be given at class.**

Location: Warren Building

Min: 6/Max: 10

9 weeks

S#	Day	Times	Date	Price
01	Tue	12:30 - 1:30 pm	Jan 17 - Mar 21 (No class 2/21)	\$152

SPRING: #224097

S#	Day	Times	Date	Price
01	Tue	12:30 - 1:30 pm	Mar 28 - May 30 (No class 4/18)	\$152

Intro to Musical Theater

122303

(Grades 2 - 4)

Instructor: Cindy Wright

The show must go on! Children will develop acting, singing and dancing skills as they prepare for a performance (to be held at the last class). They will be assigned equitable roles and will have costumes and props to help bring their characters to life. Children should wear comfortable clothes and shoes and bring a water bottle to class.

Location: Warren Building

Min: 7/Max: 14

10 weeks

S#	Day	Times	Date	Price
01	Tue	3:45 - 5 pm	Jan 10 - Mar 21 (No class 2/21)	\$180

Valentine's Day Family Art Workshop

121488

(Ages 6+)

Instructor: D'Ann Hansen

In this fun workshop students will interpret a heart painting by the famous contemporary painter Jim Dine. These large 16" x 22" works will be made with professional acrylic paints on archival paper. A second project will be painting and collaging in miniature using Artist Trading Cards. These tiny pieces of art will be in the official 2 1/2 x 3 1/2 size and are being traded around the world. All materials and delicious snacks included. Children may come without an adult and an adult may come without a child! More information on D'Ann can be found at her website at www.dannhansen.com

Location: Warren Building

Min: 6/Max: 10

1 Day

S#	Day	Times	Date	Price
01	Sat	12:30 - 4 pm	Feb 11	\$65



Future Scientists

121440

(Ages 2.9 - 5)

Instructor: Diane Benson

Exploration, discovery and wonder await your imagination in this science class. Get ready to have a unique, fun and engaging Winter! Activities are all hands-on and most experiments you will be able to take home to show your family and friends! Experiments may include: Making a Rainstick, Beach in a Bottle, Building & Erupting a Volcano, Kid-Made Silly Putty and MORE!!!

Location: Warren Building Min: 6/Max: 8

8 weeks

S#	Day	Times	Date	Price
01	Tue	12:50 - 1:50 pm	Jan 10 - Mar 14	\$200

(No class 1/17, 2/21)

Star Wars Science

121456

(Grade K - 3)

Instructor: Diane Benson

Is THE FORCE with YOU?! Spend the afternoon getting in touch with your inner Jedi and enjoy some Star Wars inspired science experiments! Kids will make Dark Side Slime and more!

Location: Warren Building Min: 6/Max: 20

1 Day

S#	Day	Times	Date	Price
01	Tue	3:30 - 5:30 pm	Mar 21	\$55



Guitar Lessons: Youth

125807

(Ages 8 - 15)

Instructor: Dave Medeiros

You can stop playing "air guitar" and learn how to play the real thing! Beginner lessons introduce the challenge of musicianship while concentrating on basic music fundamentals in a relaxed atmosphere. Students will learn popular songs while focusing on note reading, chord accompaniment, and simple tuning techniques. Guitar rentals are available for an additional charge of \$50 per session payable to Dave at first class. Please contact the Recreation Department if you are interested in reserving a guitar for the class.

Location: Warren Building Min: 5/Max: 10

8 weeks

S#	Day	Times	Date	Price
01	Mon	4 - 5 pm	Jan 23 - Mar 20	\$135

(No class 2/20)

Girl's Science Club

124904

(Grade 1 - 5)

Instructor: Wicked Cool For Kids

Engaging hands-on chemistry and geology projects will encourage girls to be junior scientists. Unlock the secrets of the laboratory to create customized soaps, lip balms, and lotions. Explore how chemists create formulas and make your own cool products to take home. New projects include creating brilliant salt crystals and investigating gems and geodes.

Location: Warren Building Min: 8/Max: 14

6 weeks

S#	Day	Times	Date	Price
01	Mon	3:30 - 4:30 pm	Jan 23 - Mar 6	\$125

(No class 2/20)



Lego Engineering

124920

(Grade 1 - 5)

Instructor: Wicked Cool For Kids

Lego Engineering teaches basic engineering concepts, problem solving, & teamwork - all by playing and building with Legos. In this set of all-new activities, we look at gears, levers, pulleys, and wheels & axles. These are the basic mechanisms that underpin all the mechanical equipment in our lives.

Location: Warren Building Min: 8/Max: 14

6 weeks

S#	Day	Times	Date	Price
01	Wed	3:30 - 4:30 pm	Jan 25 - Mar 8	\$125

(No class 2/22)

Piano Lessons: Youth

125806

(Ages 8 - 15)

Instructor: Dave Medeiros

Have fun exploring the potential of electronic keyboards while focusing on the foundations of the most universally enjoyed musical instrument the piano! Beginner lessons will cover fundamentals of music theory, hand movement, and independent coordination as it applies to note reading of easy melodies. Must bring a keyboard to class.

Location: Warren Building Min: 5/Max: 10

8 weeks

S#	Day	Times	Date	Price
01	Mon	5 - 6 pm	Jan 23 - Mar 20	\$135

(No class 2/20)



Wellesley Rec. Office Hours
Monday - Friday 8:30 - 4:30
781-235-2370

James Bede Soccer Fundamentals



122900

(Ages 4 - 6)

Instructor: James Bede & Staff

Get your young player ready to play soccer by learning proper ball skills. All teaching is done through a lot of fun games in a non-threatening environment. We want your child to wear proper soccer equipment; shin guards & sneakers, plus they need to bring a water bottle as well. Program is held in the gym.

Location: Warren Building **Min: 10/Max: 20**

8 weeks

S#	Age	Day	Times	Date	Price
01	4	Wed	2 - 2:45 pm	Jan 11 - Mar 8 (No class 2/22)	\$175
02	5	Wed	2:50 - 3:35 pm	Jan 11 - Mar 8 (No class 2/22)	\$175
03	4	Wed	3:45 - 4:25 pm	Jan 11 - Mar 8 (No class 2/22)	\$175
04	5 - 6	Wed	4:30 - 5:15 pm	Jan 11 - Mar 8 (No class 2/22)	\$175

James Bede Advanced Footskills



122901

(Ages 7 - 10)

Instructor: James Bede & Staff

Join James Bede to learn and advance your foot skills. This session will focus on individual skills; dribbling, moves, shielding and passing. You will bring your game to the next level by participating in this session.

