



# WELLESEY COUNCIL ON AGING SENIOR LUNCH PROGRAM

## August 2018

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are thrilled to partner with Express Gourmet of Wellesley (Tuesdays, Thursday, Fridays) and Wellesley Bakery (Mondays and Wednesdays) for our popular senior lunch program. Guests are charged \$4.00 per meal and must sign-up no later than 9:30 a.m. the day prior. Note: Guests under 60 are charged the full price of \$9.00. Lunch is served at 12:00pm. If you're no longer able to attend or will be running late, please alert our office. If we do not hear from you or you do not check in by 12:15pm on the day of lunch, your meal will be given to someone on the waitlist. Please inform COA Staff of any allergies at the time of registration. Please call the Wellesley COA with any questions at 781-235-3961.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b><u>August 1</u></b> Half Turkey Rollup Chicken Vegetable Soup Chocolate Chip Cookie	<b><u>August 2</u></b> Italian Panini Rosemary Potato Chips Chocolate Ice Cream	<b><u>August 3</u></b> Steak Tips over Rice Vegetables Peanut Butter Cookie
<b><u>August 6</u></b> Half Ham Sandwich Vegetarian Split Pea Soup Butterscotch Oatmeal Cookie	<b><u>August 7</u></b> Chicken Cordon Bleu Over Linguini Chocolate Pudding	<b><u>August 8</u></b> Half Tuna Sandwich Chicken Barley Soup Mini Blueberry Muffin	<b><u>August 9</u></b> Greek Salad Pita Bread Oreo Ice Cream	<b><u>August 10</u></b> Salmon over Rice and Vegetables Black Raspberry Ice Cream
<b><u>August 13</u></b> Half Chicken Tarragon Sandwich Chilled Gazpacho Chocolate Chip Oatmeal Cookie	<b><u>August 14</u></b> American Chop Suey Chocolate Cupcake	<b><u>August 15</u></b> Half Roasted Chicken Sandwich Chicken Noodle Soup Butterscotch Oatmeal Cookie	<b><u>August 16</u></b> Smoked Turkey Delight Sandwich Potato Chips Cookie	<b><u>August 17</u></b> Luau Celebration. See page 5 of the Newsletter for more information.
<b><u>August 20</u></b> Half Turkey Rollup Vegetarian Split Pea Soup Chocolate Chip Oatmeal Cookie	<b><u>August 21</u></b> Chicken Caesar Salad Pita Bread Cookie	<b><u>August 22</u></b> Half Tuna Sandwich Gazpacho Soup Butterscotch Oatmeal Cookie	<b><u>August 23</u></b> Cranberry Chicken Wrap Potato Chips Chocolate Muffin	<b><u>August 24</u></b> Turkey Club Panini Maui Onion Chips Coffee Ice Cream
<b><u>August 27</u></b> Half Chicken Tarragon Sandwich Chicken Vegetable Soup Mini Blueberry Muffin	<b><u>August 28</u></b> Smoked Brisket Plate Coleslaw Corn Muffin	<b><u>August 29</u></b> Half Smoked Turkey Sandwich Carrot Ginger Soup Chocolate Chip Oatmeal Cookie	<b><u>August 30</u></b> Roasted chicken potatoes oatmeal cookie	<b><u>August 31</u></b> Salmon over field green salad Chocolate ice cream

Special Thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program. For more information about FWCOA, visit their website: [www.wellesleyfriendscoa.com](http://www.wellesleyfriendscoa.com)





## **Free Friday Movies at the Wellesley Council on Aging**

**August 2018**

**Movies start at 1:15 p.m.**

**August 3rd:** *The Florida Project* (1hr. 55mins; movie ends 3:10pm)

Warm, winning, and gloriously alive, Sean Baker's *The Florida Project* is a deeply moving and unforgettably poignant look at childhood. Set on a stretch of highway just outside the imagined utopia of Disney World, *The Florida Project* follows six-year-old Moonee (Brooklyn Prince in a stunning breakout turn) and her rebellious mother Halley (Bria Vinai, another major discovery) over the course of a single summer. The two live week to week at "The Magic Castle," a budget hotel managed by Bobby (a career-best Willem Dafoe), whose stern exterior hides a deep reservoir of kindness and compassion. Despite her harsh surroundings, the precocious and ebullient Moonee has no trouble making each day a celebration of life, her endless afternoons overflowing with mischief and grand adventure as she and her ragtag playmates—including Jancey, a new arrival to the area who quickly becomes Moon's best friend—fearlessly explore the utterly unique world into which they've been thrown. Unbeknownst to Moonee, however, her delicate fantasy is supported by the toil and sacrifice of Halley, who is forced to explore increasingly dangerous possibilities in order to provide for her daughter.

**August 10th:** *All the Money in the World* (2hrs. 15ins; movie ends 3:30pm)

*All the Money in the World* follows the kidnapping of 16-year-old John Paul Getty III (Charlie Plummer) and the desperate attempt by his devoted mother Gail (Michelle Williams) to convince his billionaire grandfather (Christopher Plummer) to pay the ransom. When Getty Sr. refuses, Gail attempts to sway him as her son's captors become increasingly volatile and brutal. With her son's life in the balance, Gail and Getty's advisor (Mark Wahlberg) become unlikely allies in the race against time that ultimately reveals the true and lasting value of love over money.

**August 17th:** **No Movie.** The 5<sup>th</sup> Annual Luau sponsored by Mary Ann Morse Healthcare Center is today. Please refer to page 5 of the newsletter for more information.

**August 24th:** *Loving Vincent* (1hr. 35mins; movie ends 2:50pm)

In a story depicted in oil painted animation, a young man comes to the last hometown of painter Vincent van Gogh to deliver the troubled artist's final letter and ends up investigating the artist's final days.

**August 31st:** *The Greatest Showman* (1hr. 46mins; movie ends 3:01pm)

Inspired by the imagination of P. T. Barnum, *The Greatest Showman* is an original musical that celebrates the birth of show business & tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.