

Senior Lunch Program Volunteers

Wellesley Council on Aging

Seniors in the Wellesley community come together on Tuesdays and Fridays of every week to enjoy a well-balanced meal. During lunch, participants and volunteers engage in lively conversations on a variety of topics.

For just a few hours per month, you can make a difference in the lives of our lunch participants. Not only will you have the satisfaction of helping, you will learn and be entertained by our luncheon guests on a variety of subjects including sports, movies and history; most importantly, your commitment will be greatly appreciated by those you serve!



This program is co-sponsored by the Springwell Nutrition Program (www.springwell.com) and the Wellesley Council on Aging. All volunteers receive food safety and sanitation training with a registered dietician and hands-on training by a certified volunteer. The Wellesley Council on Aging is seeking volunteers who can commit to a “shift” of 2 hours per week and/or volunteers who would be able to serve as alternates on an as needed basis (a 12 month commitment is always appreciated but not required).

To learn more about how you can make a difference in the lives of Wellesley seniors please contact the Wellesley Council on Aging.

Wellesley Council on Aging

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