Location: Warren Building **Min: 10/Max: 16**

8 weeks

S#	Day	Times	Date	Price
01	Tue	6 - 7 pm	Jan 10 - Mar 7 (No class 2/21)	\$255
02	Sat	10:15 - 11:10 am	Jan 14 - Mar 11 (No class 2/18)	\$255



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Instagram: @recwellesley



Parents Night Out

122801

(Ages 7 - 11)

Instructor: Wellesley Recreation Staff

Parents go out and kids stay in! Take an evening out while your children enjoy sports, dinner, crafts, games, movie and a snack - all with a fun theme. Don't forget to bring a sleeping bag and pillow for movie time! Please advise us at the time of registration of any food allergies.

Location: Warren Building **Min: 10/Max: 20**

2 Days

S#	Day	Times	Date	Price
01	Fri	6 - 9 pm	Dec 16	\$30
02	Fri	6 - 9 pm	Jan 27	\$30



James Bede Soccer League

122905

(Ages 5 - 8)

Instructor: James Bede & Staff

In this newly organized soccer class/league you will be taught the fundamentals of soccer in a fun non-threatening environment. Tuesday OR Wednesday is practice and Saturday is game day. During practice on Tuesday or Wednesday the players will begin to learn the soccer fundamentals: passing, dribbling, shooting. On Saturday game days they will play an instructional game and implement the skills that they learned at practice on Wednesday. (Price includes a game day jersey). Program will be held indoors.

Location: Warren Building

Min: 10/Max: 30

8 weeks

S#	Age	Day	Times	Date	Price
01	7 - 8	Tue	5 - 6 pm	Jan 10 - Mar 7 (No class 2/21)	\$320
		Sat	11 - 12:10 pm	Jan 14 - Mar 11 (No class 2/18)	
02	5 - 6	Wed	5:20 - 6:20 pm	Jan 11 - Mar 8 (No class 2/22)	\$320
		Sat	12:15 - 1:15 pm	Jan 14 - Mar 11 (No class 2/18)	

Dynamic Running - Kids

120204

(Ages 7 - 12)

Instructor: Kathy Fleming

This class will help your child reach new levels in his/ her athletic abilities. Your child will not only be faster and stronger, but he/she will be empowered and confident with his new awareness of pacing, sprinting and stamina. Kathy Fleming, the former Boston College track and field coach, Olympic Trials finalist in the 1500m and a member of the world record Distance Medley Relay team who held the record for 27 years, will share her knowledge about the key ways to build speed and endurance in young athletes. The class will also introduce some of the other track and field events like the shot put, javelin and the long jump. The class also teaches proper hydration, stretching and drills. We end each session with a fun relay event. Keep your child moving in the winter with this indoor class that introduces track and field to the young athlete.

Location: Warren Building

Min: 6/Max: 15

5 weeks

S#	Day	Times	Date	Price
01	Mon	4:30 - 5:30 pm	Jan 30 - Mar 6 (No class 2/20)	\$145



PROGRAM REGISTRATION

Online • Walk-in • Phone

If you have never registered online, call our office: 781-235-2370 to obtain a username & password

Mastercard • Visa accepted

About jrCode

At jrCode we believe that creative critical thinking is one of the fundamental building blocks for success. In each of our classes, students will develop these skills through a variety of programming challenges. We believe that this all starts with a foundational coding knowledge that exposes kids to the basics: Foundations (Grades 2-5) and Accelerated Foundations (Grades 4-8). After those basics have been mastered we invite our students to explore specialty tracks of their choosing, including interactive gaming and animation classes. Most of our classes utilize the Scratch platform, which was developed at MIT to introduce children to programming languages. Unless indicated, jrCode provides the computers and technical support needed to complete each class.



Foundations

123089

(Grades 2 - 5)

Instructor: JrCode Staff

Every young learner needs a foundation in coding and the skills to discover the creative programming world! This Foundations class uses the Scratch platform to introduce your child to the basics of computer coding and improve their critical thinking skills. Your child will be challenged to learn introductory coding concepts, including algorithms and analytical problem solving, while completing games and projects that are fun and creative.

Prerequisites: None

Coding language/platform used: Scratch (block language)

Recommended Next Class: any Level 1 class

Location: Warren Building

Min: 5/Max: 14

8 Weeks

S#	Day	Times	Date	Price
01	Mon	4 - 5 pm	Jan 23 - Mar 20 (No class 2/20)	\$275
02	Wed	4 - 5 pm	Jan 25 - Mar 22 (No class 2/22)	\$275

Pre-Gaming

123089

(Grades K - 2)

Instructor: JrCode Staff

This introductory class provides your young child with their first game creation experience using the fun and interactive ScratchJr app. This app allows your child to discover coding frameworks based on familiar playground games in a "touch and drag" setting, easily experienced on their own iPad or Android*. The hands-on class uses online visuals, puzzles and memorable characters to engage your child in critical thinking skills and gaming concepts. After the completion of this class, children who can read independently will be ready for jrCode's Foundations class.

• Students must bring their own iPad or Android device to this class

Prerequisites: None

Coding language/platform used: ScratchJr (block language)

Recommended Next Class: Foundations

Location: Warren Building

Min: 5/Max: 14

8 Weeks

S#	Day	Times	Date	Price
03	Tue	4 - 5 pm	Jan 24 - Mar 21 (No Class 2/21)	\$275

Gaming - Level I

123089

(Grades 2 - 5)

Instructor: JrCode Staff

This class builds on topics there were covered in the Foundations or the Accelerated Foundations level and is perfect for students who have completed that class and want to explore the options of creating their own games. Your child will apply their coding skills from Foundations or Accelerated Foundations and expand their skills to develop games that will test their understanding and reinforce their critical thinking skills.

Prerequisites: Foundations or Accelerated Foundations

Coding language/platform used: Scratch (block language)

Recommended Next Class: any Level 1 class or Gaming Level

Location: Warren Building

Min: 5/Max: 12

8 Weeks

S#	Day	Times	Date	Price
04	Thu	4 - 5 pm	Jan 26 - Mar 23 (No Class 2/23)	\$275

Spring Show 2017!

