

Wellesley Board of Health
Meeting Minutes
March 17, 2011

Present:

Shepard Cohen, Chairman
Marcia Testa Simonson, PhD Vice Chair
Lloyd Tarlin, MD Secretary

Staff:

Deadra Doku Gardner, Administrator
Lenny Izzo, Environmental Health Specialist
Cheryl Lefman, Health Communications Specialist
Elizabeth Stark- Public Health Nurse Supervisor
Mary Suresh, Director

In Attendance:

Susan Gotschewski, resident
Carol Hannenberg, resident
Scott Keays
Linda Perlmutter, resident and former Board member

The meeting was called to order at 9:35 a.m.

The meeting minutes for February 15, 2011 were approved.

1. Mental Health

a) QPR

Mary Suresh and Cheryl Lefman reported on the QPR trainings that are being scheduled for the Spring. Ms Suresh and Ms. Lefman reported on the QPR training that took place at the library. Eight library employees were successfully trained.

A second community training is being scheduled for the first week of May. The Board of Health would like this training to be offered to faith based organizations. Cheryl Lefman will research the groups and contact the houses of worship. Shep Cohen will contact Rabbi Rachel Sapphire of Temple Beth Elohim. Jon Mattleman has been budgeted and scheduled to conduct the trainings.

The Board of Health has requested that Mary Suresh meet with Recreation and discuss offering QPR as a Recreation program.

b) Mental Health Coordinator (HRS)

Mary Suresh reported on her meeting with Rob Evans of HRS. She reviewed the prospective job description bullet points for the mental health coordinator position. This will be a part-time position focusing on mental health activities in the community. The position will be responsible for managing QPR training, coordinating various mental health meetings, maintaining the website, seeking new grants, and importantly, reaching out to the Housing Authority residents.

The Board of Health agreed that additional work needs to be completed on this job description.

c) Housing Authority

Shepard Cohen reported that he will be contacting the Housing Authority Chairman, John Schuler. Mr. Cohen will be planning a meeting of the Board of Health and the Housing Authority in April. Following this meeting the Board of Health will determine the use of the \$12k to the Housing Authority.

2. Administrative

a) Social Media and Website Listserv

Cheryl Lefman reported on the recent CHNA meeting focused on Public Health and Social Media. The meeting was very informative and the presentation very good. The Board of Health would like to plan an online newsletter to include the Council on Aging and the Youth Commission. The newsletter could provide a weekly email to residents notifying them of upcoming events and items of interest relative to all Town health and human services.

b) Wellesley College- Internships

Mary Suresh reported that Wellesley College is offering students a course in Public Health. Mary reported that Professor Charlene Galarneau, who teaches this course, would like to add a field/internship segment as a requirement. Ms. Suresh reported that she will be attending a planning meeting on March 31, 2011.

c) Boston University

Mary Suresh reported on the program at Boston University titled *Partners in Health and Housing*. Professor Deborah Bowen has invited the Board of Health

to visit and learn more about the program. This meeting is scheduled for April 5, 2011.

d) Nail Salons

Lenny Izzo reported on the meeting regarding state-wide regulations that was hosted by the Town of Wellesley. Thirty people attended this meeting to include representatives from health departments in Boston, Cambridge, Brookline and Springfield. A second meeting is scheduled for April 2011.

3. Community Health

a) Keep Well Clinics

Elizabeth Stark reported that she has been familiarizing herself with her job responsibilities and the various facets. She has been working with the Council on Aging and connecting with various members of the community.

b) Walking Program

Elizabeth Stark gave an update on the Walking Program scheduled to begin in May.

c) Wellness Programming update

Cheryl Lefman reported on Healthy Wellesley programs for Spring 2011: Healthy Cooking, Yoga, and Maintaining a Health Brain are all being offered.

The Board of Health agreed that Leslie Worris' programs or classes on Healthy Living be developed and offered to the residents of Barton Road in the Fall 2011.

d) Hazardous Waste Day

Mary Suresh reported that the Health Department will be participating in the collection of sharps at the Recycling and Disposal Facility on May 1, 2011. Ms Suresh has hired the same company used last year, Medical Waste Disposal Services.

e) Drug Take Back Day

Mary Suresh reported that the Health Department will be participating in the collection of sharps at the Police Department Drug Take Back Day on April 30, 2011. Ms Suresh has hired the same company used last year, Medical Waste Disposal Services.

f) Tobacco

The Board of Health requested that regulations be created banning tobacco from the local pharmacies. Lenny Izzo will draft the regulations and present them at the next meeting.

The Board discussed the option of a congratulatory advertisement in the paper highlighting those pharmacies in Wellesley who do not sell tobacco products.

g) Wellesley Public Schools

Mary Suresh reported that we are continuing to monitor school absenteeism reports. There has been low influenza activity.

h) Flu Vaccine 2011-2012

Mary Suresh reported that the amount of vaccine provided by the Department of Public Health will be reduced during the 2011 to 2012 season. The Board of Health voted to approve funds (\$7,000) to purchase the vaccine from the Healthy Wellesley Gift Funds.

4. Environmental Health

a) Food Establishments

Holly Detroy and Lenny Izzo reported that JP Licks is opening in Wellesley today. Old School Pizza is expected to open within the week and that Rosie's Bakery has closed. There has been no activity at the proposed restaurant on Rte 9, Justine's. Dunkin Donuts in Lower Falls is being renovated and Bobby's Grille is closed and has no prospective buyer at this time.

Holly Detroy reported that Whole Foods is planning a teaching kitchen at the new location.

b) Camps

Lenny Izzo reported that Camp Orientation is scheduled for March 23, 2011.

c) Mutual Aid Agreement – Needham

Lenny Izzo reported that the Needham Environmental Health Agent will be out on maternity leave in the coming months. Wellesley will assist the Needham Health Department as needed.

d) Oil Spill – Wellesley High School

Lenny Izzo reported on the oil spill at the Wellesley High School on March 6, 2011. Mr. Izzo presented a map of the area around the high school for review.

Approximately 600 gallons of fuel oil (#2) leaked from a pipe in the boiler room that discharged into voids below the foundation. Fire, Police, Health and the Department of Environmental Protection (DEP) responded.

Mr. Izzo reported that soil, water and air testing is being conducted. As of last week there is no more apparent oil sheen near the Wellesley College Club. The oil did not make it to the Charles River. The Town of Wellesley insurance company has taken over the clean up. There has been a very aggressive approach.

The Wellesley Public Schools have received some student and parental complaints in regard to symptoms from the strong odor in certain parts of the building. Attendance logs for the High School will continue to be monitored.

e) East Middlesex Mosquito Control Project (EMMCP)

Lenny Izzo reported on legislative changes that will impact the EMMCP. Mr Izzo reported on his meeting with Senator James Eldridge. Additional information will be provided at the next meeting.

The Board of Health voted to go into Executive Session.

The next meeting of the Board of Health will be announced.

The meeting was adjourned at 11:15 a.m.

Respectfully submitted,

Deadra Doku Gardner