



Town of Wellesley Employee Assistance Program

The Human Relations Service
11 Chapel Place
Wellesley, MA 02481
(781) 235-4950

What is an Employee Assistance?

A program to help staff with the stresses of life and work – including personal and family issues, drug or alcohol problems, and job-related tensions. It offers prevention and intervention to reduce these stresses and improve coping skills.

The Town Employee Assistance Program

The EAP provides counseling, consultation, and education to employees. The town has contracted with The Human Relations Services, Inc. to provide these services.

The Human Relations Services

HRS is a private, non-profit agency in Wellesley Hills. It has served local residents since 1948 and Town employees since 1987.

Counseling

Each employee is entitled to up to ten free, confidential counseling visits. Family members may also be seen within the ten visits. Employees may use their own resources and health insurance for further counseling.

Consultation

HRS offers consultation about management, leadership, and personal issues to supervisors, individually and in groups. Consultation is also offered to staff members about personnel and other issues.

Education

Presentations on topics related to personal health, family living and work are offered during the work day and are open to all staff. They provide information on a range of issues and help with common stresses.

Staffing

The Town of Wellesley Employee Assistance Program is staffed by a team of specialists from HRS and is directed by Allan Wyatt, Psy. D.

Scheduling

Appointments are scheduled promptly – no waiting list – and are available before, during and after work. Crisis coverage is available for emergency. To find out more or to arrange an appointment, call Dr. Wyatt at (781) 235-4950.

Location

Appointments may be scheduled on-site or at HRS, conveniently and privately located on Chapel Place, Route 16 at Route 9, behind the Hills Congregational Church.