Details on page 6



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Instagram: @recwellesley



Gaming - Level II

123089

(Grades 4 - 8)

Instructor: JrCode Staff

It's time to level up! This class takes gaming to the next level as your child builds upon their knowledge acquired in previous classes to construct more complex and challenging games. Your child will continue to hone their skills by creating a variety of different games, including mazes, trivia and Mad Libs.

Prerequisites: Foundations/Accelerated Foundations and Gaming Level 1

Coding Language/Platform Used: Scratch (block language)

Recommended Next Class: any Level 2 class or JavaScript Foundations

Location: Warren Building **Min: 5/Max: 12**
8 Weeks

S#	Day	Times	Date	Price
05	Thu	5:15 - 6:45 pm	Jan 26 -Mar 23	\$350
(No Class 2/23)				

Animations - Level II

123089

(Grades 4 - 8)

Instructor: JrCode Staff

This class takes animation to the next level as your child builds upon their knowledge acquired in previous classes to create more complex and challenging animations. Your child will continue to hone their skills by developing creative stories and using their animations to teach others a new skill through various projects.

Prerequisites: Foundations/Accelerated Foundations and Gaming Level 1

Coding Language/Platform Used: Scratch (block language)

Recommended Next Class: any Level 2 class or JavaScript Foundations

Location: Warren Building **Min: 5/Max: 12**
8 Weeks

S#	Day	Times	Date	Price
06	Tue	5:15 - 6:45 pm	Jan 24 - Mar 21	\$350
(No Class 2/21)				

Puddlestompers

415701

(Ages 3 - 6)

Instructor: Puddlestomper Staff

Let us lead your children in discovering the mystery of winter during PUDDLESTOMPERS' December Vacation drop-off program. Winter is a magical time to explore! Come see how animals and plants are surviving the cold. Look for animal tracks and investigate other signs of winter activity. Discover who is taking a rest during the cold months and who is still out and about! Children will learn about the day's topic through hands-on investigation, active movement and play, crafts, stories, and songs. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and exploration into your home. Please send your child with a nut-free lunch.

Location: Warren Building **Min: 4/Max: 15**

1 week

S#	Day	Times	Date	Price
01	Tue	9 am - 1 pm	Dec 27	\$64
02	Wed	9 am - 1 pm	Dec 28	\$64
03	Thu	9 am - 1 pm	Dec 29	\$64
04	Fri	9 am - 1 pm	Dec 30	\$64



Python Foundations

123089

(Grades 5 - 8)

Instructor: JrCode Staff

Leaving the world of block programming behind, student will begin transitioning over to text programming in this Python Foundations class. This course introduces student to not only the fundamentals of programming but also problem solving and computational thinking. Through developing exciting programs with fun libraries such as the "turtle," student will gain the knowledge need to build their own programs and eventually, games!

Prerequisites: Foundations or upon the discretion of the teacher, proficient typing skills are recommended

Coding language/platform used: Python (text language)

Location: Warren Building **Min: 5/Max: 12**
8 Weeks

S#	Day	Times	Date	Price
07	Wed	5:15 - 6:45 pm	Jan 25 - Mar 22	\$350
(No class 2/22)				
08	Mon	5:15 - 6:45 pm	Jan 23 - Mar 20	\$350
(No class 2/20)				





If Wellesley Public Schools are cancelled due to inclement weather, then Wellesley Recreation programs will be cancelled.

Terriers December Vacation

420607

(Grades 2 - 7)

Instructor: Terriers Staff

We are pleased to offer a December Vacation version of our popular Terriers Sports program. Each day will begin with an open gym, with supervised but self-structured fun and activity. Kids will shoot hoops, play knockout, pickup basketball, wall ball, practice skills, or just relax and have fun with friends. Basketball games will also be played each day - "Terriers style" with action, energy and a focus on fun and sportsmanship. Sessions will also offer our popular Dodgeball games. Kids love the fast paced action, throwing, catching and, of course dodging balls in this great game. Our playground and sledding hill will also be available for outdoor fun. We hope to see you there! Teams and games will be divided and structured by grade as appropriate in each session. Participants bring their own lunch.

Location: Warren Building **Min: 20/Max: 40**

1 week

S#	Day	Times	Date	Price
01	Tue	10:30 am - 2:30 pm	Dec 27	\$45
02	Wed	10:30 am - 2:30 pm	Dec 28	\$45
03	Thu	10:30 am - 2:30 pm	Dec 29	\$45

\$120 if you register for the whole week.





Knucklebones Gym Heroes

123106

(Ages 2 - 5)

Instructor: Knucklebones Staff

Incorporating old school favorites as well as our own outside the box games - your child will enjoy a class filled with physical activity, game play, sportsmanship and fun! From scooter boards to parachute, Plasma Car races to Tube creation, this class ensures laughter, fun and gross motor development!

Location: Warren Building

Min: 10/Max: 15

8 weeks

S#	Day	Times	Date	Price
01	Mon	10:15 - 11:15 am	Jan 9 - Mar 13	\$108
(No class 1/16, 2/20)				

Knucklebones Gymnastics

123155

(Ages 2 - 5)

Instructor: Knucklebones Staff

Knucklebones' Gymnastics offers a unique twist for your beginning gymnast. Using age appropriate equipment and fun techniques, your child will gain creative and rhythmic movement, flexibility, fundamental gymnastics and gross motor skills. Exploring various apparatus including beam, high bar, rings, mats, mat shapes (cylinder, wedges, humps, etc), spring board, and trampolines along with unique products such as Gonge balance sets, polyspots, and Action, your child will progress with introductory skills while having fun! Knucklebones prides itself on engaging children through cooperative play in a carefully designed circuit of gymnastic activities.

Location: Warren Building

Min: 5/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Wed	10:15 - 11:15 am	Jan 11 - Mar 8	\$108
(No class 2/22)				

Knucklebones Micro Athletics

123100

(Ages 2 - 5)

Instructor: Knucklebones Staff

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement, and fun! Each class your child will play a myriad of different, skill enhancing athletic activities and games. From learning to kick using RhinoSkin balls to practicing throwing and much more, we make sure your child is active and having fun while developing a passion for play that will stay with them! The entire program is supported using a plethora of unique and age appropriate equipment. Sneakers are required.

Location: Warren Building

Min: 6/Max: 12

8 weeks

S#	Day	Times	Date	Price
01	Fri	10:15 - 11:15 am	Jan 13 - Mar 10	\$108
(No class 2/24)				

Badminton: Juniors

120207

(Ages 5 - 12)

Instructor: Maugus Staff

The Maugus Junior Badminton Team has been running in Wellesley for more than fifteen years and we are excited for your kids to join our training. Come learn badminton skills for all levels, improve coordination, play fun games, and be in a great environment with other kids. Run by two USA Badminton high performance certified coaches, the Maugus Junior Program coaches kids from the most beginner level to the highest level of national and international competition. We are experienced in providing strong skills training along with a fun and enjoyable experience for all ages. Our mission is to teach kids not just how to play badminton but how to be team players and grow as individuals.

Location: Maugus Club

Min: 8/Max: 15

8 weeks

S#	Day	Times	Date	Price
01	Mon	4 - 6 pm	Jan 2 - Feb 20	\$160
02	Wed	4 - 6 pm	Jan 4 - Feb 22	\$160
03	Fri	4 - 6 pm	Jan 6 - Feb 24	\$160
04	Sat	9 - 11 am	Jan 7 - Feb 25	\$160
05	Sat	1:30 - 3:30 pm	Jan 7 - Feb 25	\$160

Terriers Dodgeball League

120601

(Grades 2 - 6)

Instructor: Terriers Staff

Kids love the fast paced action, throwing, catching and of course dodging balls in this great game. They also get a great overall workout and develop throwing, catching and agility skills, while enjoying a great time playing one of their favorite games. Teams will be organized by grade into teams and provided with team shirts. Teams play games and cheer on other team's games to create a fun and energetic environment. Mixed with Terriers tunes, they enjoy high-octane fun. At the conclusion of the program teams also enjoy a tournament to sign the coveted Terriers Dodgeball Bucket. Cushioned foam balls are used for safety.

Location: Warren Building

Min: 25/Max: 60

5 weeks

S#	Day	Times	Date	Price
01	Fri	4:15 - 5:15 pm	Jan 13 - Feb 10	\$125
02	Fri	4:15 - 5:15 pm	Mar 3 - Mar 31	\$125



Tot Learn to Skate Classes (Ages 3-6)

Instructors use songs, games, toys and other fun methods to cater to the learning styles and development of young skaters. 3 to 4 year olds are separated from 5 to 6 year olds initially, but are grouped together in Tot levels 1 - 3. 6 year olds have the option to begin in Youth 1. Classes include 25 minutes of group instruction.

Rental skates are available on a first come, first serve basis and are included in the class fee. You are welcome to bring your own skates although double blade skates are not permitted

- Pre Tot (Beginners ages 3-4)
- Tot 1 (Beginners, ages 5-6; and 3-4 year olds who have passed Pre Tot)

PREREQUISITE: Skaters must be at least 3 years of age and potty trained. A helmet, such as a bike helmet or HECC helmet is required.

Pre-Tot Learn To Skate

123202

(Ages 3 - 4)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Tue	4:40 - 5:05 pm	Jan 3 - Feb 14	\$119
02	Tue	4:40 - 5:05 pm	Feb 28 - Apr 11	\$119

Tot Learn To Skate

123200

(Ages 3 - 6)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Tue	4:40 - 5:05 pm	Jan 3 - Feb 14	\$119
02	Tue	4:40 - 5:05 pm	Feb 28 - Apr 11	\$119

BE PREPARED FOR CLASS

Deadline to register for January session - DECEMBER 29

Deadline to register for February session - FEBRUARY 23

- Arrive 15-20 minutes prior to the class start time
- Helmet, such as a bike helmet or HECC helmet is required
- Wear warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens
- Rental skates are available on a first come, first serve basis and are included in the class fee
- You are welcome to bring your own skates although double blade skates are not permitted



Youth Learn to Skate Classes (Ages 6-12)

Youth Learn to Skate levels are designed to teach basic motion, balance and coordination that prepare skaters for hockey, figure skating or the occasional rink visit. Classes consist of at least 40 minutes of group instruction and 10 minutes of supervised practice.

Rental skates are available on a first come, first serve basis and are included in the class fee. You are welcome to bring your own skates although double blade skates are not permitted

- Youth 1 (Beginners or those with minimal skating experience, ages 6-12)
- Youth 2 (Skaters ages 6-12 who have passed Youth 1)

PREREQUISITE: Skaters must be at least 6 years of age and a helmet, such as a bike helmet or HECC helmet is required.

Youth Learn To Skate

123290

(Ages 6 - 12)

Instructor: FMC Ice Sports Staff

Instructors use games and a fun, challenging environment to teach beginning skating elements. Youth classes include 30-40 minutes of group instruction. Skaters must meet the age requirements for each level and be potty-trained. A helmet, such as a bike helmet or HECC helmet is required.

Location: Wm. Chase Arena Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Mon	5:40 - 6:30 pm	Jan 2 - Feb 13	\$139
02	Tue	4:40 - 5:30 pm	Jan 3 - Feb 14	\$139
03	Mon	5:40 - 6:30 pm	Feb 27 - Apr 10	\$139
04	Tue	4:40 - 5:30 pm	Feb 28 - Apr 11	\$139

Teen & Adult Learn To Skate

123921

(Ages 13 & Up)

Instructor: FMC Ice Sports Staff

Location: Wm. Chase Arena Min: 3/Max: 20

7 weeks

S#	Day	Times	Date	Price
01	Mon	5:40 - 6:30 pm	Jan 2 - Feb 13	\$139
03	Mon	5:40 - 6:30 pm	Feb 27 - Apr 10	\$139

WM. CHASE ARENA
35 WINSOR AVE, NATICK MA 01760

For general questions:

1-888-74-SKATE or 508-655-1013

For registrations or refunds:

781-235-2370

Visit FMC Web site @ fmcicesports.com

Indoor Tennis

125200

(Ages 5 - 11)

Instructor: Mike Sabin & Staff

This is a fun approach to learning tennis. Emphasis will be placed on developing hand eye coordination skills while providing an introduction to the game of tennis. You must provide your own racquet and bring a water bottle. All classes will be held inside.

Location: Warren Building **Min: 4/Max: 12**

7 weeks

S#	Age	Day	Times	Date	Price
01	5 - 7	Thu	3:30 - 4:30 pm	Jan 12 - Mar 2 (No class 2/23)	\$160
02	5 - 7	Thu	4:30 - 5:30 pm	Jan 12 - Mar 2 (No class 2/23)	\$160
03	8 - 11	Thu	5:30 - 6:30 pm	Jan 12 - Mar 2 (No class 2/23)	\$160

Archery

135300

(Ages 8 - 15)

Instructor: On the Mark Archery Staff

Try out traditional recurve archery this winter and see for yourself why one of the world's oldest sports is making a comeback! This introductory course emphasizes the fundamentals that lead to success and the importance of consistent shooting. Students will compete individually and in team challenges through a variety of games and tournaments. Classes led by two certified USA Archery and National Field Archery Association (NFAA) instructors. All equipment provided.

Location: Warren Building **Min: 12/Max: 20**

5 weeks

S#	Day	Times	Date	Price
01	Wed	6:30 - 7:30 pm	Jan 4 - Feb 1	\$135

Chess Lessons

124800

(Ages 5 - 14)

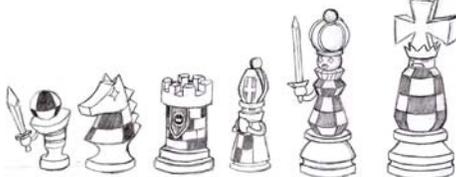
Instructor: Jim Della Selva

Chess is a mindful game that is both fun and challenging. This class will give participants the opportunity to both play and learn strategy. Instruction will be given so that the advanced player as well as the beginner will benefit. Don't miss this exhilarating class.

Location: Warren Building **Min: 4/Max: 12**

8 weeks

S#	Day	Times	Date	Price
01	Mon	4:30 - 5:30 pm	Jan 23 - Mar 20 (No class 2/20)	\$125
02	Mon	5:30 - 6:30 pm	Jan 23 - Mar 20 (No class 2/20)	\$125



Kids: Self Defense-Combat SAMBO

121806

(Ages 4 - 11) - Children over 6 years of age, accompanied by Adult, may come to Family Class. See Adult Program on PAGE 37

Instructor: Grandmaster

Michael Galperin & Staff

"SAMBO"- Russian acronym for "Self Defense without Weapons". This SYSTEM incorporates the most effective survival techniques from



Judo, Jiu-jitsu, Karate, Aikido,

Kung Fu, Krav Maga and others.

Boys and girls will be presented with practical self defense applications for a variety of situations. This unique style of Martial Arts will boost their confidence, discipline, health and fitness along with self-esteem. In a safe and friendly atmosphere participants will enhance their ability to cooperate, focus and follow directions. Under the supervision of experienced certified instructors, children will be taught skills to protect themselves against bullying, kidnapping, molestation, random attackers and enable them to be safe in dangerous real world situation. Note: Participants may join classes at any time; your full term payment will extend into the next term. Uniforms and equipment are available for purchase in class. Note: For more information regarding the program details please visit www.combat-sambo.com or call 617-413-0660

Location: Warren Building

Min: 10/Max: 30

10/12 weeks

S#	Day	Times	Date	Price
01	Mon	6:30 - 7:30 pm	Jan 9 - Mar 27 (No class 1/16, 2/20)	\$160
02	Wed	6:30 - 7:30 pm	Jan 4 - Mar 29 (No class 2/22)	\$192
03	Mon & Wed	6:30 - 7:30 pm	Jan 4 - Mar 29 (No class 1/16, 2/20, 2/22)	\$286

Karate

121800

(Ages 3 - 12)

Instructor: Steve Nugent & Staff

A Martial Arts program taught by 4 Time World Champion Steve Nugent and staff. Classes teach self-defense, punching, kicking, stretching, proper breathing, focus, discipline and respect. In addition to the martial arts, the classes stress the importance of nutrition and academic achievement. Classes also cover fire safety and stranger awareness. Classes are structured and fun!!

Location: Warren Building

Min: 10/Max: 30

13 weeks

S#	Age	Day	Times	Date	Price
01	3 - 5	Wed	3:45 - 4:30 pm	Jan 4 - Apr 5 (No class 2/22)	\$305
02	6 - 8	Wed	4:30 - 5:15 pm	Jan 4 - Apr 5 (No class 2/22)	\$305
03	9 - 12	Wed	5:15 - 6 pm	Jan 4 - Apr 5 (No class 2/22)	\$305



Skyhawks SNAG Golf

121904

(Ages 5 - 10)

Instructor: Skyhawks Staff

One of our most popular programs, Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. As we know, golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system which uses modified equipment to its curriculum developed by PGA professionals, SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy & effective transition onto the golf course. No need to bring your own clubs, all equipment is provided. For safety reasons we keep the instructor to camper ratio for this program very low, resulting in limited availability. As a result these programs fill up quickly. Participants should wear loose fitting cloths, sneakers, and bring a water bottle.



Location: Warren Building Min: 5/Max: 10

6/5 weeks

S#	Day	Times	Date	Price
01	Tue	3:45 - 4:45 pm	Jan 10 - Feb 14	\$95
02	Tue	3:45 - 4:45 pm	Feb 28 - Mar 28	\$85

Skyhawks Volleyball

121902

(Ages 7 - 15)

Instructor: Skyhawks Staff

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner to intermediate player and will incorporate essential life-lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing the fundamental skills of the game through game-based drills and daily scrimmages aimed at developing the whole player. Participants should wear loose fitting cloths, sneakers, and bring a water bottle.

Location: Warren Building Min: 8/Max: 14

6/5 weeks

S#	Day	Times	Date	Price
01	Tue	5 - 6 pm	Jan 10 - Feb 14	\$95
02	Tue	5 - 6 pm	Feb 28 - Mar 28	\$85



PROGRAM REGISTRATION

Online • Walk-in • Phone

If you have never registered online, call our office: 781-235-2370 to obtain a username & password
Mastercard • Visa accepted

Thundercat Mini Sports Jam

120903

(Ages 4 - 6)

Instructor: Thundercat Sports Staff

Play, play, and play some more...the ultimate multi-sport program! Baseball, basketball, and soccer will be core sports in which some skills will be emphasized. But that's not all. Other sports mixed in may include - flag football, floor hockey, volleyball, badminton, dodgeball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played.



Location: Warren Building

Min: 8/Max: 12

6 weeks

S#	Day	Times	Date	Price
01	Mon	3:30 - 4:15 pm	Jan 30 - Mar 13	\$210

(No class 2/20)

Thundercat Basketball

120902

Instructor: Thundercat Sports Staff

Skills, drills, and fun! Instruction includes basic skills like shooting, passing, dribbling, positions, defense and rules of the game. There will be a game each week so skills can be put into action. Sneakers, water bottle and appropriate dress are required. Get ready for some basketball fun with the experienced coaches from the Thundercats!

Location: Warren Building

Min: 8/Max: 24

6 weeks

S#	Age	Day	Times	Date	Price
01	4 - 6	Sat	8:15 - 9 am	Jan 28 - Mar 11	\$210
(No class 2/18)					
02	7 - 9	Sat	9:05 - 10 am	Jan 28 - Mar 11	\$210
(No class 2/18)					

Thundercat Sports Jam

120904

(Ages 7 - 10)

Instructor: Thundercat Sports Staff

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized, but that's not all. Other sports mixed in may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played. Program is co-ed and participants should bring water and wear comfortable clothes to run around in.

Location: Warren Building

Min: 8/Max: 12

6 weeks

S#	Day	Times	Date	Price
01	Mon	4:30 - 5:30 pm	Jan 30 - Mar 13	\$210

(No class 2/20)



Online Program Registration

Residents: November 29

Non Residents: December 13

Pediatric First Aid & CPR

131579

(Ages 16+)

Instructor: Juanita Allen

The credentialed Heartsaver Pediatric First Aid course is designed for laypersons who because of their occupation may need to respond to a first-aid emergency. This course teaches participants on how to handle injuries and manage illness in the first few minutes until help arrives.

There are six modules covered in this course which include:

- First Aid Basics
- Medical Emergencies
- Injury Emergencies
- Environmental Emergencies
- Adult CPR
- Pediatric CPR

This course meets the requirements of child care providers, teachers, foster care workers, camp counselors, Scout leaders, youth organizations, coaches, children's sports organizations, babysitters and parents.

Certification is good for 2 years.

Location: Warren Building **Min: 4/Max: 12**

1 Class

S#	Day	Times	Date	Price
01	Mon	6 - 9 pm	Jan 30	\$85



facebook.com/recwellesley
Instagram: @recwellesley



Social Sklz

131589

(Ages 8 - 12)

Instructor: Juanita Allen

In today's fast-paced world, the ways in which we interact are constantly evolving. While new technology has enhanced our lives in many ways, the art of face-to-face interaction remains crucial to success. socialsklz:-) equips children and with the vital tools needed to succeed on the playground, in the classroom and ultimately at the workplace. Through this fun, interactive workshop, socialsklz:-) teaches lessons including greetings and introductions, making a good first impression, starting conversations, patience and thoughtfulness, self-control, respect and consideration, dining and phone skills. The skills mastered are not only empowering, but build confidence and self-esteem, paving the way to a more fruitful life. The program has been widely touted and featured extensively in the media. Essential tweenz: In this two hour workshop, tweenz ages 8 to 12 learn social and communication skills in-person and on the phone. Tweenz will gain valuable life skills, such as shaking hands with confidence, making phone calls and engaging others in conversation. The workshop includes a hands-on dining event.

Location: Warren Building **Min: 6/Max: 15**

1 Days

S#	Day	Times	Date	Price
01	Mon	3:45 - 5:45 pm	Jan 30	\$80

Home Alone Safety

131501

(Ages 8 - 11)

Instructor: Juanita Allen

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. The class includes a variety of teaching methods, including a video and role playing. Please bring a snack.

Location: Warren Building **Min: 6/Max: 15**

1 Class

S#	Day	Times	Date	Price
01	Thu	3:30 - 5:30 pm	Feb 2	\$45

Babysitter's Training

131500

(Ages 11 - 15)

Instructor: Alice Wadley

Designed for 11 to 15 year olds, participants will learn the knowledge and skills necessary to provide care for children and infants. In addition, students will learn the critical skills needed to respond to and manage an adult or pediatric first aid, choking or sudden cardiac arrest emergency. The course combines video, activities, hands-on skills training and discussion for a complete learning experience.

(Participants should bring a snack)

Participants will learn how to:

- Prevent, recognize and respond to safety issues
- Problem solve and make decisions under pressure
- Choose safe and age-appropriate toys and games
- Feed, diaper and care for infants and children
- Manage discipline issues
- Launch a babysitting business
- Resume writing
- Interviewing skills
- Recognize and respond to adult and pediatric breathing, cardiac, and first aid emergencies, including the use of the Automated External Defibrillator

Materials include

- Pocket First Aid Kit
- CPR Breathing Barrier Keychain
- Babysitter's Drawstring Bag
- Folder with course reference materials and Emergency Reference Cards

Certifications will be issued

Students who successfully complete this course will receive:

- Heartsaver Adult and Pediatric CPR/AED and First Aid certification valid for two years
- Babysitter's Training certification with no expiration

Location: Warren Building **Min: 4/Max: 12**

3 Classes

S#	Day	Times	Date	Price
01	Sat	10 am - 4 pm	Jan 14	\$120
02	Sat	10 am - 4 pm	Feb 4	\$120
03	Sat	10 am - 4 pm	Mar 25	\$120

Nashoba Ski Program Wednesdays

123300

(Ages 7 - 11)

Instructor: Ski Resort Nashoba Valley

Now is the best time to learn to ski or snowboard. If you already ski or snowboard, you can polish your skills. This program includes transportation to Nashoba Valley, lessons and lift tickets. Please indicate if your child is a first time skier and if they will snowboard or ski. All participants must be enrolled in grades 3 - 5. If you need rental equipment you MUST attend the prefit, date on Dec 8. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program. RENTAL EQUIPMENT: \$90, HELMET RENTAL: \$12, HELMET PURCHASE: \$60.

Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price
04	Wed	12:45 - 5:30 pm	Jan 4 - 25	\$290

Nashoba Ski Program Fridays

123301

(Ages 11 - 15)

Instructor: Ski Resort Nashoba Valley

Just imagine blazing down the slopes of Nashoba Valley under the lights instead of staying home on Friday night. Join your friends and enjoy four weeks of skiing or snowboarding. Participants should bring a bag lunch/supper or they may purchase something at Nashoba. No lessons on Friday nights. Children must be enrolled in grades 6-8. If you need rental equipment you MUST attend the prefit Dec 8. If you miss the prefit you will have to drive to Nashoba Valley and have your child measured because they CAN NOT be fitted on the first day of the program. RENTAL EQUIPMENT: \$90, HELMET RENTAL: \$12, HELMET PURCHASE: \$60.

Location: Nashoba Valley

Min: 20/Max: 40

4 weeks

S#	Day	Times	Date	Price
01	Fri	3:45 - 9:30 pm	Jan 6 - 27	\$290

SKI PRE-FIT
Thursday, December, 8th
from 7-8pm

A NOTE TO PARENTS FOR NASHOBA SKI

The Recreation Department has been offering ski lessons at Nashoba Valley for a number of years. There are a few things that you can do to help us. We do ask that your child wear the ski band provided by us, so that we can identify those in our group. WE ARE NOT RESPONSIBLE FOR ARTICLES LEFT BEHIND. YOUR CHILD MUST MAKE SURE THEY HAVE EVERYTHING BEFORE WE LEAVE NASHOBA. Children are not allowed to wear ski boots on the bus. Every child who goes to Nashoba on the bus will return to the Warren Building parking lot on the bus. If you must pick your child up at Nashoba, then you will also be responsible for getting them to Nashoba that day. Last, but not least, we ask that you BE ON TIME TO PICK UP YOUR CHILD. The bus is usually back at the Warren Building parking lot by 5:15 pm at the latest for the Wednesday program, and for the Friday night program by 9:30 pm.

**Rentals are an additional
\$90 to be paid at prefit.**



**Registration for Nashoba Ski
Programs began in Fall 2016.
Limited Spots are still available.**

Cross Country Skiing

123302

(Ages 6 - 10) Children under 6 CANNOT participate in ski lessons

Instructor: Weston Ski Track

A series of 5 one-hour classes introduces children to beginner and intermediate skiing skills. Instruction combined with game playing, having fun, and five weeks of unlimited practice time allows kids to develop their ski skills and an appreciation of the sport. The cost for rentals is an additional \$40 (+tax) that the parents will pay on the day of the first class. The reason we do it this way is because several folks have their own equipment! There also is an additional charge for a trail pass which costs \$8 per day and will need to be purchased before each lesson.

What To Wear & Bring: Cross-country ski clothes should offer protection from the cold, wind, and snow. The challenge in cross-country skiing is to stay warm without over-dressing.

- Base & Insulating Layers: Wear several thin layers of wool or synthetic clothing (fleece, running tops and/or tights, polypro outdoor apparel, etc.) that can be easily added or removed.
- Top Layer: Wind- and water-resistant jackets and pants are highly recommended.
- Hat & Gloves are required. • Feet: Wool/Smartwool socks are best.
- Avoid cotton clothing (jeans, most T-shirts) they won't keep you dry or warm.
- Don't overdress - sweating doesn't help you stay warm.

WEATHER CANCELLATIONS: Because we make our own snow, we are capable of holding classes in almost any weather. Rarely are classes cancelled due to a lack of snow. No classes in steady rain. Call the Weston Ski Track at 781-891-6575 if you have any question as to whether classes will be held. No refunds will be granted for missed classes. Weston Ski Track reserves the right to cancel classes due to unsafe weather conditions and will make final decisions two hours before the start time of the event. IMPORTANT NOTE: For cancellations received fewer than 48 hours before your scheduled activity, we are unable to offer any refunds.

Location: Leo J. Martin Golf Course

Min: 3/Max: 6

5 weeks

S#	Day	Times	Date	Price
01	Wed	1:15 - 2:15 pm	Jan 11 - Feb 8	\$60

Super Soccer Stars

122904

(Ages 1 - 4)

Instructor: Super Soccer Stars Staff

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Location: Warren Building

Min: 4/Max: 15

11 weeks

S#	Age	Day	Times	Date	Price
01	3 - 4	Tue	10 - 10:45 am	Jan 10 - Mar 28 (No class 2/21)	\$330
02	2 - 3	Tue	10:50 - 11:30 am	Jan 10 - Mar 28 (No class 2/21)	\$330
03	1 - 2	Tue	11:35 am - 12:15 pm	Jan 10 - Mar 28 (No class 2/21)	\$330



Super Soccer SHINE

122702

(Ages 5 - 12)

Instructor: Super Soccer Stars Staff

Super Soccer Stars Shine Program uses soccer as a vehicle to teach life skills to individuals with developmental and intellectual disabilities including but not limited to, Autism Spectrum Disorders, Down Syndrome, ADHD and PDD-NOS. We work with a developmentally-appropriate curriculum designed by licensed educators and therapists that promotes the complete growth of each individual and encourages players to improve at his or her own pace. We use soccer to enhance peer interactions and provide a safe environment for players to increase social potential.

Location: Tenacre Country Day School

Min: 2/Max: 8

9 weeks

S#	Age	Day	Times	Date	Price
01	5 - 8	Sun	12:25 - 1:10 pm	Jan 8 - Mar 19 (No class 1/15, 2/19)	\$270
02	8 - 12	Sun	12:25 - 1:10 pm	Jan 8 - Mar 19 (No class 1/15, 2/19)	\$270



Super Soccer Stars

122904

(Ages 1 - 7)

Instructor: Super Soccer Stars Staff

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Location: Tenacre Country Day School

Min: 4/Max: 15

9 weeks

S#	Age	Day	Times	Date	Price
04	2 - 2.5	Sun	9 - 9:40 am	Jan 8 - Mar 19 (No class 1/15, 2/19)	\$270
05	1 - 2	Sun	9 - 9:40 am	Jan 8 - Mar 19 (No class 1/15, 2/19)	\$270
06	3 - 4	Sun	9:45 - 10:30 am	Jan 8 - Mar 19 (No class 1/15, 2/19)	\$270
07	2.5 - 3	Sun	9:45 - 10:25 am	Jan 8 - Mar 1 (No class 1/15, 2/19)	\$270
08	3 - 4	Sun	10:30 - 11:15 am	Jan 8 - Mar 19 (No class 1/15, 2/19)	\$270
09	4.5 - 5	Sun	10:35 - 11:25 am	Jan 8 - Mar 9 (No class 1/15, 2/19)	\$270
10	5 - 7	Sun	11:20 am - 12:20 pm	Jan 8 - Mar 19 (No class 1/15, 2/19)	\$270





NEWS FLASH!!

DON'T BE FOOLED!
Programs for Adults abound at
Wellesley Recreation!

Fitness! Finance! Yoga! Art and more!
Don't miss out!
Grown-ups can have fun too!

Wellesley Health Department

Visit the Wellesley Health Department website www.wellesleyma.gov/health for the following:

- Flu and Keep Well Clinic schedules**
- Mental health resources**
- Seasonal and emerging health issues**
- Regulatory concerns**

Wellesleyma.gov/Health



Public Health
Prevent. Promote. Protect.
Wellesley Health Department

Nursing staff is available for health care screenings and home visits. Call for info & scheduling



Online Program Registration
Residents: November 29
Non Residents: December 13

Puddlestompers February Vacation

115702

(Ages 3 - 6)

Instructor: Puddlestompers Staff

Let us lead your children in discovering the beauty and wonder of late winter and early spring during PUDDLESTOMPERS February Vacation Week Drop-Off Program. Activity will be based at Warren Building where we will venture outside along the adjacent trail as much as temperature and weather allow. Learn about how animals survive the winter and why evergreens keep their leaves. Look for animal tracks and other signs of winter activity. Investigate the reappearance of animals and the new growth of plants as Mother Nature promises warmer weather in the months ahead. We will learn about the day's topic through hands-on exploration, active movement and play, crafts, stories, and songs with our integrated curriculum. A snack will be provided each day, as well as a take-home craft and handout with additional activities and information to extend learning and nature discovery into your home. Bring a nut-free lunch.

Location: Warren Building Min: 4/Max: 15

1 week

S#	Day	Times	Date	Price
01	Tue	9 am - 1 pm	Feb 21	\$67
02	Wed	9 am - 1 pm	Feb 22	\$67
03	Thu	9 am - 1 pm	Feb 23	\$67
04	Fri	9 am - 1 pm	Feb 24	\$67

Pottery February Vacation

121417

(Ages 7 - 13)

Instructor: Ramune Jauniskis

In this four day course kids, will learn the basics of hand building and wheel throwing while working on suggested projects as well as projects of their own choosing. All work will be kiln fired and must be picked up the following week. Please bring a snack. Price includes materials fee.

Location: Warren Building Min: 6/Max: 8

1 week

S#	Day	Times	Date	Price
01	Tue-Fri	9 am - 12 pm	Feb 21 - 24	\$195

Terriers February Vacation

120605

Instructor: Terriers Staff

Our February vacation program will begin with an open gym, with supervised but self-structured fun and activity. Kids will shoot hoops, play knockout, pick up basketball, wall ball, practice skills, or just relax and have fun with friends. Sessions will include basketball skill development sessions with instruction provided by members of the Wellesley High School Basketball team. Basketball games will also be played each day - "Terriers style" with action, energy and a focus on fun and sportsmanship. Sessions will also offer our popular Dodgeball games. Kids love the fast paced action, throwing, catching and, of course - dodging balls in this great game. Weather permitting; our sledding hill will also be available for outdoor fun! Teams and games will be divided and structured by grade as appropriate in each session. Participants bring their own lunch.

Location: Warren Building Min: 20/Max: 40

1 week

S#	Age	Day	Times	Date	Price
01	7 - 12	Tue	10:30 am - 2:30 pm	Feb 21	\$45
02	7 - 12	Wed	10:30 am - 2:30 pm	Feb 22	\$45
03	7 - 12	Thu	10:30 am - 2:30 pm	Feb 23	\$45
04	7 - 12	Tue-Thu	10:30 am - 2:30 pm	Feb 21 - 23	\$120

Painting & Drawing February Vacation

121491

(Ages 6.5 - 13)

Instructor: D'Ann Hansen

Step-by-step visual demonstration on how to draw and paint two artworks by modern or contemporary masters. Subject may include an animal, a still life or a figure. Students will learn about composition, color theory, shading and handling the paint brush to create different textural effects. Painted with professional quality acrylics on the finest papers, these 16" x 22" paintings will fit into standard size frames. You'll want to make room on your walls for these! All supplies included. More information on D'Ann can be found at her website at www.dannhansen.com

Location: Warren Building Min: 6/Max: 8

1 week

S#	Day	Times	Date	Price
01	Tue-Thu	1 - 4 pm	Feb 21 - 23	\$195



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**If Wellesley Public Schools are
cancelled due to inclement weather,
then Wellesley Recreation programs
will be cancelled.**



Online Program Registration

Residents: November 29

Non Residents: December 13

HIRE-A-TEEN!

Activity#: 531500 • This is purely a referral service.

Hire-A-Teen is a referral service that connects teens with residents in Wellesley to complete a pre-determined job or service. ***It is up to the resident and teen to discuss/coordinate payment and scheduling.*** You may sign up as a RESIDENT looking to hire a teen or enroll as a TEEN looking to work.

Shovel My Snow

The Shovel My Snow program is intended for residents to **Hire-A-Teen** to shovel their driveway/walkway after a snowstorm. A roster of teens willing to work will be emailed to the list of residents seeking help around the time of a predicted snowstorm. The residents are in charge of contacting the teens to coordinate shoveling.

S#	Grade	Day	Times	Date	Price
01	9 - 12	Mon-Sun	12 am - 12 pm	Nov 1 - Apr 1	\$0 - TEEN (interested in working)
02	All	Mon-Sun	12 am - 12 pm	Nov 1 - Apr 1	\$0 - RESIDENT (interested in hiring)



Babysitting

The Babysitting program is intended for residents to **Hire-A-Teen** to babysit their children on a per diem basis. A roster of teens willing to work will be emailed to the list of residents periodically throughout the year. The residents are in charge of contacting the teens to coordinate babysitting services.

S#	Grade	Day	Times	Date	Price
03	9 - 12	Mon-Sun	12 am - 12 pm	Nov 1 - Apr 1	\$0 - TEEN (interested in working)
04	All	Mon-Sun	12 am - 12 pm	Nov 1 - Apr 1	\$0 - RESIDENT (interested in hiring)

WE'RE ON THE LOOKOUT...

**...for folks to sponsor our special events & programs!
SUMMER CONCERTS • MOVIE NIGHTS • SPECIAL PROGRAMS
and much more!**

If you are an individual or business who is interested in sponsoring a Wellesley Recreation program or event or just making a donation, please contact Matt Chin at mchin@wellesleyma.gov

SUNDAY GYM RENTALS For Sports Groups!

**SEPTEMBER - JUNE
PLEASE CALL THE RECREATION OFFICE FOR
MORE INFORMATION 781-235-2370
MONDAY - FRIDAY 8:30 - 4:30**